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> Amazon Basics Metal Twin Size Bed Frame (Model AMZ-7ADSTBF-T) Instruction Manual

## Amazon Basics AMZ-7ADSTBF-T

# Amazon Basics Metal Twin Size Bed Frame Instruction Manual

Model: AMZ-7ADSTBF-T

## INTRODUCTION

This manual provides essential information for the safe and proper assembly, operation, and maintenance of your Amazon Basics Metal Twin Size Bed Frame. This durable steel bed frame is designed to provide robust support for your box spring and mattress, featuring a tool-free assembly system for convenience.

## SAFETY INFORMATION

- Do not exceed the maximum weight capacity of 350 lbs for the Twin size bed frame.
- Ensure all components are securely connected during assembly to prevent instability.
- Keep children and pets away from the product during assembly.
- Avoid any vibrations or shocks to the assembled frame.

## SETUP

### Package Contents

Your package should contain the following main components:

- Two (2) main side rails with integrated legs.
- Three (3) crossbars for central support.

### Assembly Instructions (Tool-Free)

The Amazon Basics Metal Bed Frame features a simple lock-together system that requires no tools for assembly. Follow these steps:

1. **Unfold the Side Rails:** Place the two main side rails on a flat surface. Carefully unfold each rail to extend its full length. The legs are pre-attached and will swing into position.
2. **Connect Crossbars:** Identify the three crossbars. These bars will slide into designated slots on the side rails. Insert the ends of each crossbar into the corresponding slots on the side rails. Ensure they click securely into place.
3. **Verify Connections:** Double-check all connections to ensure the frame is stable and all parts are firmly locked.

# Tool-Free Assembly

Simple lock-together system assembles in minutes



Figure 1: Detail of the tool-free assembly mechanism, showing how components slide and lock together without the need for external tools.

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**Easy Tool-Free Set Up**  
Simple lock-together system for easy assembly



**Enhanced Durability**  
Midpoint steel legs and center bar for added strength



**Weight Capacity**  
Maximum weight recommendation:  
158.8 kg / 350 lbs

## Twin

Figure 2: Visual representation of the bed frame's key features, including its simple assembly, robust steel construction with a center support bar, and impressive weight capacity.

### OPERATING INSTRUCTIONS

#### Mattress and Box Spring Placement

This bed frame is designed to support a box spring and mattress. A box spring is required (sold separately) to provide adequate support for your mattress.

1. Place your box spring directly onto the assembled bed frame. The frame includes rubber grippers to help prevent the box spring from sliding.
2. Carefully place your mattress on top of the box spring.



## Box Spring and Mattress Required (sold separately)

Figure 3: The bed frame correctly set up with a box spring and mattress, highlighting the necessity of a box spring for proper use.

### Weight Capacity

The Twin size bed frame supports up to 350 lbs. For other sizes (Full, Queen, King & California King), the frame supports up to 700 lbs total (350 lbs per person maximum).

### MAINTENANCE

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#### Cleaning

To clean the bed frame, wipe it with a soft, slightly moist cloth. Avoid using corrosive detergents, wire brushes, abrasive scourers, metal, or sharp utensils to clean the product, as these may damage the finish.

#### General Care

- Periodically check the components to ensure all connections remain secure.
- Store the bed frame in a cool and dry place away from children and pets when not in use, ideally in its original packaging.

### TROUBLESHOOTING

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## Frame Instability

If the bed frame feels unstable, re-check all connections, especially where the crossbars meet the side rails, to ensure they are fully engaged and locked. Ensure the frame is placed on a level surface.

## Squeaking Noises

Squeaking can sometimes occur if connections are loose. Tighten all connections. If the issue persists, ensure the box spring and mattress are properly seated on the frame.

## SPECIFICATIONS

Size	Twin
Material	Metal
Product Dimensions (L x W x H)	74.5" x 38.5" x 7"
Color	Black
Weight Capacity (Twin)	350 lbs
Item Weight	12.85 lbs
Assembly Required	Yes (Tool-Free)
Model Number	AMZ-7ADSTBF-T
UPC	841710184846



Figure 4: Detailed dimensions of the Twin size bed frame for reference.

## WARRANTY INFORMATION

For detailed warranty information, please visit the official Amazon Basics website or refer to the documentation included with your purchase. Protection plans are available for purchase separately.

## SUPPORT

For customer service or additional support, please refer to the contact information provided on the Amazon Basics product page or your purchase receipt. You can also visit [amazon.com/AmazonBasics/Warranty](https://www.amazon.com/AmazonBasics/Warranty) for warranty details or [amazon.com/review/review-your-purchaseself](https://www.amazon.com/review/review-your-purchaseself) to leave feedback.