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## **Everlasting Comfort Knee Pillow**

# **Everlasting Comfort Memory Foam Leg & Knee Pillow User Manual**

Model: Knee Pillow

## **INTRODUCTION**

Thank you for choosing the Everlasting Comfort Memory Foam Leg & Knee Pillow. This manual provides essential information for the proper setup, operation, maintenance, and care of your new pillow. Designed with premium memory foam and a dual concave shape, this pillow offers optimal support for side sleepers, aiming to alleviate hip, knee, and lower back pain by promoting proper spinal alignment. Its adjustable strap ensures the pillow stays securely in place throughout the night. Please read this manual thoroughly before first use to ensure maximum comfort and longevity of your product.

## **PRODUCT FEATURES**

- **Premium Memory Foam:** Conforms to your body's contours for personalized support.
- **Dual Concave Design:** Ergonomically shaped to fit comfortably between your knees.
- **Adjustable Strap:** Keeps the pillow securely in position, preventing shifting during sleep.
- **Soft, Breathable Cover:** Made from air-layer fabric for enhanced comfort.
- **Machine Washable Cover:** Removable cover for easy cleaning and hygiene.
- **Multi-functional Use:** Can be used between knees, shins, or as an arm prop for various sleep styles and support needs.



## QUALITY YOU CAN FEEL

LENGTH 10.5"

HEIGHT 6"

WIDTH 8"

Figure 1: Key features of the Everlasting Comfort Memory Foam Leg & Knee Pillow, highlighting its 100% memory foam, soft breathable cover, dual concave design, and adjustable removable strap. Dimensions are 10.5" Length, 6" Height, and 8" Width.

### SETUP AND USAGE

#### Unpacking

Upon receiving your Everlasting Comfort Leg & Knee Pillow, carefully remove it from its packaging. The memory foam may require a short period to fully expand and regain its original shape after being compressed for shipping. Allow it to air out in a well-ventilated area for a few hours if there is any initial scent from the manufacturing process.

#### Proper Placement for Side Sleepers

For optimal spinal alignment and pain relief, position the pillow between your knees while lying on your side. The dual concave design is specifically engineered to cradle your knees comfortably, preventing them from touching and aligning your hips and spine.



Figure 2: Proper usage of the knee pillow for side sleepers, demonstrating placement between the knees with the adjustable strap secured around the upper leg for stability.

## Using the Adjustable Strap

The adjustable strap is designed to keep the pillow in place, even if you shift positions during the night. To use, simply

wrap the strap around your upper leg (thigh) and secure it. This prevents the pillow from slipping away, ensuring continuous support.

# IDEAL PREGNANCY SUPPORT



Figure 3: Demonstrates various ways to use the Everlasting Comfort Knee Pillow, including between the knees with and without the strap, between the shins, and supporting one leg to elevate the knee.

## Alternative Uses

While primarily designed for knee and leg support, the pillow's versatile shape allows for other uses:

- **Between Shins:** For lower leg support.
- **Under One Leg:** To elevate the knee or lower leg.
- **Arm Prop:** Can be used to support the arm and maintain upper body alignment, particularly for individuals with connective tissue disorders or shoulder discomfort.

## MAINTENANCE AND CARE

## Cleaning the Cover

The pillow features a removable, machine-washable cover for easy cleaning. Locate the zipper on the cover, carefully unzip it, and remove the memory foam insert. Wash the cover in cold water on a gentle cycle with mild detergent. Tumble dry on low heat or air dry. Do not bleach. Do not wash the memory foam insert; spot clean only if necessary with a damp cloth and mild soap, then air dry completely away from direct sunlight or heat.



Figure 4: Illustration of the easy maintenance of the pillow, showing the removable cover being placed into a washing machine for cleaning.

## Storage

Store the pillow in a cool, dry place away from direct sunlight. Avoid compressing the pillow for extended periods, as this may affect its memory foam properties over time.

## TROUBLESHOOTING

Problem	Possible Cause	Solution
Pillow slips out of place during sleep.	Strap not used or not tightened sufficiently.	Ensure the adjustable strap is securely fastened around your upper leg. Adjust tightness for comfort and stability.
Pillow feels too firm or too soft.	Initial use or temperature variations.	Memory foam adapts to body heat. Allow a few nights for the pillow to conform to your body. Room temperature can affect firmness; it may feel firmer in colder environments.
Pillow has an odor.	"New foam" smell from manufacturing.	This is normal and harmless. Remove the cover and air out the memory foam in a well-ventilated area for 24-48 hours before first use.
Discomfort or continued pain.	Incorrect positioning or underlying medical condition.	Review the "Setup and Usage" section for proper placement. Experiment with alternative uses. If discomfort persists, consult a healthcare professional.

## SPECIFICATIONS

- Brand:** Everlasting Comfort
- Model:** Knee Pillow
- Material:** Memory Foam, Polyester (Cover)

- **Color:** White
- **Product Dimensions:** 10" L x 8" W x 6" H (25.4 cm L x 20.32 cm W x 15.24 cm H)
- **Weight:** Approximately 13.58 ounces (385 grams)



Figure 5: Detailed dimensions of the Everlasting Comfort Knee Pillow, showing its length, width, and height.

## WARRANTY AND SUPPORT

Everlasting Comfort stands behind the quality of its products. For specific warranty details and customer support, please refer to the official Everlasting Comfort website or contact their customer service directly. Keep your proof of purchase for any warranty claims.

**Manufacturer:** Upper Echelon Products LLC

**Date First Available:** April 21, 2017

For further assistance, you may also refer to the [User Manual \(PDF\)](#) available online.

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This manual is for informational purposes only. Always consult with a healthcare professional for any medical conditions or concerns.

## Related Documents - Knee Pillow

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 <b>Ultrasonic Humidifier Manual</b> <small>READ AND SAVE THESE INSTRUCTIONS</small>	<p><a href="#"><b>Everlasting Comfort Ultrasonic Humidifier Manual - Model S-HUM</b></a></p> <p>User manual for the Everlasting Comfort Ultrasonic Humidifier (Model S-HUM), providing setup, operation, safety, troubleshooting, specifications, and maintenance instructions for optimal indoor air quality.</p>
 <b>Automatic Soap Dispenser Manual</b> <small>READ AND SAVE THESE INSTRUCTIONS</small>	<p><a href="#"><b>Everlasting Comfort Automatic Soap Dispenser Manual</b></a></p> <p>User manual for the Everlasting Comfort Automatic Soap Dispenser, providing comprehensive instructions on operation, safety precautions, maintenance, troubleshooting, and specifications.</p>
 <b>3.5L Humidifier User Manual</b> <small>READ AND SAVE THESE INSTRUCTIONS</small>	<p><a href="#"><b>Everlasting Comfort 3.5L Humidifier User Manual and Guide</b></a></p> <p>Comprehensive user manual for the Everlasting Comfort 3.5L Humidifier, covering setup, operation, maintenance, troubleshooting, and specifications. Learn how to use your humidifier safely and effectively.</p>
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