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BabyBjörn 098023US

BabyBjörn Baby Carrier One Instruction Manual

Model: 098023US

1. INTRODUCTION

This manual provides comprehensive instructions for the safe and proper use, care, and maintenance of your BabyBjörn Baby Carrier One. Designed for children from birth (minimum 8 lbs/3.5 kg) up to approximately 3 years (maximum 33 lbs/15 kg), this ergonomic carrier offers comfort and closeness for both parent and child.

The Baby Carrier One features a versatile design with four carrying positions, a sturdy waist belt, and padded shoulder straps to distribute weight effectively. It is made from a soft, breathable cotton mix fabric, ensuring comfort for your child.



Figure 1: BabyBjörn Baby Carrier One (Model 098023US)

2. SAFETY GUIDELINES

Always prioritize your child's safety. Read and understand all instructions before using the carrier. Failure to follow these guidelines can result in serious injury.

- **Weight and Age Limits:** Use only for children weighing between 8 lbs (3.5 kg) and 33 lbs (15 kg), and from birth up to approximately 3 years.
- **Newborn Use:** For newborns (8-10 lbs / 3.5-4.5 kg), always use the special leg straps and ensure the child's head is properly supported.
- **Airway Clearance:** Always ensure your child's face is visible and their airway is clear. Regularly check for proper breathing.
- **Secure Fasteners:** Before each use, ensure all buckles, straps, and adjustments are securely fastened.
- **Balance and Movement:** Be aware that your balance may be affected by your child's movements. Exercise caution when bending, leaning, or walking.

- **Falling Hazard:** Never use the carrier during activities where a fall could be dangerous, such as cooking, climbing, or operating machinery.
- **Temperature:** Dress your child appropriately for the weather. The carrier adds a layer of warmth.
- **Hip Health:** The Baby Carrier One is certified by the International Hip Dysplasia Institute (IHDI) as "hip-healthy" when used as directed, supporting proper hip development.

3. COMPONENTS OF THE CARRIER

Familiarize yourself with the main parts of your Baby Carrier One:

- **Waist Belt:** Provides support and distributes weight to your hips.
- **Shoulder Straps:** Padded for comfort, adjustable for fit.
- **Main Buckles:** Secure the shoulder straps to the carrier body.
- **Head Support:** Adjustable support for the child's head and neck.
- **Seat Area:** Adjustable width to ensure proper hip position for the child.
- **Leg Straps:** Used for newborns to reduce the leg opening size.
- **Height Adjustment Zippers:** Used to adjust the carrier's height for different child sizes.

4. SETUP: ADJUSTING THE CARRIER

Before placing your child in the carrier, adjust it to fit your body comfortably.

1. **Adjust Waist Belt:** Fasten the waist belt around your waist or hips. Tighten it securely so it feels firm and supportive.
2. **Adjust Shoulder Straps:** Loosen the shoulder straps before putting on the carrier. Once the child is in, tighten them evenly for a snug fit without being too restrictive.
3. **Adjust Height:** The carrier has two height settings. For newborns and smaller babies, use the lower setting. For older babies, use the higher setting. This is typically adjusted using zippers on the side of the carrier.
4. **Newborn Leg Straps:** If your child weighs between 8-10 lbs (3.5-4.5 kg), attach the special leg straps to reduce the leg opening and ensure a secure fit.

5. OPERATING: CARRYING POSITIONS

The Baby Carrier One offers four ergonomic carrying positions. Always ensure your child is securely positioned and comfortable in each position.

5.1 Newborn Position (Facing In)

Suitable from birth (min. 8 lbs/3.5 kg) up to approximately 4.5 months. This position provides optimal closeness and head support for your newborn.

- Ensure the carrier is set to the lower height position.
- Use the special leg straps for babies weighing 8-10 lbs (3.5-4.5 kg).
- Place your baby high on your chest, ensuring their head is close enough to kiss.
- The head support should reach at least to your baby's earlobes.



