

[Manuals.plus](#) /

› [Zyllion](#) /

› Zyllion Shiatsu Back and Neck Massager ZMA-13RB User Manual

Zyllion ZMA-13RB

Zyllion Shiatsu Back and Neck Massager with Heat

Model: ZMA-13RB

1. IMPORTANT SAFETY INSTRUCTIONS

Please read all instructions carefully before using your Zyllion massager. Keep this manual for future reference.

- Do not use the massager while driving.
- Avoid using the massager on swollen, inflamed, or injured areas.
- Consult a physician before use if you have a medical condition, are pregnant, or have a pacemaker.
- The massager features overheat protection and will automatically shut off after 20 minutes of continuous use. Allow it to cool down before resuming use.
- Always unplug the massager from the power source when not in use or before cleaning.
- Keep out of reach of children.

Legal Disclaimer:

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

2. PRODUCT OVERVIEW

The Zyllion Shiatsu Back and Neck Massager (Model ZMA-13RB) is designed to provide deep tissue kneading massage with optional heat, targeting various muscle groups for pain relief and relaxation.



Figure 2.1: Zyllion Shiatsu Back and Neck Massager (Model ZMA-13RB)

Key Features:

- **Advanced 3D Deep Tissue Massage:** Two soft silicone nodes on each side provide a soothing kneading sensation.
- **Soothing Heat Function:** Integrated heat helps to improve circulation and further relax muscles.
- **Cordless & Rechargeable:** USB-C rechargeable for portable use.
- **Versatile Application:** Suitable for neck, back, shoulders, legs, and feet.
- **Adjustable Straps:** Velcro straps allow for secure attachment to chairs or car headrests.
- **Durable Material:** Constructed with premium faux leather and reinforced double-netted mesh.

TOP-RATED BY THOUSANDS



A best-selling massage pillow known for reliability and results.



Premium faux leather grain for **comfort** and **appeal**.

Reinforced **double-netted** mesh for extra durability.



Figure 2.2: Detail of massager's durable faux leather and mesh fabric.

3. SETUP

Before first use, ensure the massager is fully charged.

1. **Charging:** Connect the provided USB-C cable to the massager and plug the wall adapter into an electrical outlet. A red indicator light will turn on while charging. The light will turn green when fully charged. Unplug the unit after it has finished charging.
2. **Power Connection:** For continuous use, plug the car OR wall adapter into an electrical outlet. The adapter plug and product cable should “snap” together when properly connected.

3. **Softening Intensity:** Use the pull-over sleeve (if included) to soften the heat and massage intensity according to your preference.

PORTABLE COMFORT FOR EVERY JOURNEY



**free sleeve included*

Enjoy soothing massages on road trips, flights and daily commutes.



4 lbs.

9.5" Height

13" Length

3.5" Width

Car Adapter Included

Figure 3.1: Massager with included car adapter for on-the-go use.

4. OPERATING INSTRUCTIONS

The ZMA-13RB features a simple, multi-functional power button for ease of use.



Figure 4.1: Easy-to-use multi-functional power button.

1. **POWER ON/OFF:** One quick press of the power button turns on the massager unit. When you first turn on your massager, the heat feature is automatically activated (red lights will illuminate) and the auto-rotation switching feature is activated, changing direction every 60 seconds.
2. **TURN HEAT ON/OFF:** When the unit is on, press the power button again to turn the heat settings off (red lights will turn off). Press it once more to turn the heat back on (red lights will illuminate). (Note: It may take a while for the heat to warm up upon initial start.)
3. **TO TURN OFF:** Press and hold the power button for 3-5 seconds, and the unit will completely shut off.

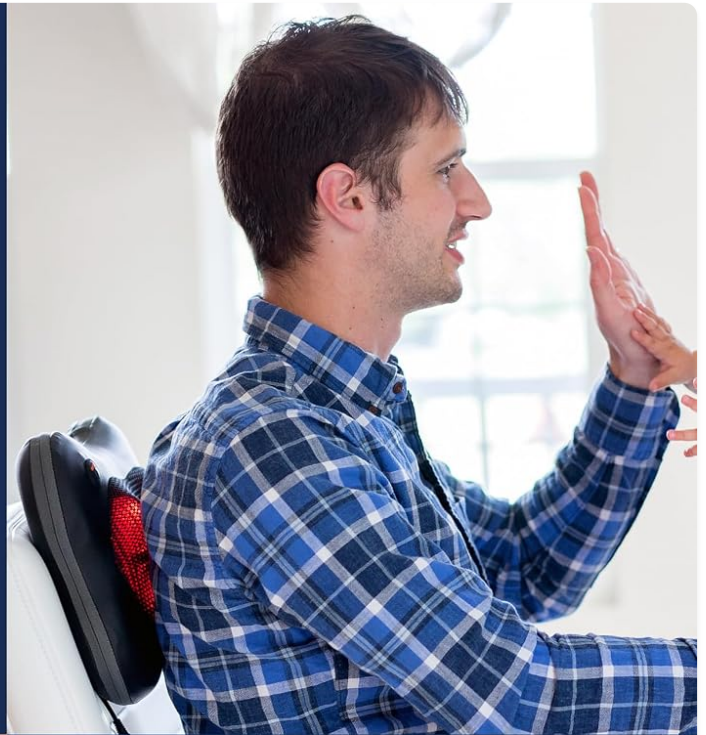
Automatic Shutoff:

For safety, the massager is equipped with overheat protection and will automatically shut off after 20 minutes of continuous operation. If this occurs, allow the unit to cool down for a period before attempting to restart it.

