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Hurtle HURVBTR85

Hurtle Vibration Platform Fitness Machine User Manual

Model: HURVBTR85

1. INTRODUCTION

The Hurtle Vibration Platform Fitness Machine (Model: HURVBTR85) is designed to provide a full-body workout through vibration-assisted exercise. This machine aims to improve muscle strength, flexibility, circulation, and aid in weight loss and fat burning. It features adjustable speed levels, preset workout modes, and a digital LCD display for monitoring your progress.



Image 1.1: The Hurtle Vibration Platform Fitness Machine, showcasing its compact design and integrated handles.

2. IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before using this appliance. Keep this manual for future reference. Improper use can lead to injury or damage to the unit.

- Consult with a healthcare professional before starting any new exercise program, especially if you have pre-existing medical conditions.

- Ensure the machine is placed on a stable, level surface.
- Keep children and pets away from the machine during operation.
- Do not use the machine if you are pregnant, have a pacemaker, or any other medical implant.
- Always wear appropriate athletic footwear during use.
- Do not exceed the maximum user weight capacity of 330 lbs.
- Unplug the machine from the power outlet when not in use or before cleaning.
- Do not attempt to disassemble or repair the machine yourself. Contact qualified service personnel.

3. PACKAGE CONTENTS

Verify that all components are present in the package:

- Hurtle Vibration Fitness Machine (Main Unit)
- (2) Resistance Bands
- Power Cable

4. ASSEMBLY INSTRUCTIONS

Assembly is required for this unit. Follow these general steps for setup:

1. Carefully unpack all components from the box.
2. Attach the main upright support to the base unit using the provided hardware. Ensure all bolts are securely tightened.
3. Connect the handle bars to the upright support, ensuring they are firmly in place.
4. Connect any necessary internal wiring for the control panel, as indicated in the detailed assembly diagram (refer to the included paper manual for specific diagrams).
5. Attach the resistance bands to the designated anchor points on the machine.
6. Before first use, ensure all connections are secure and the machine is stable.



Image 4.1: Visual guide showing key assembly points, including securing the upright support and connecting components.

5. OPERATING INSTRUCTIONS

The Hurtle Vibration Platform is designed for easy operation. Familiarize yourself with the control panel and various functions.

5.1. Control Panel Overview

Digital LCD Display with Touch Button Controls



Image 5.1: Close-up of the digital LCD display and touch button controls, showing readouts for Auto/BMI, Time, and Speed.

- **Power On/Off:** Use the dedicated power button on the control panel or the remote control to turn the machine on or off.
- **Adjusting Speed:** The machine offers 1 to 99 speed levels. Use the speed adjustment buttons on the control panel or remote to increase or decrease vibration intensity.
- **Time Setting:** Adjust the workout duration using the time setting buttons.
- **BMI Sensor:** The handles feature built-in BMI sensors. Hold the handles during operation to monitor your Body Mass Index.
- **Preset Workout Modes:** Utilize the built-in preset workout modes for targeted exercises focusing on the mid-section, abs, thighs, and buttocks.

5.2. Using Resistance Bands

The included resistance bands can be attached to the machine to incorporate upper body exercises into your vibration workout. This allows for a more comprehensive full-body training session.

5.3. Exercise Positions

Vibration-assisted exercise can be performed in various positions to target different muscle groups. Experiment with standing, sitting, or even plank positions on the platform to maximize your workout.

Vibration Assisted Exercise for Full Body Training



Image 5.2: Examples of various body positions on the vibration platform to engage different muscle groups for a full-body workout.

6. FEATURES AND BENEFITS

- **Adjustable Speed Levels:** Offers a wide range of 1 to 99 intensity settings with adjustable time, allowing for customized workouts.
- **Digital LCD Display:** Three LED screens provide easy monitoring of speed, time, and BMI, with intuitive touch button controls.
- **Full Body Workout:** High-powered vibration motor combined with two resistance bands supports comprehensive training for upper body, lower body, and core.
- **Health Benefits:** Promotes increased circulation, muscle strength, and flexibility. Contributes to better range of motion, core conditioning, stability, faster muscle recovery, enhanced metabolism, and reduction of stress

levels.

- **Remote Control:** Convenient remote control allows for easy adjustment of vibration speed and settings during your workout.
- **Revolutionary Vibrating Design:** Provides an effective and engaging fitness experience.
- **High-Powered Vibrations:** The 200-watt, 1.5 HP motor delivers powerful vibrations to assist in your fitness goals.
- **Versatile Use:** Perfect for sports training, weight loss, burning fat, and muscle toning. Ideal for all body types and age groups.

7. SPECIFICATIONS

Feature	Detail
Model Number	HURVBTR85
Motion Mode	Oscillation
Vibration Intensity Adjustment	1 - 99 Speed Levels
Motor Power	200 Watt, 1.5 HP
Display Type	Three LED Screens
Construction Materials	Powder Coated Steel, Engineered ABS
Maximum Person Weight Capacity	Up to 330 lbs.
Power Supply	120V
Assembled Size (L x W x H)	27.9" x 29.5" x 48.2" inches
Item Weight	73.86 Pounds
Operation Mode	Automatic
Handle Type	Adjustable
UPC	842893101798

8. MAINTENANCE

Proper maintenance ensures the longevity and optimal performance of your Hurtle Vibration Platform.

- **Cleaning:** Unplug the machine before cleaning. Wipe down the surfaces with a soft, damp cloth. Do not use abrasive cleaners or solvents.
- **Storage:** Store the machine in a cool, dry place away from direct sunlight and moisture.
- **Inspection:** Periodically check all bolts and connections to ensure they are tight.

9. TROUBLESHOOTING

If you encounter any issues with your Hurtle Vibration Platform, refer to the following common troubleshooting tips:

- **Machine does not power on:**
 - Ensure the power cable is securely plugged into both the machine and a working electrical outlet.
 - Check if the power outlet is functional by plugging in another device.
- **Vibrations are weak or inconsistent:**
 - Verify that the speed setting is appropriately adjusted.
 - Ensure the machine is on a flat, stable surface.
- **Display is not working:**
 - Check all cable connections, especially those related to the control panel, as per assembly instructions.
 - If the issue persists, contact customer support.

For issues not covered here, please contact Hurtle Customer Support.

10. WARRANTY AND SUPPORT

Hurtle products are designed for durability and performance. For warranty information and customer support, please refer to the contact details provided with your purchase or visit the official Hurtle website.

For assistance, you may also refer to the [User Manual \(PDF\)](#) available online.