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Tempur-Pedic 15301115P

Tempur-Pedic TEMPUR-Ergo Neck Pillow Instruction Manual

Model: 15301115P

INTRODUCTION

The Tempur-Pedic TEMPUR-Ergo Neck Pillow, Medium Profile, is engineered to provide precise alignment, support, and comfort by conforming to the natural curve of your head, neck, and shoulders. Constructed from a single piece of extra-firm TEMPUR-Material, this pillow maintains its shape to help neck and shoulder muscles relax while remaining supported throughout the night. Its contoured design is ideal for both side and back sleepers seeking undisturbed rest.

KEY FEATURES

- **Adaptive Support:** TEMPUR-Material precisely adapts to your head, neck, and shoulders, helping to relieve aches and pains.
- **Extra-Firm Feel:** Formed TEMPUR-Material maintains its shape, supporting neck and shoulder muscles for sustained comfort.
- **Premium Washable Cover:** Features a 100% polyester knit, hypoallergenic cover that is removable and machine washable for easy maintenance.
- **Optimal Profile:** Medium profile dimensions of 20" x 12.5" x 4" are designed for side and back sleepers.
- **Quality Assurance:** CertiPUR-US Certified and backed by a 5-Year Limited Warranty.
- **American Craftsmanship:** Designed and assembled in the USA using domestic and imported components.

SETUP

1. **Unpack:** Carefully remove the pillow from its packaging.
2. **Allow to Expand:** Place the pillow on a flat surface in a well-ventilated area. Allow several hours for the TEMPUR-Material to fully expand and air out any new product scent.
3. **Initial Adjustment:** Your Tempur-Pedic pillow may feel firmer than traditional pillows initially. It may take a few weeks for the pillow to fully adapt to your body and sleeping style.

Your Tempur-Pedic® pillow may feel firmer than a traditional pillow at first. Over time, it will conform to your head and neck, feeling more natural. It may take a few weeks for the pillow to fully adapt to you.

TIPS FOR FASTER BREAK-IN

- ① Gently roll and unroll your pillow.
- ② Knead the foam with your hands.
- ③ Use it as back support while sitting.

Image: Tips for faster break-in, including gently rolling and unrolling, kneading the foam, and using it as back support.

USAGE GUIDELINES

The TEMPUR-Ergo Neck Pillow features a unique contoured design with two different neck heights to accommodate various preferences and sleeping positions. This design promotes proper spinal alignment.

- **For Back Sleepers:** Position the pillow so that the higher curve supports your neck, allowing your head to rest comfortably in the hollow. This helps maintain the natural curvature of your spine.
- **For Side Sleepers:** Use either the higher or lower curve, depending on your shoulder width and comfort preference. The pillow should fill the space between your head and shoulder, keeping your spine straight.

HELPS RELIEVE **ACHES AND PAINS**

TEMPUR-Material™ precisely adapts to your
head, neck, and shoulders.



Image: A person sleeping on their back, demonstrating the pillow's contoured support for the neck and head.



Image: A person sleeping on their side, illustrating how the pillow supports the head and neck to maintain spinal alignment.

CARE AND MAINTENANCE

Proper care ensures the longevity and hygiene of your TEMPUR-Ergo Neck Pillow.

- **Cover Care:** The 100% polyester knit cover is removable and machine washable. Wash in cold water with similar colors. Tumble dry on low heat or air dry. Do not bleach.
- **Pillow Core Care:** The TEMPUR-Material core itself is **not** washable. Do not submerge the core in water or place it in a washing machine or dryer. If the core becomes soiled, spot clean with a damp cloth and mild detergent, then allow it to air dry completely before replacing the cover.
- **Ventilation:** Periodically air out the pillow core in a well-ventilated area to maintain freshness.

PREMIUM, HYPOALLERGENIC COVER

Cover is removable and machine-washable to keep your pillow fresh for years to come.



Image: A hand demonstrating the removable, zippered cover of the pillow.

TROUBLESHOOTING

- **Initial Firmness:** TEMPUR-Material is designed to be firm and responsive. If the pillow feels too firm initially, allow a few weeks for it to soften and adapt to your body temperature and pressure.
- **Unusual Odor:** A new memory foam product may have a slight odor upon unpacking. This is normal and harmless. Allow the pillow to air out in a well-ventilated space for a few days.
- **Discomfort:** If you experience discomfort, ensure the pillow is positioned correctly for your sleeping style (back or side). Experiment with the two different neck heights to find the most supportive fit.

SPECIFICATIONS

Attribute	Detail
Brand	Tempur-Pedic
Model Name	TEMPUR-Ergo Neck Pillow
Model Number	15301115P

Size	Medium Profile (20"L x 12.5"W x 4"H)
Color	White
Fill Material	Memory Foam (Polyurethane)
Fabric Type	Cotton (Cover: 100% Polyester Knit)
Item Firmness	Extra Firm
Special Feature	Washable Cover, Hypoallergenic
Product Care Instructions	Machine Wash (Cover Only)
Item Weight	3.35 Pounds
Certifications	CertiPUR-US Certified
Assembly	Designed and assembled in the USA

WARRANTY AND SUPPORT

This Tempur-Pedic TEMPUR-Ergo Neck Pillow comes with a **5-Year Limited Warranty**. This warranty is valid only for new products purchased from authorized retailers for personal consumer use, not for commercial or industrial use or resale. An original purchaser is an individual or entity who buys the product directly from Tempur-Pedic or an authorized retailer with the intent to use it for personal consumer use. For warranty claims or product support, please contact Tempur-Pedic customer service directly or refer to the official Tempur-Pedic website for detailed warranty terms and contact information.