

Vega VEG1002/100/102

Vega Protein Snack Bar Instruction Manual

1. INTRODUCTION

This manual provides essential information for the Vega Protein Snack Bar. These plant-based protein bars are designed as a convenient snack, offering 10 grams of protein and 4 grams of fiber per bar. They are vegan, gluten-free, and made without artificial flavors, colors, or preservatives.

2. PRODUCT OVERVIEW

The Vega Protein Snack Bar is formulated with plant-based ingredients to support your nutritional needs. Key features include:

- **Premium Plant-Based Protein:** Contains 10 grams of protein derived from brown rice, pea protein, and hemp.
- **Fiber Content:** Provides 4 grams of fiber from chia and hemp seeds.
- **Dietary Certifications:** Certified vegan, non-GMO project verified, and gluten-free.
- **Ingredient Purity:** Free from artificial flavors, colors, and preservatives.
- **Convenient Packaging:** Designed for on-the-go consumption.

3. INGREDIENTS AND NUTRITIONAL INFORMATION

The Vega Protein Snack Bar is made with a blend of plant-based ingredients. For detailed nutritional values, refer to the nutrition facts label.

Key Ingredients:

Pea protein crisps (pea protein, rice starch), organic brown rice syrup, organic tapioca syrup, almonds, almond butter, brown rice protein, organic sugar, inulin (from chicory root), pea protein, organic agave syrup, organic date paste, cocoa powder (processed with alkali), palm kernel oil, chocolate liquor, sacha inchi oil, brown rice crisps, cocoa powder, organic tapioca solids, organic buckwheat, natural flavor, sunflower lecithin, chia seeds, sea salt, hemp seeds, organic vanilla extract.

Nutrition Facts:



Image: Detailed Nutrition Facts label for the Vega Protein Snack Bar, providing per-serving values for calories, fat, carbohydrates, fiber, sugars, and protein, along with a list of ingredients.

4. USAGE INSTRUCTIONS

The Vega Protein Snack Bar is ready to eat directly from the packaging. No preparation is required.

Recommended Use:

Consume as a snack between meals, after workouts, or whenever a convenient source of plant-based protein and fiber is desired.

DELICIOUS, CHEWY & CRAVE-WORTHY



Image: A close-up of a hand holding an unwrapped Vega Protein Snack Bar, illustrating its texture and readiness for consumption.

5. IMPORTANT SAFETY INFORMATION

- **Allergen Warning:** Contains almonds. Manufactured in a facility that also processes peanuts, dairy, soy, egg, and other tree nuts. May contain nut shell pieces. Individuals with allergies to these ingredients should exercise caution.
- **FDA Disclaimer:** Statements regarding dietary supplements have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure, or prevent any disease or health condition.
- **Expiration Date:** Vega product expiration dates are listed in the format: DD/MM/YYYY (date/month/year). Consume before the indicated date for optimal quality.

6. SPECIFICATIONS

Attribute	Detail
Brand	Vega

Item Model Number	VEG1002/100/102
UPC	838766080895
Product Dimensions	7 x 5.9 x 2.9 inches
Item Weight	1.19 Pounds
Units	19 Ounce
Type	Protein
Product Benefits	High Protein, High Fiber, Vegan-Friendly, Gluten-Free

7. PRODUCT IMAGES

Nutrition Facts	
Amount Per Serving	
Calories 190	Calories from Fat 70
	% Daily Value*
Total Fat 8g	12%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 80mg	3%
Total Carbohydrate 21g	7%
Dietary Fiber 4g	16%
Sugars 11g	
Protein 10g	16%
Vitamin A	0% • Vitamin C 0%
Calcium	4% • Iron 0%

INGREDIENTS: PEA PROTEIN CRISPS (PEA PROTEIN, RICE STARCH), ORGANIC BROWN RICE SYRUP, ORGANIC TAPIOCA SYRUP, ALMONDS, ALMOND BUTTER, BROWN RICE PROTEIN, ORGANIC SUGAR, INULIN (FROM CHICORY ROOT), PEA PROTEIN, ORGANIC AGAVE SYRUP, ORGANIC DATE PASTE, COCOA POWDER (PROCESSED WITH ALKALI), PALM KERNEL OIL, CHOCOLATE LIQUOR, SACHA INCHI OIL, BROWN RICE CRISPS, COCOA POWDER, ORGANIC TAPIOCA SOLIDS, ORGANIC BUCKWHEAT, NATURAL FLAVOR, SUNFLOWER LECITHIN, CHIA SEEDS, SEA SALT, HEMP SEEDS, ORGANIC VANILLA EXTRACT. CONTAINS ALMONDS, MANUFACTURED IN A FACILITY THAT ALSO PROCESSES PEANUTS, DAIRY, SOY, EGG AND OTHER TREE NUTS. MAY CONTAIN NUT SHELL PIECES.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Image: A box containing multiple Vega Protein Snack Bars, Chocolate Caramel flavor, with clear branding.

PRODUCTS THAT ARE GOOD FOR THE BODY, FEED THE MIND, AND RESPECT THE PLANET



NON GMO VERIFIED



CERTIFIED VEGAN



GLUTEN FREE



NO ARTIFICIAL COLORS, FLAVORS, OR PRESERVATIVES

Image: Display of product certifications including Non-GMO Project Verified, Certified Vegan, Gluten-Free, and absence of artificial colors, flavors, or preservatives.

8. PRODUCT VIDEOS

No official seller-provided product videos are available for embedding in this manual.

9. MAINTENANCE

Vega Protein Snack Bars require no specific maintenance. Store in a cool, dry place away from direct sunlight to maintain product quality.

10. TROUBLESHOOTING

If the product appears melted or altered in texture, it may have been exposed to high temperatures. While still safe to consume if within the expiration date, optimal texture and appearance may be affected. Store in appropriate conditions to prevent this.

11. WARRANTY AND SUPPORT

Specific warranty information for Vega Protein Snack Bars is not provided in the product details. For any product-related inquiries, concerns, or support, please contact Vega directly through their official website or customer service channels.