

Bella BE-032-SU02-AM1

Bella Tampo Super Easy Twist User Manual

Model: BE-032-SU02-AM1 | Brand: Bella

1. INTRODUCTION AND PRODUCT OVERVIEW

The Bella Tampo Super Easy Twist is designed for comfortable and secure menstrual protection. This manual provides essential information for safe and effective use of the product.

Key Features:

- **Super Absorbency:** Recommended for heavy bleeding, ensuring reliable protection.
- **Soft Non-Woven Top Layer:** Provides exceptional comfort and prevents fibre splitting.
- **Eight Special Channels:** Designed for effective liquid distribution and immediate absorption.
- **Secure String:** The tampon string is securely fixed for easy and safe removal.
- **Dermatologically Tested:** Ensures suitability for sensitive skin.
- **Easy Twist Design:** Facilitates convenient unwrapping and use.

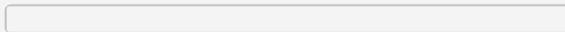


Image 1.1: Packaging of Bella Tampo Super Easy Twist, 32 Pieces.

2. SAFETY INFORMATION

It is crucial to follow these safety guidelines to minimize health risks, including Toxic Shock Syndrome (TSS).

- **Change Frequency:** To reduce the risk of Toxic Shock Syndrome (TSS), change your tampon frequently. For regular use, change at least every 4-8 hours.
- **Absorbency Level:** If you use a super absorbency tampon, change it more frequently, especially during lighter flow days.
- **Proper Disposal:** Always remove and dispose of used tampons properly. Do not flush tampons down the toilet.

- **Hand Hygiene:** Always wash your hands thoroughly with soap and water before and after inserting or removing a tampon.
- **Symptoms of TSS:** Be aware of the symptoms of TSS, which may include sudden high fever, vomiting, diarrhea, dizziness, fainting, or a rash resembling sunburn. If you experience any of these symptoms while using a tampon, remove it immediately and seek medical attention.

3. PREPARATION FOR USE

Before using Bella Tampo Super Easy Twist, ensure you are prepared for hygienic and comfortable insertion.

- **Wash Hands:** Always begin by washing your hands thoroughly with soap and water.
- **Unwrap Tampon:** Twist the outer wrapper of the tampon to open it. The "Easy Twist" design facilitates this.
- **Inspect Tampon:** Ensure the tampon is intact and the string is securely attached.

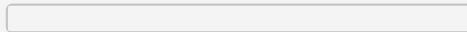


Image 3.1: Bella Easy Twist Tampons, recommended for heavy flow.

4. OPERATING INSTRUCTIONS

Follow these steps for proper insertion and removal of the Bella Tampo Super Easy Twist.

4.1. Insertion:

1. **Positioning:** Find a comfortable position, such as sitting on the toilet with knees apart, or standing with one foot on a raised surface.
2. **Hold Tampon:** Hold the tampon firmly at the base, ensuring the string hangs freely.
3. **Insert:** Gently insert the tampon into the vaginal canal, aiming towards your lower back. Push the tampon in until it is fully inside and you can no longer feel it. The string should remain outside your body.
4. **Comfort Check:** If you feel discomfort, the tampon may not be inserted far enough. Gently push it further in. Once correctly positioned, you should not feel the tampon.

4.2. Removal:

1. **Relax:** Relax your muscles.
2. **Pull String:** Gently pull the string downwards and forwards. The tampon will slide out easily.
3. **Dispose:** Dispose of the used tampon in a waste bin. Do not flush.

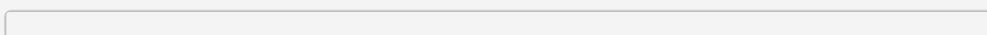


Image 4.1: Key features of Bella Tampo, including absorption channels and secure string.

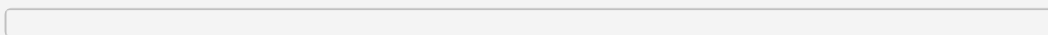


Image 4.2: Visual representation of secure string, quick absorption, and high absorption capabilities.

5. MAINTENANCE AND DISPOSAL

Proper maintenance and disposal are essential for hygiene and environmental responsibility.

- **Storage:** Store unused tampons in their original packaging in a cool, dry place, away from direct sunlight and moisture.
- **Disposal:** After removal, wrap the used tampon in toilet paper or its original wrapper and dispose of it in a sanitary waste bin. Never flush tampons down the toilet, as they can cause plumbing issues and environmental harm.
- **Additional Protection:** For added security, especially during heavy flow or overnight use, it is recommended to use Bella Tampo with panty liners.

6. TROUBLESHOOTING AND COMMON CONCERNS

Addressing common questions and issues related to tampon use.

- **Discomfort During Use:** If you feel the tampon after insertion, it may not be inserted far enough. Try pushing it a little further. If discomfort persists, remove and try a new tampon.
- **Difficulty Removing:** If you have difficulty removing the tampon, try to relax and gently pull the string. Squatting or sitting on the toilet can help. If the string is not accessible, consult a medical professional.
- **Leakage:** Leakage may indicate that the tampon is saturated and needs to be changed, or that the absorbency level is too low for your flow. Consider using a higher absorbency tampon or changing more frequently.
- **Toxic Shock Syndrome (TSS):** TSS is a rare but serious illness. Always adhere to the recommended change frequency (every 4-8 hours) and use the lowest absorbency necessary for your flow. Consult the Safety Information section for symptoms.

7. PRODUCT SPECIFICATIONS

Specification	Detail
Product Name	Tampon
Brand	Bella
Model Name	Tampo
Item Model Number	BE-032-SU02-AM1
Units	32.0 Count
Tampon Absorbency	Super
Included Components	Tampon
Product Dimensions	19.8 x 6.5 x 16.5 cm; 150 g
Manufacturer	TZMO SA

Date First Available	7 March 2020
----------------------	--------------

8. WARRANTY AND SUPPORT

For any product-related inquiries, concerns, or support, please contact the manufacturer directly. Specific warranty information may be available on the product packaging or the manufacturer's official website.

Manufacturer: TZMO SA

Always refer to the latest information provided by the manufacturer for comprehensive support.

© 2024 Bella. All rights reserved. This manual is for informational purposes only.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question