

Manuals+

[Q & A](#) | [Deep Search](#) | [Upload](#)

manuals.plus /

> [Armitron](#) /

> [Armitron Sport Digital Chronograph Watch 40/8423 User Manual](#)

Armitron 40/8423

Armitron Sport Digital Chronograph Watch 40/8423 User Manual

Model: 40/8423

INTRODUCTION

This manual provides detailed instructions for the setup, operation, and maintenance of your Armitron Sport Digital Chronograph Watch, model 40/8423. This watch features a digital display with multiple functions including time, date, chronograph, lap time, alarm, military time, and backlight.





Image: Front view of the Armitron Sport Digital Chronograph Watch, model 40/8423, in Navy Blue/Grey. The digital display shows "10:10" and "00" seconds, with buttons labeled SET/EL, MODE, START/PAUSE, and ADJ around the bezel.

BUTTON FUNCTIONS

Familiarize yourself with the watch buttons:

- **SET/EL (Top Left):** Used to enter setting modes and activate the electroluminescent backlight.
- **MODE (Bottom Left):** Cycles through different watch modes (Time, Chronograph, Alarm).
- **START/PAUSE (Top Right):** Used to start/stop functions in chronograph mode and adjust values in setting modes.
- **ADJ (Bottom Right):** Used to adjust values in setting modes and reset functions.

SETUP: SETTING TIME AND DATE

Follow these steps to set the time and date on your watch:

1. From the normal time display, press the **MODE** button repeatedly until the seconds begin to flash. This indicates you are in time setting mode.
2. Press the **ADJ** button to reset the seconds to zero. If the seconds are reset when the value is between 30 and 59, the minutes will advance by one. If reset when between 00 and 29, the minutes remain unchanged.

3. Press the **START/PAUSE** button to move the flashing selection to the minutes.
4. Press the **ADJ** button to adjust the minutes.
5. Press the **START/PAUSE** button to move the flashing selection to the hour.
6. Press the **ADJ** button to adjust the hour. Note the 'A' or 'P' indicator for AM/PM, or 'H' for 24-hour (military) format.
7. Continue pressing **START/PAUSE** to cycle through setting the year, month, and day. Use the **ADJ** button to change the values for each.
8. Once all settings are correct, press the **MODE** button to exit the setting mode and return to the normal time display.

Tip: It is recommended to keep these instructions handy for future adjustments, as the setting process can be intricate.

OPERATING MODES

Your watch offers several operational modes. Press the **MODE** button to cycle through them:

- **Time Display:** Shows current time (hours, minutes, seconds), day of the week, and date. Press **SET/EL** to activate the backlight for approximately 3 seconds.
- **Chronograph (Stopwatch):**
 - Press **MODE** until "CHRONO" or a similar indicator appears.
 - Press **START/PAUSE** to begin timing.
 - Press **START/PAUSE** again to pause timing.
 - Press **ADJ** to reset the chronograph to zero while paused.
 - To record lap times, press **ADJ** while the chronograph is running. The lap time will display briefly, and the main chronograph will continue running in the background.
- **Alarm:**
 - Press **MODE** until "ALARM" or a bell icon appears.
 - Press **SET/EL** to enter alarm setting mode (hour will flash).
 - Use **ADJ** to set the hour, then **START/PAUSE** to move to minutes.
 - Use **ADJ** to set the minutes.
 - Press **SET/EL** to confirm and exit.
 - To turn the alarm ON/OFF, press **ADJ** in the alarm display mode (without flashing). An alarm icon will appear when active.
- **Military Time (24-Hour Format):** The watch supports both 12-hour (AM/PM) and 24-hour (military) time formats. This setting is typically adjusted during the initial time setup. When setting the hour, repeatedly press **ADJ** to cycle between 12-hour and 24-hour formats.
- **Backlight:** Press the **SET/EL** button at any time to illuminate the display for approximately 3 seconds.

MAINTENANCE

Water Resistance

Your Armitron Sport watch is water resistant to 165 feet (50 meters). This means it is suitable for short periods of recreational swimming, but not for diving or snorkeling. Avoid pressing buttons underwater, as this can compromise the water resistance.

Battery Replacement

The watch uses 1 Lithium Metal battery (included). When the display becomes dim or functions become erratic, the battery may need replacement. Battery replacement should ideally be performed by a qualified watch technician to ensure proper sealing and maintain water resistance.

Cleaning

Clean your watch with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials, which can damage the case or strap.

TROUBLESHOOTING

Problem	Possible Cause / Solution
Display is dim or difficult to read.	<p>The watch features a reverse LCD display, which can appear dimmer in certain lighting conditions.</p> <p>Ensure you are viewing the display at an optimal angle.</p> <p>Press the SET/EL button to activate the backlight for improved visibility in low light.</p> <p>Battery may be low. Consider professional battery replacement.</p>
Difficulty setting time/date.	<p>Refer to the "Setup: Setting Time and Date" section carefully. The sequence of button presses is specific.</p> <p>Ensure you are in the correct setting mode (seconds flashing).</p> <p>Be mindful of the seconds reset function and its effect on minutes.</p>
Watch is not functioning.	<p>The battery may be depleted. Seek professional battery replacement.</p> <p>If the watch has been exposed to water beyond its resistance rating, internal damage may have occurred.</p>

SPECIFICATIONS

- **Model Number:** 40/8423NVY
- **Movement:** Quartz
- **Display:** Digital Multifunctional, Reverse LCD
- **Case Material:** Resin
- **Lens Material:** Glass Crystal
- **Strap Material:** Silicone (Navy Blue and Light Grey double injected perforated)
- **Case Diameter:** 43.5mm
- **Water Resistance:** 165 feet (50M)
- **Functions:** Date, Chronograph, Lap Time, Alarm, Military Time, Backlight with three-second delay
- **Battery:** 1 Lithium Metal (included)
- **Product Dimensions:** 5 x 5 x 0.7 inches

- **Item Weight:** 1.6 ounces

WARRANTY AND SUPPORT

For warranty information or further support, please refer to the official Armitron website or contact Armitron customer service. Keep your purchase receipt as proof of purchase.

You can visit the official Armitron store for more products and support: [Armitron Store on Amazon](#).