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## Vive RHB1049GRY

# Vive Cold Therapy Machine User Manual

Model: RHB1049GRY | Brand: Vive

## INTRODUCTION

This manual provides comprehensive instructions for the safe and effective use of your Vive Cold Therapy Machine. Please read all instructions carefully before operation and retain this manual for future reference.



Image: The Vive Cold Therapy Machine in use, demonstrating its application for knee therapy.

The Vive Cold Therapy Machine is designed to provide targeted cold therapy for various conditions, including post-surgery swelling, inflammation, joint pain, and post-workout recovery. It features a quiet pump, a flexible therapy pad, and adjustable flow rates for a personalized experience.

## INDICATIONS FOR USE

The Vive Cold Therapy Machine is indicated for:

- Post-surgery swelling and inflammation
- Joint pain
- Post-workout recovery
- Arthritis

# Premium Therapy Pad



Flexible & contours  
to any body part



Ensures consistent  
cold therapy flow  
throughout the pad

Image: Visual representation of the cold therapy machine being used on various body parts including the knee, elbow, hip, and shoulder.

## COMPONENTS INCLUDED

The Vive Cold Therapy Machine package includes:

- Ice Therapy Machine Base Unit
- Universal Therapy Pad
- Insulated Tubing
- Three Adjustable Straps
- Power Cord

# What's Included:

- ✓ Ice Therapy Machine
- ✓ Universal Therapy Pad
- ✓ Insulated Tubing
- ✓ Three Adjustable Straps



Image: An exploded view showing the main components: the therapy machine, universal therapy pad, insulated tubing, and three adjustable straps.

## SETUP INSTRUCTIONS

1. **Prepare the Base Unit:** Add ice to the designated ice fill line on the base unit. Then, add cold water to the designated water fill line.



# A Recovery Essential

Reduces post-surgery swelling  
& inflammation



Image: A user filling the machine's reservoir with ice and water, highlighting the clear fill lines.

2. **Secure the Lid:** Securely place the therapy machine lid onto the base unit.

# Generously Sized



Image: A user attaching the lid to the base unit, demonstrating the leak-proof design and mesh filter.

3. **Connect Tubing:** Insert the insulated hose connection into the unit until an audible click is heard. Then, attach the therapy pad to the insulated hose, ensuring another audible click.
4. **Power Connection:** Connect the power cord to the unit and then to a grounded electrical outlet.

## OPERATING INSTRUCTIONS

1. **Power On:** Press the power switch located on the back of the unit lid to turn on the machine.
2. **Adjust Settings:** Press and hold the 'M' button. Use the up and down arrows to select your desired rate of flow and duration of the treatment session. Press 'M' again to confirm your selection.
3. **Apply Therapy Pad:** Secure the universal therapy pad to the desired body part using the adjustable bands. Ensure the pad is comfortably snug but not overly tight to allow proper water flow.



**vive®**  
**Cold Therapy Machine**

**Similar-Looking Cold Therapy Machines**



✓

**Ultra-Quiet Pump**

Doesn't distract you

✓

**Flexible Pad**

Contours to any body part

✓

**Larger Therapy Pad**

Heals more surface area

✗

**Loud Pump**

Is distracting

✗

**Rigid Pad Design**

Doesn't cool your body well

✗

**Smaller Therapy Pad**

Isn't as effective

Image: A user demonstrating the application of the therapy pad to the knee, secured with straps.

4. **Treatment Duration:** The machine will operate for the selected duration. You can adjust timer settings and variable flow rates for complete customization during use.

## MAINTENANCE

- **Draining:** After each use, completely drain the water from the unit and the therapy pad.
- **Cleaning:** Keep hoses and connectors free of dust and other contaminants. Wipe down the exterior of the unit with a damp cloth as needed. Do not submerge the main unit in water.
- **Storage:** Store the unit in a clean, dry place when not in use.

