

Manuals+

[Q & A](#) | [Deep Search](#) | [Upload](#)

[manuals.plus](#) /

› [Medi Grade](#) /

› [Medi Grade Enema Kit for Adults - Transparent, 0.53 Gallon Capacity Instruction Manual](#)

Medi Grade B07C2BDRKG

Medi Grade Enema Kit for Adults - Transparent, 0.53 Gallon Capacity

Model: B07C2BDRKG

1. INTRODUCTION

This instruction manual provides comprehensive guidance for the safe and effective use of your Medi Grade Enema Kit. Designed for adult use, this transparent kit features a 0.53-gallon (2-liter) capacity bag, a hands-free one-way valve, and multiple tips for various cleansing routines, including water and coffee enemas. Please read all instructions carefully before use.



Figure 1: Overview of the Medi Grade Enema Kit components.

2. SAFETY INFORMATION

Important: The information provided in this manual is not a substitute for professional medical advice, diagnosis, or treatment. Always consult a qualified healthcare provider for any medical conditions or concerns. Never disregard or delay seeking professional medical advice.

- Ensure all components are clean and sterilized before each use.
- Use only purified water or solutions recommended by a healthcare professional.
- Monitor solution temperature carefully to prevent burns.
- Discontinue use immediately if you experience pain, discomfort, or unusual symptoms.
- Keep out of reach of children.

3. PRODUCT COMPONENTS

Your Medi Grade Enema Kit includes the following items:

- 1 x Transparent Enema Bag (0.53 Gallon / 2 Liter capacity)
- 1 x Silicone Hose (approx. 5.9 ft / 1.8 m length)
- 1 x One-Way Stopcock Valve (yellow)
- 1 x Pinch Clamp (white)
- 4 x Interchangeable Tips (various sizes and flexibility)
- 1 x Hanging Hook (S-shaped)
- 1 x Reservoir Cap
- 1 x Storage Bag



Figure 2: Detailed view of the enema kit components and their functions.

4. SETUP INSTRUCTIONS

1. **Clean All Components:** Before first use and after each subsequent use, thoroughly clean all parts of the kit with warm, soapy water. Rinse thoroughly.
2. **Assemble the Hose:** Connect the silicone hose to the outlet at the bottom of the enema bag. Ensure a secure

fit.

- Attach Flow Control:** Insert the one-way stopcock valve (yellow) onto the hose. You can also use the white pinch clamp for additional flow control.
- Select and Attach Tip:** Choose one of the four interchangeable tips based on your comfort and specific needs. Securely attach it to the end of the hose.
- Prepare Solution:** Fill the transparent enema bag with your desired solution (e.g., purified water, coffee enema solution). The transparent design allows for easy monitoring of the liquid level. The reservoir cap can be used to seal the bag if using it as a heating pad.
- Hang the Bag:** Use the provided S-shaped hanging hook to suspend the filled enema bag at a suitable height. This allows gravity to assist with flow.



Figure 3: Kit contents, ready for assembly.

Your browser does not support the video tag.

Video 1: Visual guide to assembling and preparing the Medi Grade Irrigation Kit.

5. OPERATING INSTRUCTIONS

- Positioning:** Find a comfortable position, typically lying on your side or back, to facilitate the flow of the solution.
- Lubricate:** Apply a water-based lubricant to the tip of the nozzle for easier insertion.
- Insert Nozzle:** Gently insert the lubricated tip into the rectum.
- Control Flow:** Slowly open the one-way stopcock valve or release the pinch clamp to allow the solution to flow. Adjust the flow rate to your comfort level. The extra-long hose provides convenient positioning.

5. **Retention:** Once the desired amount of solution has been administered, close the valve/clamp and remove the nozzle. Retain the solution for the recommended duration, as advised by your healthcare professional or specific enema protocol.
6. **Evacuation:** When ready, proceed to a toilet for evacuation.



Figure 4: Demonstrating the flow control valve and extra-long hose for personalized comfort.

Your browser does not support the video tag.

Video 2: Overview of the Medi Grade Enema Kit, including setup and usage tips.

6. MAINTENANCE AND CLEANING

Proper cleaning and maintenance are essential for hygiene and longevity of your enema kit:

- **Disassemble:** After each use, fully disassemble all components of the kit.
- **Wash:** Wash the enema bag, hose, and tips with warm, soapy water. The wide opening of the bag facilitates thorough cleaning.

- **Rinse:** Rinse all components thoroughly with clean water to remove any soap residue.
- **Dry:** Allow all parts to air dry completely before reassembling or storing to prevent mold or bacterial growth.
- **Storage:** Store the clean, dry kit in the provided storage bag in a cool, dry place.

Feel lighter and brighter

Perfect for Water, Coffee and Other Types of Enemas



Easy to fill
and clean

Sealed bag works
as a heating pad

Figure 5: The transparent bag is easy to fill and clean, and can also function as a heating pad.

7. TROUBLESHOOTING

- **Slow Flow:** Ensure the bag is hung high enough for gravity to assist. Check that the stopcock valve or pinch clamp is fully open and that the hose is not kinked.
- **Leakage:** Verify that all connections (hose to bag, tip to hose) are secure and tightened properly. Ensure the one-way valve is correctly installed.
- **Discomfort:** If discomfort occurs, reduce the flow rate or discontinue use. Ensure the solution temperature is appropriate and the nozzle is adequately lubricated.

8. SPECIFICATIONS

- **Brand:** Medi Grade
- **Model:** B07C2BDRKG
- **Capacity:** 0.53 Gallons (2000 Milliliters)
- **Material:** Silicone
- **Color:** Clear
- **Product Dimensions:** 12.48 x 7.99 x 1.69 inches
- **Weight:** 1.48 Pounds
- **Manufacturer:** FBGC
- **First Available Date:** April 29, 2020

9. WARRANTY AND SUPPORT

For any questions regarding your Medi Grade Enema Kit, please refer to the product packaging for manufacturer contact information or visit the official Medi Grade store. Please retain your proof of purchase for any warranty claims.

For additional support and product information, you may visit the [Medi Grade Store on Amazon](#).