



Manuals.plus /

- › Roscoe Medical /
- › Roscoe Medical Premium TENS Unit Pads E201-20A User Manual

Roscoe Medical E201-20A

Roscoe Medical Premium TENS Unit Pads E201-20A User Manual

Model: E201-20A | Brand: Roscoe Medical

1. INTRODUCTION

This manual provides essential instructions for the proper use and maintenance of your Roscoe Medical Premium TENS Unit Pads. These medical-grade electrodes are designed for use with Transcutaneous Electrical Nerve Stimulation (TENS) units and other electrotherapy devices to deliver electrical currents effectively and comfortably.

Please read this manual thoroughly before using the product to ensure safe and optimal performance.



Image 1.1: Roscoe Medical Premium TENS Unit Pads. This image displays a pack of 16 TENS unit pads, showing their square shape and pigtail connectors, ready for use with compatible electrotherapy devices.

2. SAFETY INFORMATION

Always consult with a healthcare professional before using TENS unit pads, especially if you have pre-existing medical conditions, are pregnant, or have a pacemaker. Do not apply pads over open wounds, irritated skin, or areas with decreased sensation. Keep out of reach of children.

These pads are for external use only. Discontinue use if skin irritation occurs.



Image 2.1: FDA Approved Seal. This seal indicates that the product is safe and effective for pain relief when used as directed.

3. SETUP AND CONNECTION

3.1 Preparing the Skin

For optimal adhesion and conductivity, ensure the skin area where the pads will be applied is clean, dry, and free of lotions, oils, or excessive hair. Clean the skin thoroughly before each use.

3.2 Connecting the Pads

1. Carefully remove the TENS unit pads from their protective liner.
2. Connect the pigtail lead wire from your TENS unit to the connector on the TENS pad. Ensure a secure connection. These pads feature a 2.0mm pigtail style connection.
3. Apply the adhesive side of the pad firmly to the prepared skin area.

Pig Tail Connection

Each TENS 7000 Electrode Has a 2.0mm Pig Tail Style Connection



Image 3.1: Pigtail Connection Detail. This image illustrates the 2.0mm pigtail style connection on the TENS unit pad, showing how it connects to a lead wire.

4. OPERATING INSTRUCTIONS

4.1 Pad Placement

Place the pads on or around the area requiring stimulation, following the guidance of your healthcare professional or the instructions provided with your TENS unit. Avoid placing pads directly over joints or bony prominences where they may not adhere well.



Image 4.1: Example Pad Placements. This image demonstrates various common placements for TENS unit pads on the neck, lower back, shoulder, elbow, knee, and calf for targeted stimulation.

4.2 Compatibility

These premium TENS unit pads are compatible with most TENS machines that utilize a pigtail plug-in type of electrodes. This includes, but is not limited to, the following models:

- TENS 3000
- TENS 7000
- InTENSity 10, 12
- Twin Stim III, Twin Stim IV & Plus 3rd Edition
- InTENSity IF Combos
- InTENSity 5000 Hybrid
- Other TENS and EMS devices using 2.0mm pigtail connections.

Pads for the TENS 7000 Devices



Also Compatible With These Type Of TENS Units



That Use Pig Tail Plug-In
Type Of Electrodes



Image 4.2: Compatible TENS Devices. This image displays two TENS 7000 units and other generic TENS units, illustrating the type of devices these pads are compatible with, specifically those using pigtail plug-in electrodes.

4.3 Initiating Treatment

Once pads are securely connected and applied, turn on your TENS unit and adjust the intensity settings according to your comfort level and your healthcare professional's recommendations. Refer to your TENS unit's manual for specific operating instructions.

5. MAINTENANCE AND STORAGE

Proper care and storage are crucial for maximizing the lifespan of your TENS unit pads. These pads are designed for multiple uses (approximately 8-10+ uses with proper care).

5.1 After Each Use

- Gently peel the pads from your skin. Avoid pulling on the lead wires.
- Return the pads to their original plastic liner or a dedicated TENS pad case immediately after use. This prevents them from drying out and helps maintain their adhesive quality.
- Store the pads in a cool, dry place, away from direct sunlight and extreme temperatures.

5.2 Maintaining Adhesion

The stickiness of the pads is essential for effective stimulation. Factors such as excess hair, make-up, lotions, and skin oils can reduce adhesion. Ensure skin is clean before each application. If pads begin to lose stickiness, gently wipe the adhesive surface with a damp cloth or a small amount of rubbing alcohol. Allow to air dry completely before re-applying to the plastic liner.



Image 5.1: TENS Unit Pads Packaging. This image shows the packaging for the 16-count TENS unit pads, highlighting their self-adhering and latex-free properties, and indicating they are premium quality electrotherapy pads.

6. TROUBLESHOOTING

6.1 Loss of Adhesion

If pads are not sticking well, ensure your skin is clean and dry. Refer to Section 5.2 for tips on maintaining adhesion. If pads are old or heavily used, they may need replacement.

6.2 Poor Stimulation or Discomfort

- **Check Connections:** Ensure lead wires are securely plugged into both the TENS unit and the pads.
- **Pad Placement:** Verify pads are fully adhered to the skin and not lifting at the edges. Improper contact can lead to uneven stimulation or stinging sensations.
- **Pad Condition:** Worn-out pads may not conduct electricity evenly. Replace pads if they appear dry, cracked, or have significantly lost their adhesive gel.
- **TENS Unit Settings:** Consult your TENS unit's manual to ensure settings are appropriate for your treatment.

If issues persist after trying these steps, contact customer support.

7. SPECIFICATIONS

Feature	Detail
Model Number	E201-20A
Pad Dimensions	2" x 2" (Square)
Quantity	16 Count (8 pairs)
Connection Type	2.0mm Pigtail
Material	Medical-grade, Latex-free
Adhesive	Pre-gelled, Self-adhesive
Reusable	Yes (approx. 8-10+ uses with proper care)
UPC	092237620595

8. WARRANTY AND SUPPORT

For any questions, concerns, or troubleshooting assistance, please contact Roscoe Medical's Consumer Therapy Support team. Our team is available to help guide you and address any issues you may encounter.

Contact Information:

Phone: 800.871.7858 (extensions x640 or x606)

Please note that TENS unit pads are disposable items and their lifespan is dependent on proper care and usage. There is no explicit warranty information provided for the pads themselves, but support is available for usage guidance.