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MARATHON ST083000

MARATHON Adanac 3000 Digital Stopwatch Timer Instruction Manual

Model: ST083000

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1. PRODUCT OVERVIEW

The MARATHON Adanac 3000 Digital Stopwatch Timer is a high-precision timing instrument designed for various applications, including sports, coaching, and classroom use. It features a clear digital display, durable construction, and multiple operating modes. The stopwatch is water, dust, and shock resistant, ensuring reliability in diverse environments. It comes with a 46-inch lanyard for convenient portability.



Figure 1: MARATHON Adanac 3000 Digital Stopwatch Timer in red.

2. SETUP

2.1 Battery Installation

The Adanac 3000 stopwatch comes with 2 LR44 batteries pre-installed. If the display is faint or not working, battery replacement may be necessary. To replace batteries:

1. Locate the battery compartment on the back of the stopwatch.
2. Carefully remove the screws securing the battery cover. Note that there may be two different screw sizes.
3. Replace the old LR44 batteries with new ones, ensuring correct polarity.
4. Securely re-attach the battery cover and screws.

2.2 Attaching the Lanyard

The stopwatch includes a 46-inch lanyard. Thread the lanyard through the designated loop at the top of the stopwatch. The lanyard features an adjustable part to customize its length for comfortable wear.

around the neck.

3. OPERATING INSTRUCTIONS

The Adanac 3000 features three primary buttons: **SPLIT/RESET** (left), **MODE** (top center), and **START/STOP** (right).



Figure 2: Stopwatch buttons and display.

3.1 Stopwatch Mode

This is the primary mode for timing events with 1/100th second accuracy.

1. Press the **MODE** button until the stopwatch display (0:00:00) is shown.
2. To start timing, press the **START/STOP** button.
3. To pause timing, press the **START/STOP** button again.
4. To resume timing, press **START/STOP**.
5. To stop and reset the timer to zero, press **START/STOP** to stop, then press **SPLIT/RESET**.

3.2 Split Mode

Split mode allows you to record intermediate times while the main timer continues to run in the background.

1. In Stopwatch Mode, press **START/STOP** to begin timing.
2. To record a split time, press the **SPLIT/RESET** button. The display will momentarily show the split time while the main timer continues.
3. Press **SPLIT/RESET** again to return to the running total time.
4. Repeat step 2 and 3 for additional split times.
5. To stop the main timer, press **START/STOP**.
6. To reset, press **SPLIT/RESET**.

3.3 Time/Calendar Mode

This mode displays the current time, date, day of the week, and allows for alarm settings.

DYNAMIC DISPLAY

Time/Calendar displays the hour, minute, seconds, date, day & alarm.



Figure 3: Time/Calendar display.

1. Press the **MODE** button until the time and calendar display is shown.
2. To adjust the time or date, press and hold the **MODE** button until the digits begin to flash.
3. Use the **SPLIT/RESET** button to cycle through the adjustable fields (hours, minutes, date, day).
4. Use the **START/STOP** button to change the value of the flashing field.
5. Press **MODE** again to confirm settings and exit adjustment mode.
6. To set or activate the alarm, refer to the detailed instructions provided in the leaflet included

with your stopwatch.

4. MAINTENANCE

4.1 Cleaning

Wipe the stopwatch with a soft, damp cloth. Avoid using harsh chemicals or abrasive cleaners, as these can damage the casing or display.

4.2 Water Resistance

The Adanac 3000 is water resistant. This means it can withstand splashes, rain, and brief immersion in water. However, it is not designed for prolonged underwater use or diving. Ensure the battery compartment is securely closed after any battery replacement to maintain water resistance.

4.3 Storage

Store the stopwatch in a cool, dry place away from direct sunlight and extreme temperatures when not in use. For long-term storage, consider removing the batteries to prevent potential leakage, which can damage the device.

5. TROUBLESHOOTING

- Faint or Blank Display:** This often indicates low battery power. Replace the 2 LR44 batteries as described in the Setup section. Ensure batteries are seated correctly.
- Buttons Not Responding:** Check if the stopwatch is in the correct mode. If the issue persists after battery replacement, contact customer support.
- Inaccurate Timing:** The stopwatch is laser-tuned for 1/100th second accuracy. If you suspect inaccuracy, ensure proper button presses. If the problem continues, the unit may require servicing.
- No Audible Beep:** The stopwatch is designed to provide positive feedback with an audible beep. If the beep is absent, check for any obstructions or if the sound function has been inadvertently disabled (refer to the included leaflet for specific settings).

