

ANCHEER 5144

ANCHEER Mini Trampoline with Adjustable Handle

Model: 5144

1. IMPORTANT SAFETY INFORMATION

Please read this entire manual carefully before assembling and using the ANCHEER Mini Trampoline. Failure to follow these instructions may result in serious injury.

- **Adult Supervision Required:** Children must always be supervised by an adult while using the trampoline.
- **Weight Limit:** Do not exceed the maximum user weight of **220 pounds (100 kg)**.
- **Age Recommendation:** Suitable for children aged 3 years and older.
- **One User At A Time:** Only one person should use the trampoline at any given time to prevent collisions.
- **Clearance Area:** Ensure adequate overhead and surrounding clearance. Maintain a minimum of 8 feet (2.4 meters) overhead clearance and 2 feet (0.6 meters) around the trampoline.
- **Indoor Use Only:** This trampoline is designed for indoor use.
- **Inspect Before Use:** Always check the trampoline for loose or damaged parts before each use. Do not use if any components are compromised.
- **Proper Attire:** Users should wear appropriate athletic clothing and remove any sharp objects or jewelry.

2. PRODUCT COMPONENTS

Carefully unpack all components and verify that all parts are present before assembly. Refer to the diagram below for identification.

- 1 x Trampoline Frame with Jumping Mat and Springs

- 4 x Handlebar Tubes (for adjustable handle)
- 8 x Legs
- 2 x Nuts
- 6 x Locking Nuts
- 1 x Wrench
- 1 x PVC Safety Pad Cover



Image: Exploded view showing all components of the ANCHEER Mini Trampoline, including the main frame, jumping mat, springs, legs, handlebar parts, and tools.

3. ASSEMBLY INSTRUCTIONS

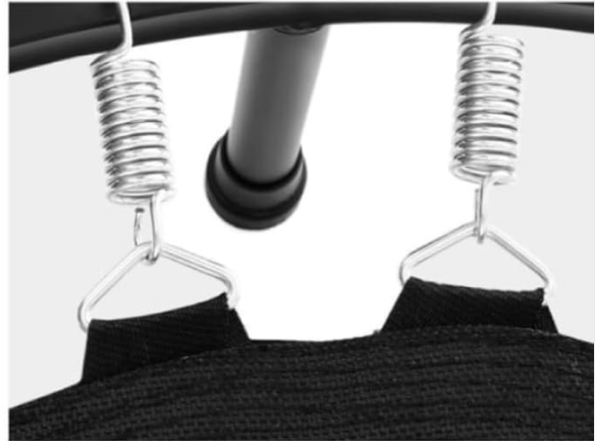
Follow these steps to assemble your ANCHEER Mini Trampoline. It is recommended that two adults perform the assembly.

1. **Unfold the Frame:** Carefully unfold the main trampoline frame. Ensure the hinges lock securely into place.
2. **Attach the Legs:** Screw the 8 legs into the designated sockets on the underside of the trampoline frame. Tighten them firmly by hand. The legs feature rubber feet for enhanced stability.
3. **Assemble the Handlebar:** Connect the handlebar tubes. Insert the lower handlebar sections into the frame's designated slots. Secure them with the provided nuts and locking nuts using the wrench.
4. **Adjust Handlebar Height:** The handlebar has 5 adjustable height levels. Select the desired height by pressing the adjustment pins and sliding the upper handlebar section into place. Ensure the pins snap securely into the holes.
5. **Install Safety Pad Cover:** Place the PVC safety pad cover over the springs and frame, ensuring it completely covers the springs to prevent accidental contact.



◀ Rubber feet for extra stability

▶ Stainless steel springs for long life



◀ Foam covered handle for balance

Image: Detailed view of the trampoline's rubber feet for stability, durable stainless steel springs, and the foam-covered handle designed for user balance.

4. OPERATING INSTRUCTIONS

Using your ANCHEER Mini Trampoline safely and effectively.

