

TechCare Messenger DP01

TechCare Plus 24 Messenger User Manual

Model: DP01

1. INTRODUCTION

The TechCare Plus 24 Messenger is an advanced TENS (Transcutaneous Electrical Nerve Stimulation) and PMS (Powered Muscle Stimulator) device designed to provide effective, drug-free pain relief and muscle stimulation. Utilizing low-voltage pulses, it targets nerve fibers to block pain signals and promote the body's natural pain relievers. This manual provides comprehensive instructions for safe and effective use of your device.



Image: The TechCare Plus 24 Massager with its various components, including the main unit, electrode pads, and cables.

2. SAFETY INFORMATION

Please read and understand all safety warnings before using the TechCare Plus 24 Massager.

- Consult with a physician before use if pregnant, suffering from epilepsy, or have a serious health condition.
- Do not use this product if you have a heart condition or pacemaker.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.
- Keep out of reach of children.
- Do not apply pads over open wounds, rashes, or inflamed skin.
- Avoid using the device while driving or operating heavy machinery.

3. WHAT'S INCLUDED

Your TechCare Plus 24 Massager package includes the following items:

- 1x Newest Model Controller (TechCare Plus 24 Device)
- 1x Hard Cover Travel Case
- 6x Large Electrodes (Pads)
- 2x Electrodes Cables
- 1x User's Manual
- 1x USB Cable and Wall Charger
- 1x Small Electrode Pad and Wire Holder
- 1x Treatment Points Chart



Image: A complete overview of all items included in the TechCare Plus 24 Massager package.



Image: The hard cover travel case opened, displaying the organized storage for the device and its accessories.

4. SETUP INSTRUCTIONS

Follow these steps to set up your TechCare Plus 24 Massager for first use:

1. **Charge the Device:** Before initial use, fully charge your device for 10 hours using the provided USB cable and wall charger. The battery indicator on the screen will show charging status.



**Built in *Rechargeable*
Lithium Battery
Up to 12 hours
continuous use !
It can be charged
through wall unit
or computer USB port**



USB charge port

Image: The device connected to its charging cable, illustrating the charging process.

2. **Connect Pads to Cables:** Snap the electrode pads onto the ends of the electrode cables. Ensure a secure connection.
3. **Plug Cables into Device:** Insert the jack end of the electrode cables into the A and/or B output ports on the top of the device.
4. **Apply Pads to Body:** Remove the protective film from the electrode pads and place them on the desired treatment area on your body. Ensure pads are at least 1 inch apart and stick well to clean, dry skin.

Setup Video Tutorial

Your browser does not support the video tag.

Video: A step-by-step guide on how to set up your TechCare Plus 24 Massager, including charging, connecting pads, and applying them to the body.

5. OPERATING INSTRUCTIONS

Once set up, follow these steps to operate your TechCare Plus 24 Massager:

1. **Turn On:** Switch down the button on the upper left side of the device to turn it on. The screen

will illuminate.

2. **Select Massage Mode:** Press the "M" button to cycle through the multi-preprogrammed massage modes (Tapping, Acupuncture, Deep Tissue, Foot, Cupping, Combo, Kneading, Swedish, Scrapping, Reflexology, Tai-Chi). Please note that the intensity level will reset to level 1 after changing the massage mode.
3. **Set Time:** Press the "T" button to adjust the desired treatment time, ranging from 10 to 60 minutes.
4. **Adjust Intensity:** Use the "+" and "-" buttons to increase or decrease the intensity level to your desired comfort. There are 20 intensity bars.
5. **Lock/Unlock Device:** To lock the device and prevent accidental changes during treatment, long press the "T" button for approximately 3 seconds. To unlock, long press the "T" button again.



Image: The TechCare Plus 24 device highlighting the power switch, mode, timer, and intensity buttons, along with the USB charging port and A/B output channels.

Dual Channel (A/B) Operation

The TechCare Plus 24 features dual output channels (A and B), allowing you to use different modes or intensities on two separate areas of the body simultaneously, or to treat a larger area more effectively.

1. **Plug Both Jacks:** Ensure both electrode cables are securely plugged into the A and B output ports on the device.
2. **Independent Control:** Channel A and Channel B can be operated separately. Press the round center button to switch between controlling Channel A and Channel B. You can then adjust the mode and intensity for each channel independently.



Image: The TechCare Plus 24 device with electrode pads connected to both A and B channels, demonstrating its dual-channel capability.

6. PRODUCT FEATURES

- Multi-preprogrammed massage modes: Tapping, Acupuncture, Deep Tissue, Foot, Cupping, Combo, Kneading, Swedish, Scrapping, Reflexology, Tai-Chi.
- Adjustable 10 to 60 minutes timer.
- Rechargeable internal lithium battery providing up to 20 hours of continuous use.
- A-B Dual Output allows for two separate users or treatment areas.
- Comes with a durable hard cover travel case for protection.

7. SPECIFICATIONS

| Specification | Detail |
|--------------------|---|
| Product Dimensions | 4 x 2 x 7 inches |
| Item Weight | 1.5 Pounds |
| Item Model Number | DP01 |
| Batteries | 1 Lithium Polymer battery required (included) |
| Power Source | Battery Powered |
| Material | Plastic |
| Manufacturer | TechCare Massager |



TechCare



20

MIN



Kneading

2



Swedish



Cupping



Scrapping



Reflex
ology

Tai-Chi

A

B

M

A=B

+

T

-

7"

2"

4"

Image: Visual representation of the TechCare Plus 24 device with its dimensions indicated.

8. CARE AND MAINTENANCE

- Store the device and pads in the provided travel case when not in use to protect them from dust and damage.
- Clean the device with a soft, dry cloth. Do not use abrasive cleaners or immerse the device in water.
- The electrode pads are reusable but will lose their adhesiveness over time. Replace pads when they no longer stick well to ensure effective treatment.
- Ensure the device is fully charged before long periods of storage to maintain battery health.

9. TROUBLESHOOTING

If you encounter issues with your TechCare Plus 24 Massager, please refer to the following common troubleshooting tips:

- **No Power:** Ensure the device is fully charged. Check the charging cable and adapter for damage.
- **No Sensation/Weak Sensation:** Verify that the electrode pads are securely connected to the cables and the cables are firmly plugged into the device. Ensure the pads are making good contact with your skin and are not worn out. Increase the intensity level using the "+" button.
- **Pads Not Sticking:** Clean the skin area where pads are applied. Ensure pads are clean and free of debris. Replace old pads with new ones if adhesiveness is lost.
- **Device Locked:** If the device is unresponsive, you may have accidentally activated the lock function. Long press the "T" button for approximately 3 seconds to unlock it.

If problems persist, please contact TechCare Massager customer support for assistance.

10. WARRANTY AND SUPPORT

The TechCare Plus 24 Massager comes with a lifetime limited warranty. For warranty claims, technical support, or any inquiries regarding your device, please contact TechCare Massager customer service.

You can find more information and contact details on the official TechCare Massager website: techcaremassager.com