## TROUBLESHOOTING

Problem	Possible Cause	Solution
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Problem	Possible Cause	Solution
Machine does not turn on.	Power cord not properly connected or no power from outlet.	Ensure power cord is securely plugged into the unit and a working grounded outlet.
Water flow is weak or inconsistent.	Insufficient water/ice, kinked tubing, or clogged filter.	Check ice and water levels. Ensure tubing is not kinked. Verify the mesh filter in the lid is clean and free of debris.
Leaking at connections.	Hoses not securely connected.	Ensure all hose connections are fully inserted until an audible click is heard. Check for any damage to the O-rings or connectors.
Condensation on hoses/connections.	Normal operation due to temperature difference.	This is normal and not indicative of a leak. Place a towel underneath if desired.

## SPECIFICATIONS

- **Model Number:** RHB1049GRY
- **Brand:** Vive
- **Package Dimensions:** 15.9 x 15.1 x 12.9 inches
- **Item Weight:** Approximately 0.01 ounces (Note: This weight seems incorrect and likely refers to packaging material. Actual unit weight will be higher.)
- **Manufacturer:** Vive Health
- **Tubing Length:** 5 feet (insulated)
- **Power Cord Length:** 5.8 feet
- **Therapy Pad Dimensions:** Approximately 11" x 12.5" (flexible, contours to body)



# What's Included:

- ✓ Ice Therapy Machine
- ✓ Universal Therapy Pad
- ✓ Insulated Tubing
- ✓ Three Adjustable Straps



Image: Visual representation of the dimensions for the main unit, therapy pad, tubing, and power cord.

## WARRANTY AND SUPPORT

The Vive Cold Therapy Machine comes with a **Vive 1-YEAR GUARANTEE**. For warranty claims or technical support, please contact Vive Health customer service.

**Contact Information:**

**Website:** [www.vivehealth.com](http://www.vivehealth.com)






**Phone:** Refer to Vive Health website for current contact numbers.

## IMPORTANT SAFETY INFORMATION

### Legal Disclaimer:

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This product is intended for cold therapy and should be used as directed by a healthcare professional.

## Related Documents - RHB1049GRY

	<p><a href="#">Vive Knee Ice Wrap Owner's Manual - Instructions and Warnings</a></p> <p>Comprehensive owner's manual for the Vive Knee Ice Wrap (SUP1070), detailing instructions for hot and cold therapy, usage guidelines, and important safety warnings.</p>
	<p><a href="#">Vive Ice Therapy Machine Owner's Manual RHB1049GRY</a></p> <p>Owner's manual for the Vive Ice Therapy Machine (Model RHB1049GRY). Includes setup instructions, usage guide, common application areas, care and maintenance, troubleshooting, and specifications.</p>
	<p><a href="#">Vive MOB1099 Knee Walker Owner's Manual and Assembly Guide</a></p> <p>Comprehensive owner's manual and assembly guide for the Vive MOB1099 Knee Walker. Learn how to assemble, operate, and maintain your mobility aid. Includes specifications and safety warnings.</p>
	<p><a href="#">Vive Standard Alternating Pressure Pad LVA3019BGE Quick Start Guide &amp; Specifications</a></p> <p>Get started quickly with the Vive Standard Alternating Pressure Pad (LVA3019BGE). This guide covers setup, how it works, cleaning, repair, and detailed specifications for effective pressure relief.</p>
	<p><a href="#">HTC VIVE Wireless Adapter User Guide: Setup, Features, and Troubleshooting</a></p> <p>Comprehensive user guide for the HTC VIVE Wireless Adapter. Learn how to set up, connect, and troubleshoot your wireless VR experience for VIVE, VIVE Pro, and VIVE Cosmos series headsets.</p>



[VIVE 2QB9100 VR Controller User Guide](#)

This guide provides instructions for setting up, charging, powering on/off, and pairing the VIVE 2QB9100 VR controller with the VIVE Focus 3 headset. It details component identification and LED indicators.