- **Handlebar Adjustment:** The handlebar can be adjusted to 5 different heights, ranging from 37.8 inches (96 cm) to 50 inches (128 cm). Adjust it to a comfortable height that allows the user to maintain balance without stooping or overreaching.
- **Proper Jumping Technique:** Begin with gentle bounces to get accustomed to the trampoline's rebound. Keep your head up, eyes forward, and land on the balls of your feet. Avoid attempting flips or complex maneuvers.
- **Controlled Bouncing:** Maintain control at all times. If you start to lose balance, stop bouncing immediately.
- **Supervision:** Always ensure children are supervised by an adult during use.

5 adjustable level heights



Image: Diagram illustrating the five adjustable height settings for the handlebar, ranging from 37.8 inches to 50 inches, along with the trampoline's overall dimensions of 56 inches by 36 inches and a height of 7 inches.

5. CARE AND MAINTENANCE

Regular maintenance ensures the longevity and safety of your trampoline.

- **Cleaning the Jumping Mat:** The PP jumping mat is waterproof and easy to clean. Wipe it down with a damp cloth and mild soap as needed. Avoid harsh chemicals.
- **Cleaning the Safety Pad Cover:** The PVC safety pad cover is also waterproof. Clean it with a damp cloth and mild soap.
- **Frame and Springs Inspection:** Periodically check all frame connections, legs, and springs for tightness and signs of wear or damage. Ensure all nuts and bolts are secure. Replace any worn or damaged parts immediately.
- **Storage:** The trampoline features a portable folding design. When not in use, it can be folded to less than 1/4 of its original size for easy storage under a bed, sofa, or in a closet.

PVC Waterproof Pad Cover



Image: Close-up view of the red PVC waterproof pad cover, demonstrating its water-resistant properties.

PP Jumping Mat



Image: Close-up view of the black PP jumping mat, highlighting its durable and breathable material.

6. TROUBLESHOOTING

If you encounter any issues with your trampoline, refer to these common solutions.

- **Trampoline feels unstable:** Ensure all legs are securely screwed in and the trampoline is placed on a flat, level surface. Check that the handlebar is locked into position at the desired height.
- **Squeaking noise during use:** This may indicate loose connections. Check all bolts, nuts, and spring attachments. Tighten any loose components. A small amount of lubricant on hinge points may also help.
- **Difficulty folding/unfolding:** Ensure no parts are obstructing the folding mechanism. Apply gentle, even pressure. If resistance is significant, re-check the assembly.

7. SPECIFICATIONS

Feature	Detail
Model Number	5144

Brand	ANCHEER
Color	Red
Shape	Oval
Frame Material	Alloy Steel (5mm thickened steel)
Jumping Mat Material	Polypropylene (PP)
Safety Pad Cover Material	PVC
Handlebar Height Adjustment	5 levels, 37.8 inches (96 cm) to 50 inches (128 cm)
Trampoline Dimensions	56 inches (length) x 36 inches (width) x 7 inches (height without handle)
Item Weight	13 Kilograms (approx. 28.6 lbs)
Maximum Weight Recommendation	220 Pounds (approx. 100 kg)
Included Components	Trampoline, Handlebar, Legs, Assembly Hardware, Wrench
UPC	669759359885

8. WARRANTY AND SUPPORT

ANCHEER is committed to providing high-quality products. For any questions, concerns, or warranty claims regarding your Mini Trampoline, please contact ANCHEER customer support through your original purchase platform or the official ANCHEER website.

Please retain your proof of purchase for warranty purposes.

9. PRODUCT OVERVIEW



Image: Two children enjoying the ANCHEER Mini Trampoline, demonstrating its use with the adjustable handle for balance and safety during play.

The ANCHEER Mini Trampoline is designed to provide a safe and engaging exercise experience for children. It features a robust 5mm thickened steel frame, a durable PP jumping mat, and high-strength stainless steel springs for a reliable rebound system. The trampoline includes a PVC safety pad cover to protect users from direct contact with the springs.

Key features include:

- **Adjustable Handlebar:** Offers 5 height levels for stability and balance, accommodating various user heights.
- **Portable Folding Design:** The unique frame structure allows the trampoline to fold to less than 1/4 of its assembled size, making storage convenient in small spaces.
- **Durable Construction:** Built with high-quality materials for safety and longevity, including rubber feet for extra stability.
- **Effective Exercise:** Provides an efficient way for children to exercise indoors, promoting physical activity and coordination.

