

Yaheetech YT-00081481

Yaheetech Professional 45mm Dance Pole Instruction Manual

Model: YT-00081481

1. INTRODUCTION

This instruction manual provides essential information for the safe and effective use of your Yaheetech Professional 45mm Dance Pole. Please read all instructions carefully before assembly and use. Proper installation and maintenance are crucial for user safety and product longevity.

1.1 Safety Information

- Ensure the pole is installed on a stable, level surface and securely anchored between a ceiling beam and the floor.
- Regularly inspect all components for wear, damage, or loose connections before each use.
- Do not exceed the maximum recommended weight capacity (if specified by manufacturer, otherwise use general safety precautions).
- Keep children and pets away from the pole during use.
- Wipe the pole with a dry cloth after each use to prevent rust and maintain grip.

2. PACKAGE CONTENTS

Verify that all components listed below are present and undamaged before proceeding with assembly.

- Main Pole A (Upper Pole)
- Main Pole B (Lower Pole)
- Extension A
- Extension B
- Cover
- Top Dome (15.5 inches diameter)
- Base Dome (9 inches diameter)

- Tools (wrenches, hex key)
- Instruction Manual



Image 2.1: Overview of all included components for the Yaheetech Professional Dance Pole.

3. SETUP INSTRUCTIONS

Follow these steps carefully to assemble and install your dance pole. It is recommended to have a second person assist with installation.

1. **Identify a Suitable Location:** Choose a location with a solid ceiling beam for secure installation. Use a stud finder to locate a ceiling joist. The area should be clear of obstructions.
2. **Determine Pole Height:** Measure the floor-to-ceiling height. Select the appropriate combination of Main

Poles and Extensions to achieve the desired height. The pole is adjustable from 85 inches (7 feet) to 108.5 inches (9 feet).

