

Easy Touch MH809001

Easy Touch HealthPro Glucose Monitoring System User Manual

Model: MH809001

INTRODUCTION

This manual provides detailed instructions for the proper use and maintenance of your Easy Touch HealthPro Glucose Monitoring System. Please read this manual thoroughly before using the device to ensure accurate results and safe operation. This system is designed for self-testing of blood glucose levels.

PACKAGE CONTENTS

The Easy Touch HealthPro Glucose Monitoring System package includes the following items:

- 1 HealthPro Glucose Monitor
- 1 Carrying Case
- 1 Instruction Manual (this document)
- 1 Logbook
- 1 Quick Reference Guide
- Batteries (2 AAA batteries)
- 10 Twist Lancets
- 1 Lancing Device



Image: The complete Easy Touch HealthPro Glucose Monitoring System kit, including the meter, lancing device, lancets, carrying case, and manual.

SETUP

1. Battery Installation

Your HealthPro Glucose Monitor requires 2 AAA batteries, which are included in the package. To install:

1. Locate the battery compartment on the back of the meter.
2. Open the battery cover.
3. Insert the two AAA batteries, ensuring correct polarity (+/-).
4. Close the battery cover securely.

2. Setting Up the Lancing Device

The lancing device is used to obtain a blood sample. Follow these steps:

1. Unscrew the cap of the lancing device.
2. Insert a new lancet firmly into the lancet holder.

3. Twist off the protective cap from the lancet.
4. Replace the lancing device cap.
5. Adjust the penetration depth by rotating the cap. Start with a shallower setting and increase if needed for an adequate blood sample.
6. Pull back the cocking mechanism until it clicks, indicating it is ready for use.

Note: Always use a new, sterile lancet for each test to prevent infection and ensure accurate results.

OPERATING INSTRUCTIONS

Key Features for Operation

- **No Coding Required:** The HealthPro meter automatically calibrates with the test strips, eliminating the need for manual coding and reducing potential errors.
- **Rapid Test Results:** Get accurate blood glucose readings in just 5 seconds.
- **Backlit Screen:** The illuminated display ensures clear readability of results and information, even in low-light conditions.
- **365 Test Memory:** The meter stores up to 365 test results, allowing you to track your glucose levels over time.
- **Meal Settings:** The meter includes options for marking test results related to meals (e.g., before or after eating) to help you understand how food affects your glucose levels. Refer to the Quick Reference Guide for setting these options.
- **Alternate Site Testing (AST):** This system allows for blood samples to be taken from areas other than the fingertip, such as the forearm or palm, which may be less painful for some users. Consult your healthcare professional before using AST.

Features & Benefits

-  No Coding
-  Strip Ejector
-  Backlit Screen
-  Meal Settings
-  Rapid Test Results
-  365 Test Memory
-  Alternate Site Testing

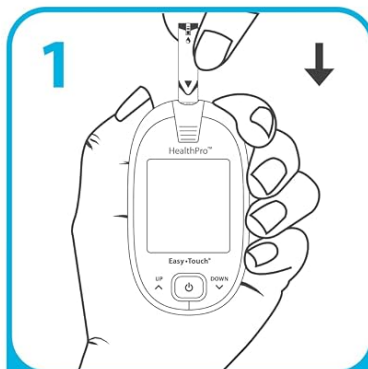


Image: Overview of the HealthPro meter's key features, including no coding, strip ejector, backlit screen, meal settings, rapid results, 365 test memory, and alternate site testing.

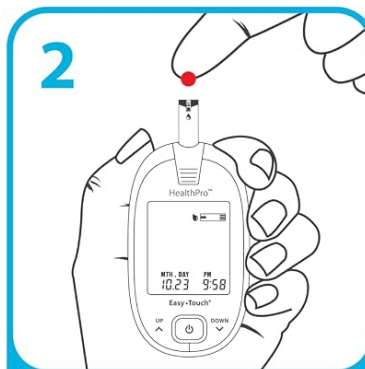
Performing a Blood Glucose Test

The HealthPro Glucose Monitoring System provides accurate results in just 5 seconds with a tiny blood sample (0.5 μ L). Follow these three easy steps:

