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MEDVICE MV950

MEDVICE TENS Unit Muscle Stimulator User Manual

Model: MV950 | Brand: MEDVICE

INTRODUCTION

The MEDVICE TENS Unit Muscle Stimulator is a clinically-proven, natural, and effective device designed for easing pain and providing muscle stimulation without the need for medication. It is suitable for various body areas including the back, joints, neck, knees, shoulders, ankles, legs, wrists, and elbows. This FDA-cleared device offers relaxing massages and therapeutic relief.

WHAT'S INCLUDED

Your MEDVICE TENS Unit package includes the following components:



This image displays all components included in the package: the TENS Unit, various sizes of massage pads, pad wires, a USB cable with adapter for charging, and a convenient carry bag.

- 1 x MEDVICE TENS Unit
- 2 x Large Pads
- 4 x Medium Pads
- 2 x Small Pads
- 2 x Lead Wires (for connecting pads to the unit)
- 1 x Pads Holder
- 1 x USB Cable & Adapter (for charging)
- 1 x Pouch (carry bag)

- 1 x User Manual (this document)

SETUP

1. Charging the Unit

The MEDVICE TENS Unit features a rechargeable lithium battery, providing up to 10 hours of continuous use. To charge the unit:

1. Ensure the unit is turned ON before connecting it to the charger.
2. Connect the provided USB cable to the TENS unit and the adapter.
3. Plug the adapter into a standard wall outlet.
4. The unit will be fully recharged in approximately 1 hour. The power indicator on the display will show the remaining battery life.

Carry Bag

Easy & Safe Storage



This image illustrates the process of charging the TENS unit using the provided USB cable and adapter.

2. Attaching Pads and Wires

The upgraded pads feature industry-leading Japanese adhesive for better self-stick performance and longer lifespan. Standard snap connectors are used for easy attachment.

1. Select the appropriate size of pads for the area you wish to treat.
2. Connect the lead wires to the snap connectors on the pads.
3. Ensure the skin where the pads will be applied is clean and dry for optimal adhesion and conductivity.
4. Carefully peel the protective film from the adhesive side of the pads.
5. Apply the pads firmly to the desired area of the body.
6. Plug the other end of the lead wires into the output ports on the TENS unit. The unit supports dual channels, allowing you to use two sets of pads simultaneously on different areas.

Improved Japanese Adhesive

Industry-Leading Pads



This image highlights the design of the improved Japanese adhesive pads, showing the snap connector, self-stick surface, and medical-grade electrodes.

Dual Channels

Use in Two Areas at Once



This image demonstrates the dual channel capability, showing the unit connected to two separate sets of pads for simultaneous use on different body areas.

OPERATING INSTRUCTIONS

1. Powering On/Off

- To turn the unit ON, press and hold the Power button (usually marked 'M' or 'On/Off').
- To turn the unit OFF, press and hold the Power button again.

2. Selecting Modes and Adjusting Intensity

The MEDVICE TENS Unit offers 16 pre-programmed massage modes and 20 strength levels to customize your therapy.



This image shows the unit's display, highlighting the 16 massage modes, 20 intensity levels, and the battery life indicator.

- Use the 'M' button to cycle through the 16 different massage modes (e.g., Shiatsu/Deep Tissue, Kneading/Knocking, Cupping, Acupuncture, Tapping). The selected mode will be displayed on the screen.
- Use the '+' and '-' buttons to increase or decrease the intensity level (from 1 to 20). Start with a low intensity and gradually increase until you feel a comfortable, yet effective, sensation.
- The unit also allows adjustment of the treatment time. Refer to the on-screen display for current time settings.

3. Application Areas

The TENS unit is designed for pain relief across various body parts. Apply pads to areas experiencing discomfort.

Drug-Free Pain Relief

Reduce Any Body Pain



This image shows the application of TENS pads on the upper back, demonstrating its use for drug-free pain relief.



Remedy for the Whole Body

Non-Invasive Treatment



This collage illustrates various body areas where the TENS unit can be applied for non-invasive treatment, including the lower back, knees, shoulders, and hands.

IMPORTANT SAFETY INFORMATION

Please read and understand all safety warnings before using the MEDVICE TENS Unit.

- Do not use this device if you have a pacemaker, implanted defibrillator, or other implanted metallic or electronic device.
- Do not use if you are pregnant.
- Do not use on broken skin or open wounds.
- Consult your physician before using this device if you have any medical conditions, including but not limited to epilepsy, heart disease, or recent surgery.
- Keep out of reach of children.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

MAINTENANCE

- **Cleaning Pads:** After each use, place the pads back on the pads holder to maintain their adhesive quality. If pads lose stickiness, gently clean the adhesive surface with a damp cloth and air dry. Replace pads when they no longer adhere effectively.
- **Cleaning the Unit:** Wipe the TENS unit with a soft, dry cloth. Do not use abrasive cleaners or immerse the unit in water.

- **Storage:** Store the TENS unit and its accessories in the provided carry bag in a cool, dry place, away from direct sunlight and extreme temperatures.

TROUBLESHOOTING

If you encounter any issues with your MEDVICE TENS Unit, please refer to the following common solutions:

- **Unit does not turn on:** Ensure the unit is fully charged. Connect it to the charger and allow at least 1 hour for a full charge.
- **No sensation or weak sensation:**
 - Check that the pads are firmly attached to your skin.
 - Ensure the lead wires are securely connected to both the pads and the unit.
 - Increase the intensity level using the '+' button.
 - Replace old or worn-out pads, as their conductivity may decrease over time.
- **Pads not sticking:** Clean the skin thoroughly before application. If pads are old, replace them with new ones.
- **Irregular sensation:** Check all connections. Ensure pads are not overlapping or touching each other.

If the problem persists after trying these steps, please contact customer service for further assistance.

SPECIFICATIONS

Model Number:	MV950
Product Dimensions:	6 x 3 x 3.5 inches; 4.8 ounces
Battery:	1 Lithium Ion battery (included)
Modes:	16 Pre-programmed modes
Intensity Levels:	20 Strength levels
Channels:	Dual Channels
FDA Cleared:	Yes

WARRANTY AND SUPPORT

The MEDVICE TENS Unit comes with a **12-month warranty**. For any questions, concerns, or assistance, please contact our friendly customer service team. We are committed to ensuring your satisfaction with our products.

Contact information for customer service can typically be found on the product packaging or the official MEDVICE website.