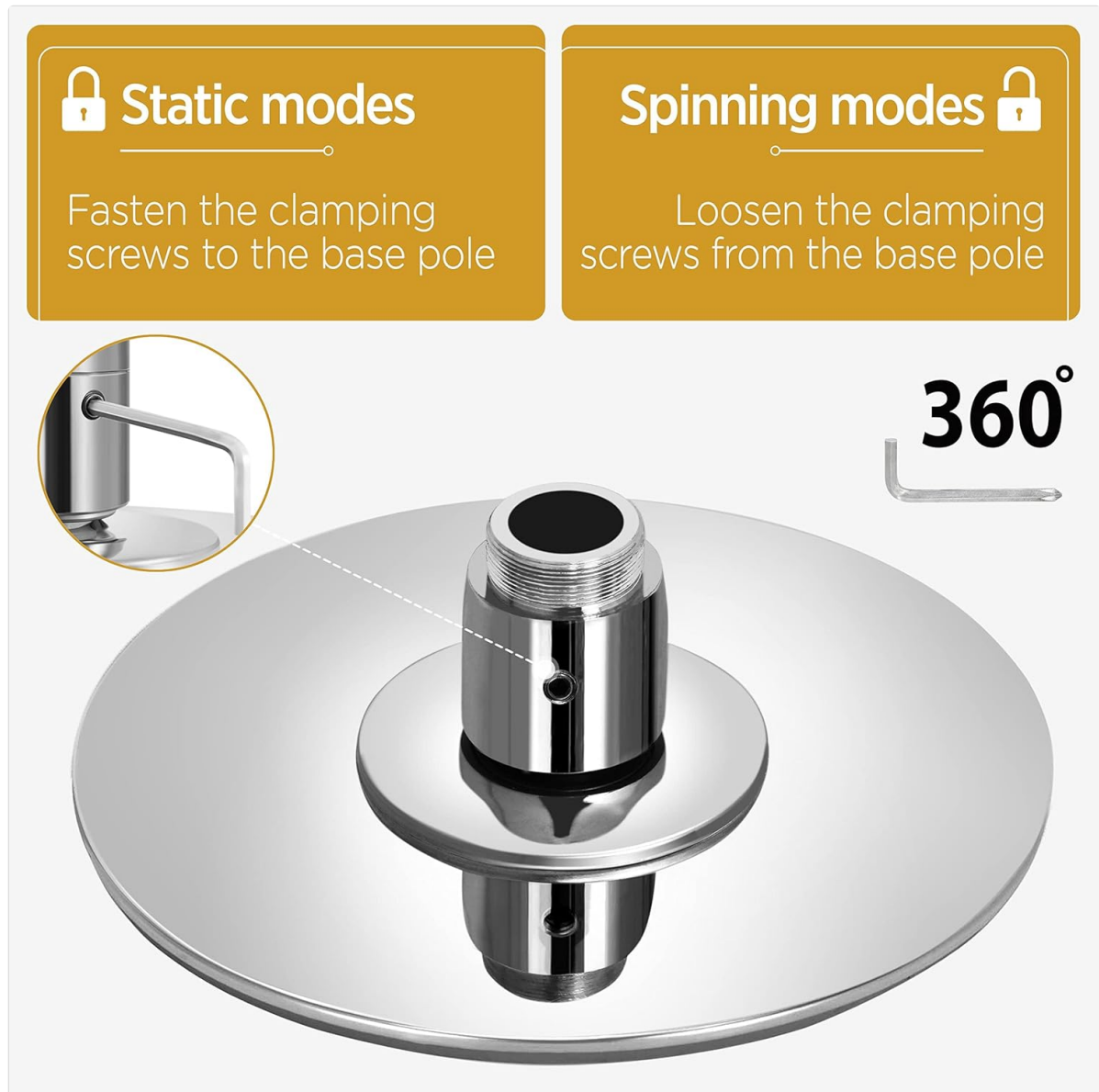


Image 3.1: Adjustable height configurations using various extensions.

- 3. Assemble Pole Sections:** Connect the chosen pole sections by screwing them together firmly. Ensure all threaded connections are tight and secure. The chrome-plated steel construction provides strength and durability.

Powerful Top Dome & Base Dome

Keep steady and protect the floor & ceiling



Top Dome: 15.5"



Base Dome : 9"

Image 3.2: Detailed view of pole section connections.

4. **Attach Domes:** Place the Base Dome on the floor and the Top Dome on the ceiling, aligning them directly above each other. The domes feature silicone rubber rims to protect surfaces and enhance stability.



Image 3.3: Top and Base Domes with protective silicone.

5. **Install the Pole:** Carefully lift the assembled pole and position it between the Top Dome and Base Dome. Ensure the pole is perfectly vertical using a spirit level.
6. **Adjust and Secure:** Rotate the adjustment mechanism (typically located at the top of the lower pole section) to extend the pole and create tension between the floor and ceiling. Tighten until the pole is firmly secured and does not wobble. Do not overtighten.
7. **Final Check:** Gently pull and push on the pole to confirm its stability. Re-tighten if any movement is detected.

4. OPERATING MODES

Your Yaheetech dance pole offers both static and spinning modes for versatile use.

4.1 Switching Between Modes

The mode selection is controlled by clamping screws located at the base of the pole.

- **Static Mode:** To engage static mode, fasten the clamping screws to the base pole using the provided hex key. This locks the pole in a fixed position, ideal for strength training and static holds.
- **Spinning Mode:** To engage spinning mode, loosen the clamping screws from the base pole. This allows

the pole to rotate freely, enabling dynamic movements and spins.