THERAPEUTIC SOOTHING HEAT



Improves circulation and soothes tired, aching muscles.



Overheat Protection



20-Minute Auto Shutoff



**Power Adapter
110V -240V**

Figure 4.2: Therapeutic heat and 20-minute auto shutoff feature.

5. APPLICATION AREAS

The Zyllion massager is designed for versatile use across various body parts to relieve muscle tension and soreness.

- **Neck and Shoulders:** Position the massager behind your neck or on your shoulders to target knots and stiffness.
- **Back:** Use the adjustable Velcro straps to secure the massager to a chair for lumbar or upper back massage.
- **Legs and Feet:** Place the massager under your calves, thighs, or feet to alleviate muscle pain and plantar fasciitis.
- **Arms:** Position the massager to target sore arm muscles.

CORDLESS POWER, ANYWHERE YOU GO



*USB-C rechargeable with over
2 hours of shiatsu massage!*



TSA-approved massager perfect
for long flights and layovers.

Figure 5.1: Massager in use for neck and shoulder relief.

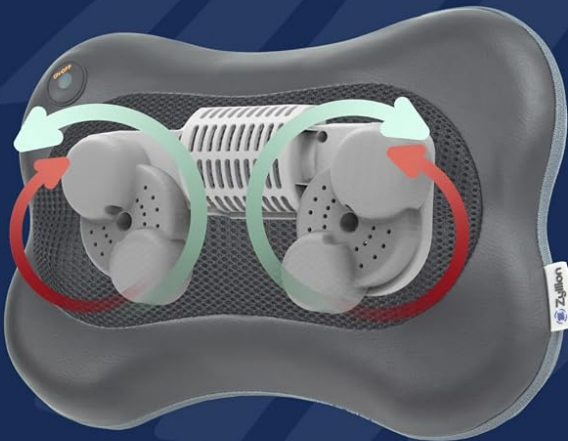


STAY PUT, STAY RELAXED



Adjustable Velcro straps provide stability while you unwind.

Automatically **changes rotation** every **60 seconds**.



Rotates **clockwise** and **counter-clockwise** for a **realistic** shiatsu massage experience.



Figure 5.2: Massager secured to an office chair for back support and massage.



Figure 5.3: Massager used for leg and foot comfort.

6. CHARGING AND BATTERY

The ZMA-13RB is equipped with a rechargeable Lithium Metal battery for cordless convenience.

- **Battery Type:** 1 Lithium Metal battery required (included).
- **Charging Time:** Approximately 1.5 hours for a full charge.
- **Charge Indicator:** A red indicator light in the middle of the massager will turn on when charging. When fully charged, the indicator will turn green.
- **Usage Time:** Provides over 2 hours of shiatsu massage on a full charge.

- **Important:** Always unplug the unit after it has finished charging to preserve battery life.

7. MAINTENANCE AND CARE

Proper care will ensure the longevity of your Zyllion massager.

- **Cleaning:** Disconnect the massager from the power source before cleaning. Wipe the surface with a soft, damp cloth. Do not use abrasive cleaners or harsh chemicals.
- **Storage:** Store the massager in a cool, dry place away from direct sunlight and excessive heat.
- **Avoid Punctures:** Do not puncture the mesh or faux leather material.
- **Handle with Care:** Avoid dropping or subjecting the massager to strong impacts.

8. TROUBLESHOOTING

If you encounter any issues with your Zyllion massager, refer to the following common solutions:

- **Massager not turning on:** Ensure the massager is fully charged or properly connected to the power adapter. Check if the power button is pressed and held for 3-5 seconds to turn it on.
- **Heat function not working:** Press the power button once while the massager is on to toggle the heat function. Allow a few minutes for the heat to warm up.
- **Massager stops spinning during use:** The massager has an overheat protection feature and will automatically shut off after 20 minutes. Allow it to cool down before restarting. Also, if excessive pressure is applied, the massage nodes may temporarily stop spinning to prevent damage. Reduce pressure to resume operation.
- **Unusual noises:** If you hear unusual noises, discontinue use and contact customer support.

9. SPECIFICATIONS

Brand	Zyllion
Model Number	ZMA-13RB-BK
Product Dimensions	13 x 9.5 x 2.4 inches
Item Weight	4 Pounds
Material	Faux Leather
Power Source	Battery Powered
Battery Type	1 Lithium Metal (included)
Manufacturer	Zyllion

Country of Origin	China
-------------------	-------

10. WARRANTY AND SUPPORT

Zyllion stands behind the quality of its products.

- **Warranty Coverage:** Includes an automatic 1-year warranty from the purchase date. If any issues arise within the first year, Zyllion will replace your massager, cover, or any accessories.
- **Customer Support:** For warranty claims or technical assistance, please refer to the contact information provided on your product packaging or visit the official Zyllion website.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Open the live page

<https://manuals.plus/asin/B07D6WQD8Y>

More documents and user manuals: <https://manuals.plus/>