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Brand: Healcity | Model: F12-1

1. IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before using this device. Failure to follow safety guidelines may result in injury or damage to the product.

- Do not use if pregnant or breastfeeding.
- Consult a physician before use if you have a pacemaker, organ transplant, epilepsy, open wounds on feet, or any serious medical condition.
- Keep out of reach of children.
- Ensure the device is unplugged when not in use or during cleaning.
- Use only the provided power adapter.
- Do not immerse the main unit in water.

2. PACKAGE CONTENTS

Verify that all items are present in your package:

- 1 x Ionic Detox Foot Bath Machine (Main Unit)
- 2 x Black Arrays
- 2 x Waist Belts
- 2 x Wrist Straps
- 1 x Power Cable
- 2 x Fuses
- 1 x Instruction Manual
- 10 x Liners



Figure 2.1: Main unit and accessories including arrays, wrist straps, and power cable.

3. PRODUCT OVERVIEW

The Healcity F12-1 Ionic Detox Foot Bath Machine utilizes advanced ion technology for foot bathing. Designed for dual users, it allows two individuals to use the system simultaneously without interference. The device features a large digital LCD display for easy monitoring and control. It is suitable for home use, individual sessions, beauty clubs, salon spas, and health centers.

DUAL FOOT DETOX SYSTEM

Dual use of non-interference at the same time, double system operation control alone does not cross-line, more stable and safe operation.



Figure 3.1: The dual-user capability of the Ionic Detox Foot Bath Machine.

4. SETUP INSTRUCTIONS

1. **Prepare the Foot Basin:** Place a liner inside a foot basin (not included) and fill it with warm water. Ensure the water level is sufficient to cover your feet.
2. **Connect the Array:** Insert the black array into the designated 'ARRAY' port on the main unit. Place the array into the water-filled foot basin.
3. **Attach Wrist Strap:** Securely fasten a wrist strap around your wrist, ensuring the metal contact is flush with your skin. Connect the wrist strap to the 'WRIST STRAP' port on the main unit.
4. **Power Connection:** Connect the power cable to the main unit and then plug it into a power outlet. Turn on the main power switch located at the back of the unit.
5. **Add Salt:** Add a small amount of salt (e.g., 1/8 teaspoon) to the water. The optimal amperage reading should be between 1.6 and 2.0. Adjust salt quantity gradually to achieve this range.

DUAL IONIC DETOX FOOT BATH MACHINE



Multiple pre-programmed

30 mins setting time

Dual Foot Detox System

LCD display

Complete fittings

Negative ions

Figure 4.1: Proper connection of the array and wrist strap to the main unit.

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Video 4.2: A seller-provided guide demonstrating the setup and use of the Ionic Detox Foot Bath Machine.

5. OPERATING INSTRUCTIONS

- Select Mode and Time:** Use the 'MODE' buttons (A or B) to select your desired treatment mode. Adjust the session time using the '+' and '-' buttons. A typical session lasts 30 minutes.
- Start Session:** Once your feet are in the water and all connections are secure, press the 'START/STOP' button to begin the session.
- Monitor Progress:** The LCD display will show the remaining time and amperage. The water color will gradually change during the session, indicating the ionic process is active.
- End Session:** The machine will automatically stop after the set time. You can also manually stop the session by pressing 'START/STOP'.

REVITALIZE DETOX AND RELAX WITH IONIC FOOT BATH



Figure 5.1: Visual representation of water color change during a session.

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Video 5.2: A seller-provided video demonstrating how to use the dual user detox foot bath machine.

6. USAGE GUIDELINES

For optimal results, it is recommended to use the Ionic Detox Foot Bath Machine twice a week. After approximately 12 sessions, users typically report feeling more energetic and refreshed.

- **Session Duration:** Each session should last for 30 minutes.
- **Frequency:** Use the device up to two times per week.
- **Hydration:** Ensure adequate hydration before and after each session.

7. MAINTENANCE AND CARE

Proper maintenance ensures the longevity and effective operation of your device:

- **Clean the Array:** After each use, replace the water in the basin and wash the array with clean water to remove any residue.
- **Foot Basin:** Dispose of used liners and clean the foot basin thoroughly after each session.

- **Storage:** Store the main unit and accessories in a cool, dry place away from direct sunlight.

8. TROUBLESHOOTING

If you encounter any issues, refer to the following common troubleshooting tips:

- **Mode and Time Display Blinking:** If the mode and time display blink after pressing Start, it indicates no current value. Ensure the wrist strap metal contact is well-connected to the skin and both the array and feet are in the water simultaneously.
- **Machine Beeping and Showing 'Add Water':** If the amperage reading ('A' value) exceeds 2.5, the machine may beep and display 'add water'. This indicates the salt concentration is too high. Replace some of the water with fresh water and re-adjust salt levels gradually to target an amperage reading within 1.6-2.0.
- **No Power:** Check the power cable connection and ensure the main power switch is on. Verify that the fuse is not blown; replace if necessary.

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Video 8.1: A seller-provided video explaining how to use the dual detox machine and addressing common issues.

9. SPECIFICATIONS

Feature	Detail
Product Dimensions	16.14 x 6.5 x 17.52 inches
Item Weight	0.7 Ounces
Item Model Number	F12-1
UPC	600685985304
Power Source	Corded Electric (DC 15V Output)
Material	Bamboo (Note: This might refer to a component or packaging, not the main unit material)

10. WARRANTY AND SUPPORT

Your Healcity F12-1 Ionic Detox Foot Bath Machine comes with a one-year warranty. Free technical support is available to assist with any product-related inquiries or issues.

For warranty claims or technical assistance, please refer to the contact information provided in your purchase documentation or on the official Healcity website.