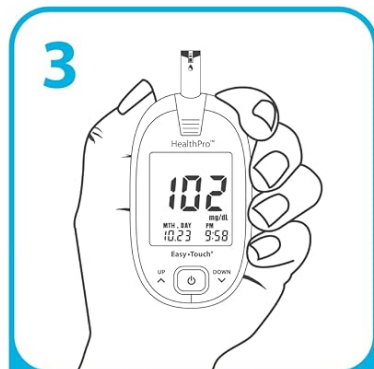
How to use your meter in **3 EASY STEPS!**



**Insert Test Strip,
Meter will Turn On**



**Apply Tiny Blood
Sample (0.5 μ L)**



**Accurate Results in
Just 5 Seconds**

Image: Visual guide showing the three steps for blood glucose testing: insert test strip, apply blood sample, and view results.

1. Step 1: Prepare the Meter and Test Strip

Insert a new test strip into the meter. The meter will automatically turn on. Ensure the meter displays the correct date and time. The meter is designed for **no coding**, simplifying the testing process.

How to Use Your Test Strip



Image: Close-up diagram illustrating the correct way to insert a test strip into the meter and where to apply the blood sample.

2. Step 2: Obtain a Blood Sample

Clean the chosen test site (fingertip, forearm, or palm for **Alternate Site Testing**) with an alcohol swab and allow it to air dry. Press the prepared lancing device firmly against the skin and activate it to create a small drop of blood. Gently squeeze the area around the puncture site to form a round drop of blood. Touch the tip of the test strip to the blood drop. The strip will draw the blood in automatically. The meter will begin counting down.

3. Step 3: Read Your Results

After **5 seconds**, your blood glucose result will appear on the meter's **backlit screen**. The meter automatically stores this result in its **365 test memory**. You can also use the **meal settings** feature to categorize your result.

Backlit Screen

Easy to read in low light



Image: The HealthPro glucose meter displaying a blood glucose reading on its illuminated screen.

Important: The meter features a **strip ejector** for hygienic disposal of used test strips.

MAINTENANCE

Cleaning the Meter

To clean your HealthPro Glucose Monitor:

- Wipe the exterior of the meter with a soft, damp cloth.
- Do not immerse the meter in water or any cleaning solution.
- Avoid using harsh chemicals or abrasive cleaners.

Storage

Store the meter, test strips, and lancets in a cool, dry place, away from direct sunlight and extreme temperatures. Keep all components in their original containers until ready for use.

Control Solution Testing

Control solution testing verifies the accuracy of your meter and test strips. It is recommended to perform a control solution test:

- When opening a new vial of test strips.
- If you suspect the meter or test strips are not working correctly.
- If your test results do not match how you feel.

Refer to the control solution instructions for specific testing procedures.

For use with HealthPro™ Glucose Test Strips & Control Solution



Image: The HealthPro glucose meter shown with compatible glucose test strips and control solutions (High and Low levels).

TROUBLESHOOTING

If you encounter issues with your HealthPro Glucose Monitoring System, please review the following general troubleshooting steps:

- **Error Messages:** If an error code appears on the screen, consult the Quick Reference Guide or the full instruction manual for specific meanings and solutions.

- **Inaccurate Results:** Ensure test strips are not expired and have been stored correctly. Perform a control solution test. Check if the blood sample size was adequate.
- **Meter Not Turning On:** Check battery installation and ensure batteries are not depleted. Replace batteries if necessary.
- **Difficulty Obtaining Blood Sample:** Adjust the lancing device's penetration depth. Ensure the lancing device is cocked before use.

For persistent issues, contact customer support.

SPECIFICATIONS

Feature	Detail
Model Name	HealthPro
Item Model Number	MH809001
Operating Time	5 Seconds
Blood Sample Volume	0.5 µL
Batteries	2 AAA batteries (included)
Battery Cell Composition	Alkaline
Product Dimensions	6 x 4 x 4 inches
Weight	8.15 ounces
Manufacturer	MHC Medical Products LLC
UPC	853747003632

WARRANTY AND SUPPORT

MHC Medical Products is committed to delivering quality products. If you are not satisfied with your Easy Touch HealthPro Glucose Monitoring System, please contact customer support for assistance. For support, please refer to the contact information provided in your product packaging or visit the official Easy Touch website.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question