6. SPECIFICATIONS

Feature	Detail
Model Number	ST083000

Brand	MARATHON
Color	Red
Material	Plastic
Product Dimensions	0.5"D x 2.25"W x 2.75"H (1.27cm D x 5.72cm W x 6.99cm H)
Item Weight	2.4 ounces (68 grams)
Accuracy	1/100th Seconds
Resistance	Water, Dust & Shock Resistant
Lanyard Length	46 inches (116.84 cm)
Batteries	2 LR44 batteries (included)

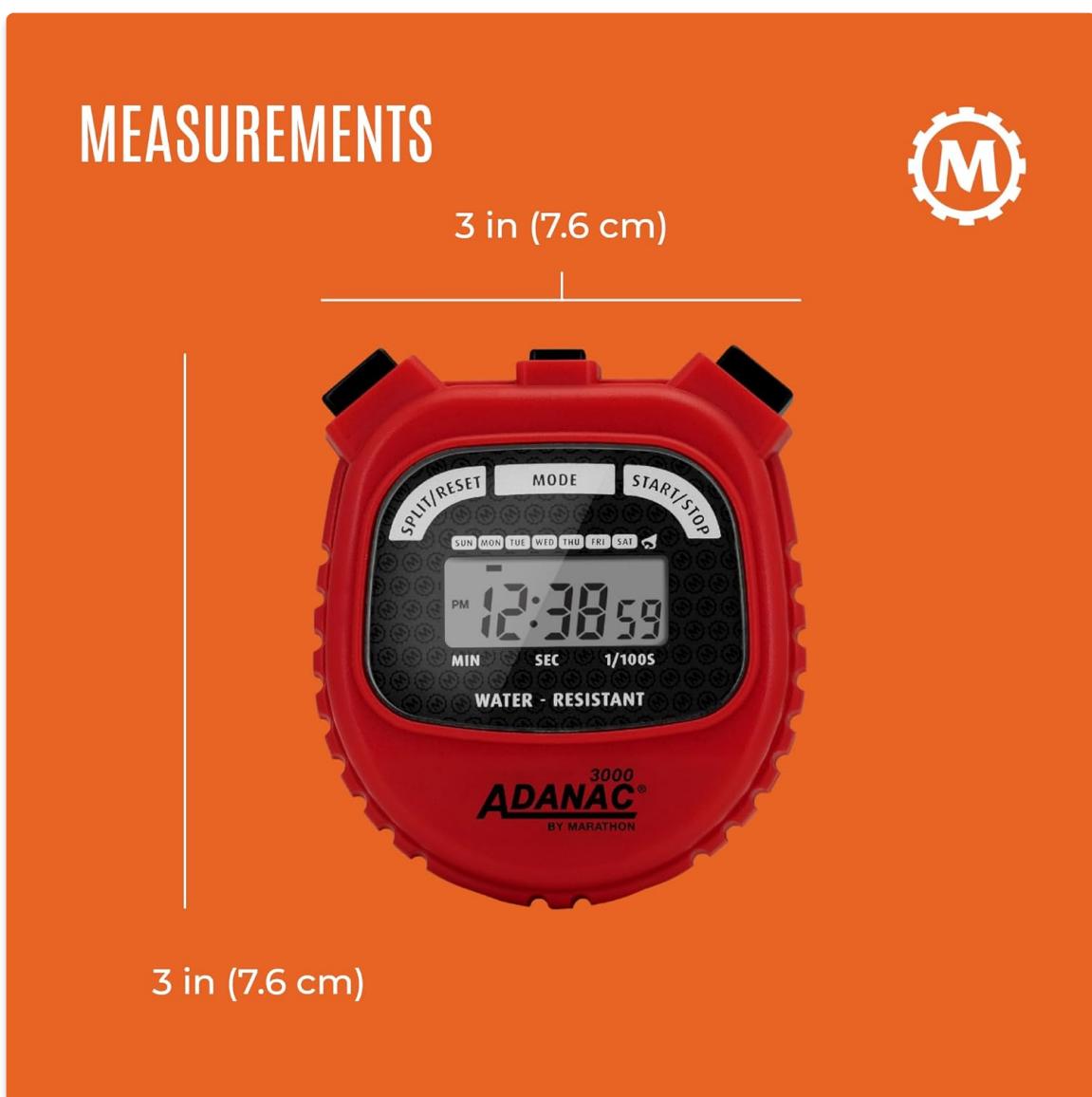


Figure 4: Product dimensions.

7. WARRANTY & SUPPORT

MARATHON has been manufacturing precision timing instruments since 1941, combining modern design sensibility with Swiss engineering and craftsmanship to ensure the highest quality products. For warranty information, product support, or service inquiries, please refer to the contact details provided in the packaging or visit the official MARATHON website.

The product is sold by Marathon Watch Company, ensuring direct support from the manufacturer.

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