

RESTECK BD1041

RESTECK BD1041 Shiatsu Neck and Back Massager with Heat Instruction Manual

Model: BD1041

INTRODUCTION

Thank you for choosing the RESTECK BD1041 Shiatsu Neck and Back Massager with Heat. This manual provides essential information for the safe and effective use of your massager. Designed to alleviate acute pains and muscle soreness, this deep tissue 3D kneading pillow offers electric shiatsu massage for your neck, shoulders, back, feet, legs, and body. Enjoy a revitalizing massage experience in the comfort of your home, office, or car.

SAFETY INFORMATION

Please read all safety instructions carefully before use.

- Always unplug the massager when not in use.
- Do not use the massager while sleeping or taking a bath.
- Keep the massager away from water.
- Do not use the massager if you have any medical conditions or injuries without consulting a doctor.
- Always follow the instructions provided with the massager.
- Keep the massager out of reach of children and pets.

SETUP

Your RESTECK massager comes ready for use with minimal setup.

1. **Unpack:** Carefully remove the massager and all accessories from its packaging.
2. **Connect Power:** Insert the power adapter into the massager's input port. Give it a slight twist to ensure it locks in securely, preventing it from staying loose or falling out. Plug the adapter into a standard electrical outlet. For car use, connect the car adapter to the massager and then to your vehicle's 12V power socket.
3. **Positioning:** Place the massager on the desired body area (neck, shoulders, back, legs, etc.). The flexible design allows for versatile application.



Image: Close-up of the massager's control panel, showing the power, direction, speed, and heat buttons.

OPERATING INSTRUCTIONS

The RESTECK massager features an intuitive control panel for easy operation.

1. **Power On/Off:** Press the **Power button** (usually marked with a circle and vertical line) to turn the massager on. The massage nodes will begin rotating, and the heat function will activate automatically. Press again to turn off.
2. **Heat Control:** The massager includes a low heat function. The red lights indicate when heat is active. Press the **Heat button** (often marked with wavy lines) to toggle the heat function on or off.
3. **Direction Control:** The kneading nodes can rotate clockwise or counter-clockwise. Press the **Direction button** (usually a circular arrow) to reverse the rotation direction of the massage nodes.
4. **Speed Settings:** The massager offers multiple speed settings to customize the intensity. Press the **Speed button** (often marked with vertical bars) to cycle through the available speed levels (e.g., low, medium, high).
5. **Applying Pressure:** Use the integrated arm loops to adjust the pressure of the massage. By pulling down on the loops, you can increase the intensity of the kneading action on your muscles.
6. **Versatile Use:** The massager can be used on various body parts including the neck, shoulders, upper back, lower back, waist, glutes, calves, and feet. Adjust its position and use the arm loops to target specific areas.
7. **Automatic Shut-off:** For safety and to prevent overuse, the massager is equipped with an automatic shut-

off feature, typically after 15 minutes of continuous use.

Video: A man demonstrates the RESTECK massager, highlighting the adjustable straps, heat function, and shiatsu kneading. He shows how to control heat, direction, and speed, and mentions the 70-inch power cord and 15-minute auto-shutoff.



Image: A man comfortably uses the RESTECK massager on his neck and shoulders while working at a desk, demonstrating its ergonomic design for upper body relief.



Image: A composite image illustrating the versatility of the RESTECK massager, showing its application on the feet, lower back/waist, and legs for comprehensive body relief.



**GREAT
FOR** ✓ ROAD TRIPS
✓ TRAVELING
✓ CAR USE

Image: A couple is shown in a car, with the woman enjoying a neck massage from the RESTECK massager, emphasizing its suitability for road trips and travel with the included car adapter.

MAINTENANCE

Proper maintenance ensures the longevity and performance of your massager.

- **Cleaning:** Unplug the massager before cleaning. Wipe the surface with a soft, damp cloth. Do not use abrasive cleaners or immerse the unit in water.
- **Storage:** Store the massager in a cool, dry place, away from direct sunlight and extreme temperatures. The included leather pouch is ideal for hassle-free carrying and storage.
- **Cord Care:** Avoid wrapping the power cord tightly around the unit. Do not place heavy objects on the cord.



Image: The RESTECK massager is shown neatly folded and placed inside its dedicated carrying bag, illustrating its portable and easy-to-store design.

TROUBLESHOOTING

If you encounter any issues with your massager, please refer to the following common solutions:

- **Massager not turning on:** Ensure the power adapter is securely connected to both the massager and a working electrical outlet. Check if the outlet is functional by plugging in another device.
- **Heat not working:** Verify that the heat function is activated via the heat button. Allow a few minutes for the heat to build up.
- **Weak massage:** Adjust your position and use the arm loops to apply more pressure to the desired area. Ensure the speed setting is appropriate for your needs.
- **Unusual noises:** If the massager makes unusual noises, discontinue use and contact customer support.

If the problem persists, please contact RESTECK customer support for assistance.

SPECIFICATIONS

Brand	RESTECK
Model Number	BD1041
Product Dimensions	20.9 x 13.8 x 6.5 inches
Item Weight	4.6 Pounds
Power Source	Corded Electric
Material	Leather
Use For	Whole Body

WARRANTY AND SUPPORT

RESTECK is committed to customer satisfaction. Your massager is backed by a lifetime warranty policy, ensuring peace of mind with your purchase. If you have any questions, concerns, or require assistance with your product, please do not hesitate to contact our dedicated customer support team. We are here to help you achieve the most beneficial, revitalizing, and soothing massage experience.

Video: A woman demonstrates the RESTECK massager, highlighting its ease of use and the various settings for heat,

direction, and speed. She emphasizes the product's effectiveness for relaxation and muscle tension relief.

Video: A man reviews the RESTECK massager, showcasing its heat function, multiple speed settings, and the ability to reverse massage direction. He demonstrates how to use the arm loops to apply pressure and mentions its effectiveness for neck and back relief.