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## Sanitas SMG 80

# Sanitas Vacuum Massager SMG 80

Instruction Manual

## 1. INTRODUCTION

The Sanitas Vacuum Massager SMG 80 is designed for deep, effective negative pressure massage. This device helps in muscle relaxation and loosening, and promotes blood circulation in various body areas. It is suitable for use on the abdomen, décolleté, neck, back, arms, thighs, and calves. Key features include continuously adjustable suction intensity, a light function, and an automatic shut-off feature for convenience and safety.



Image 1.1: The Sanitas Vacuum Massager SMG 80 device. This image shows the main unit of the massager, highlighting its ergonomic design and control buttons.

## 2. SAFETY INFORMATION

Please read all safety instructions carefully before using the device to ensure safe operation and prevent injury.

- Always adjust the suction intensity to a comfortable level for your skin and body area. Excessive suction can cause bruising or discomfort.
- Keep the device charged. Do not use the massager while it is charging.
- Avoid using the device on body parts that are not recommended, such as sensitive areas, open wounds, inflamed skin, or areas with varicose veins. Consult a medical professional if you have any concerns.
- This device is for personal use only and should not be used for medical treatment without professional guidance.

### 3. PACKAGE CONTENTS

Upon unpacking, please ensure all items listed below are present and in good condition:

- 1 x Sanitas Vacuum Massager SMG 80 main unit
- 4 x Suction cups (various sizes/shapes)
- 1 x Storage bag
- 1 x Instruction Manual (this document)



Image 3.1: The Sanitas Vacuum Massager SMG 80 product box. This image displays the retail packaging, indicating the product name, brand, and key features.



Image 3.2: The Sanitas Vacuum Massager SMG 80 shown with all four included suction cups. This image illustrates the different sizes and shapes of the attachments provided for various body areas.

## 4. SETUP

1. **Initial Charging:** Before the first use, fully charge the device for approximately 3 hours. The battery indicator will show the charging status.
2. **Attach Suction Cup:** Select the desired suction attachment based on the body area you intend to massage. Gently twist or push the chosen suction cup onto the device's nozzle until it is securely attached.





*Image 4.1: The Sanitas Vacuum Massager SMG 80 with a single suction cup attached. This demonstrates how to connect an attachment to the main unit before use.*

## 5. OPERATING INSTRUCTIONS

1. **Power On:** Press and hold the power button (usually marked with an 'On/Off' symbol) to turn on the device.
2. **Adjust Suction Intensity:** Use the intensity control (often a dial or buttons) to set the suction strength to a

comfortable level. Start with a lower intensity and gradually increase as desired.

3. **Activate Light Function (Optional):** If desired, press the light button to activate the integrated light function.
4. **Apply to Body:** Place the massager, with the attached suction cup, onto the desired body area. Ensure the suction cup forms a seal with the skin and apply even pressure.
5. **Massage:** Move the device slowly and smoothly over the skin, allowing the vacuum action to work. Do not leave the device stationary on one spot for too long to avoid excessive bruising.
6. **Automatic Shut-off:** The device may have an automatic shut-off feature after a certain period of use. This is a safety feature to prevent overuse.
7. **Power Off:** When finished, press and hold the power button to turn off the device.

## 6. MAINTENANCE AND CLEANING

Proper maintenance ensures the longevity and hygienic use of your Sanitas Vacuum Massager SMG 80.

- **Cleaning Attachments:** After each use, detach the suction cups and clean them thoroughly with mild soap and water. Rinse well and allow them to air dry completely before storing.
- **Cleaning Main Unit:** Wipe the main unit with a soft, damp cloth. Do not immerse the main unit in water or use abrasive cleaners.
- **Storage:** Store the device and all attachments in the provided storage bag in a cool, dry place, away from direct sunlight and extreme temperatures.



*Image 6.1: The white storage bag included with the Sanitas Vacuum Massager SMG 80. This bag is designed to keep the device and its accessories organized and protected.*

## 7. TROUBLESHOOTING

If you encounter any issues with your Sanitas Vacuum Massager SMG 80, please refer to the following

common solutions:

- **Device not turning on:** Ensure the device is fully charged. Connect it to the charger for 3 hours.
- **Weak suction:** Check if the suction cup is securely attached and forms a tight seal with the skin. Ensure the suction intensity is set to an appropriate level.
- **Discomfort during use:** Reduce the suction intensity. Ensure the device is moved continuously and not left on one spot for too long. Discontinue use if discomfort persists.
- **Battery not holding charge:** Ensure you are using the correct charging cable and adapter. If the issue persists after several charging cycles, contact customer support.

## 8. SPECIFICATIONS

Feature	Specification
Model Number	SMG 80
Brand	Sanitas
Power Source	Battery (Rechargeable)
Charging Time	Approx. 3 hours
Material	Plastic
Color	Pink
Massage Type	Vacuum Massage (Negative Pressure)
Specific Use	Neck, Back, Arms, Thighs, Calves, Abdomen, Décolleté
Product Benefits	Muscle relaxation, loosening, improved blood circulation
Wireless Operation	Yes
Special Features	Continuously adjustable suction intensity, Light function, Automatic shut-off, Battery and charging indicator
Package Dimensions	24.1 x 12 x 9.7 cm
Weight	530 g