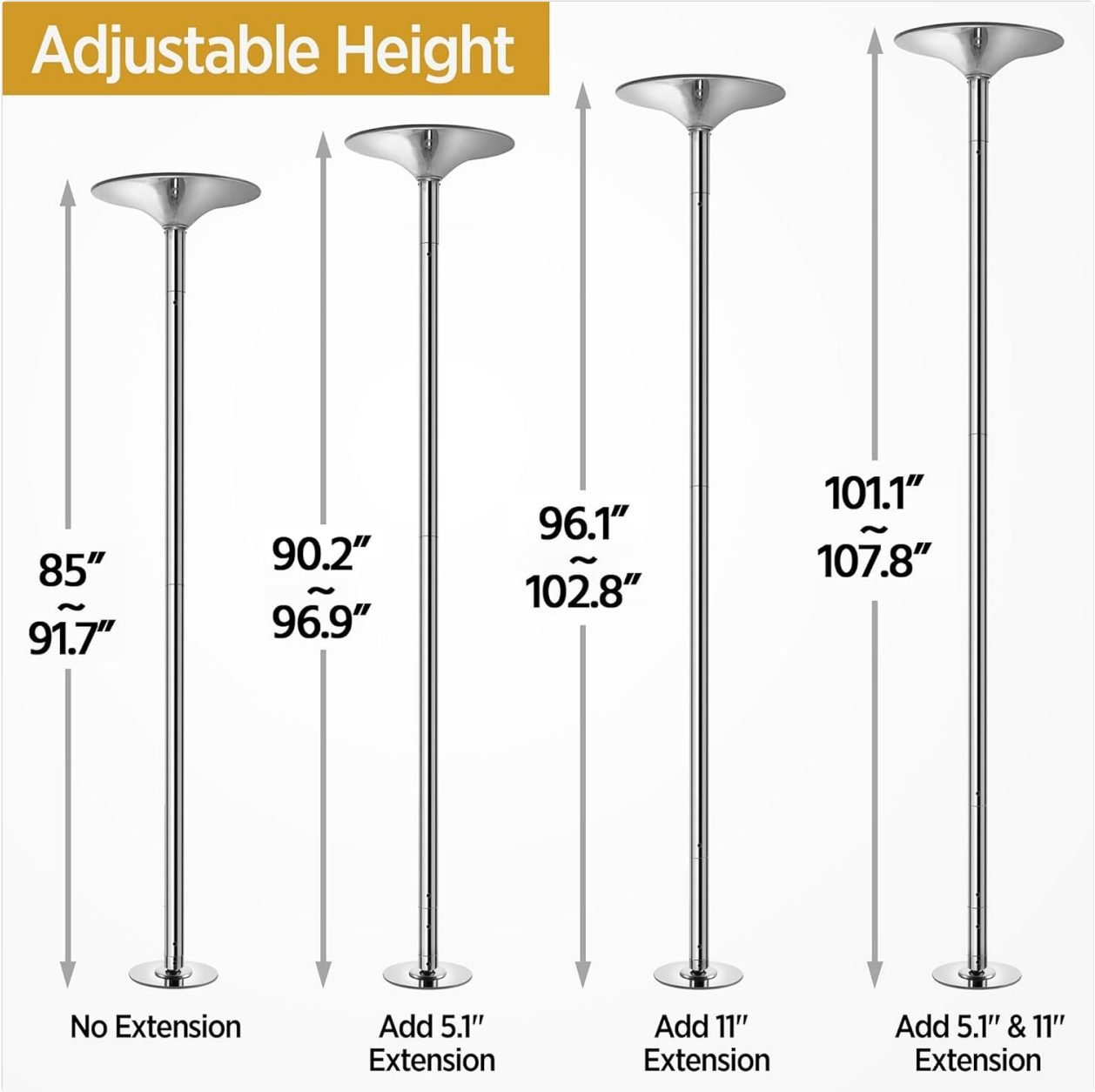


Image 4.1: Instructions for switching between static and spinning modes.

2 Options: Spinning & Static Modes

For the static mode, simply tighten the bottom screw to lock the dance pole;
For the spinning mode, loosening the bottom screw will do. Dance as you wish!



Static



Rotary

Image 4.2: Visual representation of static and rotary mode settings.

5. MAINTENANCE

Regular maintenance ensures the safety and extends the lifespan of your dance pole.

- **Cleaning:** After each use, wipe down the entire pole with a dry, clean rag to remove sweat and residue. This prevents rust and maintains optimal grip. Avoid abrasive cleaners that could damage the chrome finish.
- **Inspection:** Periodically check all pole sections, connections, and domes for any signs of wear, cracks, or damage. Ensure all screws and bolts remain tight.
- **Storage:** If disassembling for storage, ensure all parts are clean and dry. Store in a dry environment to prevent corrosion.

6. TROUBLESHOOTING

Refer to this section for solutions to common issues.

- **Pole feels unstable:**

- Ensure the pole is installed directly under a ceiling beam.
- Verify that the Top and Base Domes are perfectly aligned.
- Re-tighten the adjustment mechanism until the pole is firm. Use a spirit level to confirm vertical alignment.
- **Difficulty switching between static and spinning modes:**
 - Ensure the clamping screws are fully tightened for static mode or fully loosened for spinning mode. Check for any debris obstructing the mechanism.
- **Grinding or clicking noises in spinning mode:**
 - This may indicate that the internal bearings require cleaning or lubrication. Disassemble the relevant section, clean thoroughly, and apply a small amount of appropriate lubricant if necessary. Ensure all parts are reassembled correctly.
- **Pole sections difficult to separate:**
 - If pole sections become stuck, try applying gentle, even pressure while twisting. Avoid excessive force. A small amount of penetrating oil might help if corrosion is suspected, but ensure it is thoroughly cleaned off before reassembly and use.