Figure 2: Newborn Position (Facing In)

5.2 Baby Facing-In Position

Suitable from approximately 4.5 months (when the baby can hold their head up unassisted) up to 3 years. This position promotes bonding and allows the baby to feel secure.

- Adjust the carrier to the higher height position.
- Ensure the baby's legs are in a wide "M" shape, with knees higher than their bottom, supporting healthy hip development.
- The head support can be folded down if the baby prefers, or kept up for sleeping.



Figure 3: Baby Facing-In Position

5.3 Baby Facing-Out Position

Suitable from approximately 5 months (when the baby has good head and neck control) up to 3 years. This position allows the baby to explore their surroundings.

- Only use this position when your child can hold their head up unassisted and is curious about the world.
- Ensure the head support is folded down.

- Monitor your child for overstimulation and switch to facing-in if they become fussy or tired.

5.4 Back Carrying Position

Suitable from approximately 12 months (when the child can sit unassisted) up to 3 years. This position is ideal for longer periods of carrying and for older, heavier children.

- Practice this position carefully, ideally with assistance, until you are comfortable.
- Ensure the child is securely seated and all buckles are fastened before moving them to your back.
- Always check that your child is comfortable and their airway is clear.



Figure 4: Back Carrying Position

6. MAINTENANCE AND CARE

Proper care extends the life of your BabyBjörn Baby Carrier One and ensures hygiene for your child.

- **Washing:** The carrier is machine washable on warm (40°C/104°F).
- **Separation:** Wash separately to prevent color transfer or damage.
- **Detergent:** Use a mild, eco-certified detergent. Strictly follow dosing instructions.
- **Fabric Softener:** Avoid using fabric softener as it can affect the fabric's properties.
- **Drying:** Do not tumble dry. Air dry the carrier.
- **Inspection:** Regularly inspect the carrier for any signs of wear, tear, or damage to buckles and straps. Discontinue use if damaged.

7. TROUBLESHOOTING

If you encounter issues with your Baby Carrier One, consider the following common solutions:

- **Discomfort for Wearer:** Ensure the waist belt is tight and positioned correctly on your hips. Adjust shoulder straps evenly to distribute weight.
- **Child Slouching/Poor Support:** Verify that the carrier is set to the correct height for your child's size. Ensure the head support is adequately positioned. For newborns, confirm leg straps are used if necessary.
- **Difficulty Fastening Buckles:** Check that straps are not twisted. Ensure buckles are aligned correctly before attempting to fasten.
- **Carrier Feels Loose:** Re-tighten all adjustable straps (waist belt, shoulder straps, and side adjustments) until the carrier feels snug and secure against your body and your child.

If problems persist, refer to the official BabyBjörn website or contact customer support for further assistance.

8. SPECIFICATIONS

Model Number	098023US
Minimum Child Weight	8 lbs (3.5 kg)
Maximum Child Weight	33 lbs (15 kg)
Maximum Child Height	39 inches (100 cm)
Material Composition	60% Cotton / 40% Polyester
Product Dimensions	11.42 x 22.83 x 0.39 inches (29 x 58 x 1 cm)
Item Weight	2.7 lbs (1.2 kg)
Color	Black
Strap Type	Shoulder Strap
Care Instructions	Machine wash warm (40°C/104°F), wash separately, use mild detergent, do not tumble dry.

9. WARRANTY INFORMATION

BabyBjörn products are manufactured to high quality standards. For detailed warranty information, including terms, conditions, and duration, please refer to the official BabyBjörn website or the warranty card included with your purchase. Keep your proof of purchase for any warranty claims.

10. CUSTOMER SUPPORT

If you have any questions, require assistance, or need to report an issue with your BabyBjörn Baby Carrier One, please contact BabyBjörn customer service. You can find contact details, FAQs, and additional resources on the official BabyBjörn website: www.babybjorn.com.