7. SPECIFICATIONS

Feature	Specification
Model Number	YT-00081481
Material	Chrome-plated steel
Pole Diameter	45mm
Adjustable Height	85" - 108.5" (216cm - 275cm)
Top Dome Diameter	15.5 inches
Base Dome Diameter	9 inches
Item Weight	11.3 kg (24.9 lbs)
Product Dimensions	39.37 x 39.37 x 275.59 cm (assembled)

8. WARRANTY INFORMATION





Yaheetech products are manufactured to high-quality standards. For specific warranty terms and conditions, please refer to the documentation included with your purchase or contact Yaheetech customer support directly. Keep your proof of purchase for warranty claims.

9. CUSTOMER SUPPORT

If you have any questions, require assistance with assembly, or encounter issues not covered in this manual, please contact Yaheetech customer support. You can often find contact information on the official Yaheetech website or through the retailer where the product was purchased.

Visit the [Yaheetech Store](#) for more information and support resources.

Related Documents - YT-00081481

<p>Yaheetech</p> <p>592530(Silver)</p>  <p>1. Please read the manual carefully and completely before assembling the product. 2. Make sure to follow the assembly instructions in the manual precisely. 3. The product is not intended for use by children under 16 years of age. 4. The product is not intended for use in wet or outdoor environments. 5. The product is not intended for use in areas with high humidity or high temperature. 6. The product is not intended for use in areas with high salt content or high pollution. 7. The product is not intended for use in areas with high magnetic field strength. 8. The product is not intended for use in areas with high electromagnetic interference. 9. The product is not intended for use in areas with high radio frequency interference. 10. The product is not intended for use in areas with high power frequency electromagnetic field strength. 11. The product is not intended for use in areas with high static electric field strength. 12. The product is not intended for use in areas with high lightning electromagnetic field strength. 13. The product is not intended for use in areas with high cosmic electromagnetic field strength. 14. The product is not intended for use in areas with high solar electromagnetic field strength. 15. The product is not intended for use in areas with high terrestrial electromagnetic field strength. 16. The product is not intended for use in areas with high man-made electromagnetic field strength. 17. The product is not intended for use in areas with high natural electromagnetic field strength. 18. The product is not intended for use in areas with high electromagnetic field strength. 19. The product is not intended for use in areas with high electromagnetic field strength. 20. The product is not intended for use in areas with high electromagnetic field strength.</p>	<p>Yaheetech 592530 Silver Pole Dance Pole Installation and User Manual</p> <p>Comprehensive installation and usage guide for the Yaheetech 592530 Silver pole dance pole. Includes assembly instructions, safety precautions, and mounting tips.</p>
<p>YATO</p> <p>YT0921</p>  <p>1. Please read the manual carefully and completely before assembling the product. 2. Make sure to follow the assembly instructions in the manual precisely. 3. The product is not intended for use by children under 16 years of age. 4. The product is not intended for use in wet or outdoor environments. 5. The product is not intended for use in areas with high humidity or high temperature. 6. The product is not intended for use in areas with high salt content or high pollution. 7. The product is not intended for use in areas with high magnetic field strength. 8. The product is not intended for use in areas with high electromagnetic interference. 9. The product is not intended for use in areas with high radio frequency interference. 10. The product is not intended for use in areas with high power frequency electromagnetic field strength. 11. The product is not intended for use in areas with high static electric field strength. 12. The product is not intended for use in areas with high lightning electromagnetic field strength. 13. The product is not intended for use in areas with high cosmic electromagnetic field strength. 14. The product is not intended for use in areas with high solar electromagnetic field strength. 15. The product is not intended for use in areas with high terrestrial electromagnetic field strength. 16. The product is not intended for use in areas with high man-made electromagnetic field strength. 17. The product is not intended for use in areas with high natural electromagnetic field strength. 18. The product is not intended for use in areas with high electromagnetic field strength. 19. The product is not intended for use in areas with high electromagnetic field strength. 20. The product is not intended for use in areas with high electromagnetic field strength.</p>	<p>YATO YT-09201 Pneumatic Stitching Machine - Operating Manual</p> <p>Comprehensive operating manual for the YATO YT-09201 pneumatic stitching machine, covering safety, technical data, operation, maintenance, and troubleshooting.</p>
<p>Yaheetech</p> <p>614812/614813</p>  <p>1. Please read the manual carefully and completely before assembling the product. 2. Make sure to follow the assembly instructions in the manual precisely. 3. The product is not intended for use by children under 16 years of age. 4. The product is not intended for use in wet or outdoor environments. 5. The product is not intended for use in areas with high humidity or high temperature. 6. The product is not intended for use in areas with high salt content or high pollution. 7. The product is not intended for use in areas with high magnetic field strength. 8. The product is not intended for use in areas with high electromagnetic interference. 9. The product is not intended for use in areas with high radio frequency interference. 10. The product is not intended for use in areas with high power frequency electromagnetic field strength. 11. The product is not intended for use in areas with high static electric field strength. 12. The product is not intended for use in areas with high lightning electromagnetic field strength. 13. The product is not intended for use in areas with high cosmic electromagnetic field strength. 14. The product is not intended for use in areas with high solar electromagnetic field strength. 15. The product is not intended for use in areas with high terrestrial electromagnetic field strength. 16. The product is not intended for use in areas with high man-made electromagnetic field strength. 17. The product is not intended for use in areas with high natural electromagnetic field strength. 18. The product is not intended for use in areas with high electromagnetic field strength. 19. The product is not intended for use in areas with high electromagnetic field strength. 20. The product is not intended for use in areas with high electromagnetic field strength.</p>	<p>Yaheetech Ergonomic Gaming Chair Installation Guide</p> <p>Step-by-step instructions and parts list for assembling your Yaheetech ergonomic gaming chair, featuring massage lumbar support and adjustable footrest. Ensure proper setup for optimal comfort and performance.</p>
<p>SMART POSITIONER YT-3300 / 3350 / 3303 / 3301 SERIES</p> <p>PRODUCT MANUAL</p>  <p>1. Please read the manual carefully and completely before assembling the product. 2. Make sure to follow the assembly instructions in the manual precisely. 3. The product is not intended for use by children under 16 years of age. 4. The product is not intended for use in wet or outdoor environments. 5. The product is not intended for use in areas with high humidity or high temperature. 6. The product is not intended for use in areas with high salt content or high pollution. 7. The product is not intended for use in areas with high magnetic field strength. 8. The product is not intended for use in areas with high electromagnetic interference. 9. The product is not intended for use in areas with high radio frequency interference. 10. The product is not intended for use in areas with high power frequency electromagnetic field strength. 11. The product is not intended for use in areas with high static electric field strength. 12. The product is not intended for use in areas with high lightning electromagnetic field strength. 13. The product is not intended for use in areas with high cosmic electromagnetic field strength. 14. The product is not intended for use in areas with high solar electromagnetic field strength. 15. The product is not intended for use in areas with high terrestrial electromagnetic field strength. 16. The product is not intended for use in areas with high man-made electromagnetic field strength. 17. The product is not intended for use in areas with high natural electromagnetic field strength. 18. The product is not intended for use in areas with high electromagnetic field strength. 19. The product is not intended for use in areas with high electromagnetic field strength. 20. The product is not intended for use in areas with high electromagnetic field strength.</p>	<p>Rotork YT-3300/3350/3303/3301 Series Smart Positioner Product Manual</p> <p>Explore the comprehensive product manual for Rotork YTC Limited's YT-3300, YT-3350, YT-3303, and YT-3301 series Smart Valve Positioners. This guide details product features, installation, operation, maintenance, calibration, and technical specifications for industrial automation applications.</p>
<p>Lenovo</p>	<p>Lenovo Yoga Smart Tab User Guide for YT-X705F, YT-X705L, YT-X705X</p> <p>Comprehensive user guide for the Lenovo Yoga Smart Tab, covering setup, features, safety, and troubleshooting for models YT-X705F, YT-X705L, and YT-X705X.</p>



Yoga Smart Tab
Safety, Warranty & Quick Start Guide
Lenovo YT-X705F
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Your essential guide to the Lenovo Yoga Smart Tab (models YT-X705F, YT-X705L, YT-X705X), covering safety, warranty, setup, and usage. Find support and important information from Lenovo.