

ijCare Lite BD24698

ijCare Oh'Care Lite Blood Glucose Monitoring System User Manual

Model: Oh'Care Lite (BD24698)

1. INTRODUCTION

This manual provides detailed instructions for the safe and effective use of your ijCare Oh'Care Lite Blood Glucose Monitoring System. Please read this manual thoroughly before using the device for the first time and keep it for future reference. The system is designed for self-testing of blood glucose levels.

2. KIT CONTENTS

Your Oh'Care Lite Blood Glucose Monitoring System kit includes the following components:

- Oh'Care Lite Glucose Monitor
- Control Solution
- 110x Test Strips with biosensor technology
- 125x Lancets
- Lancing Device
- Deluxe Carrying Case
- Logbook
- Instruction Manual

Everything You Need to Start Testing

Complete kit with premium accuracy and ease of use.



Image: Complete Oh'Care Lite Blood Glucose Monitoring System kit contents, including the meter, test strips, lancets, lancing device, control solution, carrying case, and logbook.

Everything You Need to Start Testing

ijCare
Lite

COMPLETE KIT INCLUDED



Image: Numbered diagram of the Oh'Care Lite kit contents, highlighting 1. 110 Test Strips, 2. 125 Lancets, 3. Lancing Device, 4. Level 2 Control Solution, 5. Luxury Carry Case, 6. Logbook & Instructions, 7. 3V Battery Included.

3. METER OVERVIEW

Front of the Meter

- **Test Strip Port:** Where the test strip is inserted.
- **Display Screen:** Shows test results, settings, and symbols.
- **Power/Select Button:** Turns the meter on/off and confirms selections in setting mode.
- **Up/Down Buttons:** Navigates through settings and past results.

Back of the Meter

- **Test Strip Ejector:** Used to safely remove used test strips.
- **Serial Number Label:** Contains important device identification information.
- **Battery Cover:** Protects the battery compartment.



Image: Close-up of the Oh'Care Lite Blood Glucose Meter display, showing a reading of 125 mg/dL.

4. DISPLAY SYMBOLS

The meter's display screen uses various symbols to indicate status and settings:

- **Low Battery Warning Symbol:** Indicates the battery level is low and needs replacement.
- **Alarm Symbol:** Indicates an alarm is set or active.
- **CHK Troubleshooting Symbol:** Appears during troubleshooting or error conditions.
- **ALL DEL:** Indicates all stored results are being deleted.
- **AVR:** Represents the Average Test Result System.
- **Before Having a Meal:** Indicates a test taken before a meal.
- **After Having a Meal:** Indicates a test taken after a meal.
- **After Taking Medication:** Indicates a test taken after medication.
- **After Sport Activity:** Indicates a test taken after physical activity.

- **Control Solution Symbol:** Indicates a test performed with control solution.
- **Blood Drop Symbol for Test:** Prompts to apply a blood sample.
- **ID User ID Symbol:** Used for identifying different users.
- **CODE Test Strip Code Symbol:** Displays the code number of the test strip.
- **mmol/L or mg/dL Test Result Unit Symbol:** Indicates the unit of measurement for glucose levels.
- **YR / DATE / AM PM:** Displays Year, Date, and Time.

5. BATTERY INSTALLATION

The Oh'Care Lite meter uses a single CR2032 battery. To install or replace the battery:

1. Locate the battery cover on the back of the meter.
2. Open the battery cover.
3. Insert the CR2032 battery with the positive (+) side facing up.
4. Close the battery cover securely.

Your browser does not support the video tag.

Video: This segment of the official iCare 'How To Use' video demonstrates battery installation for the Oh'Care Lite meter.

6. SETTING UP THE METER

Follow these steps to configure your Oh'Care Lite meter:

1. **Enter Setting Mode:** Press and hold the Power button for over 3 seconds.
2. **Icon Mode:** Use the Up/Down buttons to select 'On' or 'Off' for icon mode. Press the Power button to confirm.
3. **ID Mode:** Use the Up/Down buttons to select 'On' or 'Off' for ID mode (for multiple users). Press the Power button to confirm.
4. **Set Date and Time:** Adjust the Year, Day, Month, and Time using the Up/Down buttons. Press the Power button after each adjustment to confirm and move to the next setting.
5. **Measuring Unit:** Select your preferred measuring unit (mg/dL or mmol/L) using the Up/Down buttons. Press the Power button to confirm.
6. **Temperature Unit:** Designate the temperature unit as Celsius (°C) or Fahrenheit (°F) using the Up/Down buttons. Press the Power button to confirm.
7. **Average Days:** Choose the desired number of days for average calculation (e.g., 7d, 14d, 21d, 28d, 60d, 90d) using the Up/Down buttons. Press the Power button to confirm.
8. **Alarm Mode:** Select 'On' or 'Off' for the alarm mode using the Up/Down buttons. Press the Power button to confirm.
9. **Set Alarm Time:** If alarm mode is 'On', select the desired alarm time using the Up/Down buttons. Press the Power button to exit setting mode.

Your browser does not support the video tag.

Video: This segment of the official iCare 'How To Use' video demonstrates how to set up the meter's various functions.

7. OPERATING INSTRUCTIONS: HOW TO CHECK YOUR GLUCOSE LEVEL

Follow these steps to perform a blood glucose test:

1. **Prepare Finger:** Wipe your chosen fingertip with a clean alcohol pad and allow it to air dry.
2. **Prepare Lancing Device:**
 - Unscrew the cap of the lancing device.
 - Insert a new, sterile lancet into the device.

- Carefully twist off the round protective cover from the lancet.
 - Replace the lancing device cap.
 - Adjust the depth setting on the cap (1 for weakest, 5 for strongest) according to your skin type.
 - Pull the handle on the colored end of the device to load the spring.
3. **Prick Finger:** Place the lancing device firmly against your fingertip and press the release button on the side of the device. Gently turn your palm upward to encourage a blood droplet.
 4. **Insert Test Strip:** Insert a new test strip into the Test Strip Port of the meter. The meter will turn on automatically and display a code number.
 5. **Confirm Code:** Double-check that the displayed code number on the meter matches the code printed on the test strip bottle label.
 6. **Apply Blood Sample:** Once the blood drop symbol appears on the meter, touch the tip of the test strip to the blood droplet. The blood will be drawn into the strip.
 7. **Read Result:** The meter will count down, and your blood glucose result will be displayed in 5 seconds.
 8. **Discard Strip:** After checking the result, use the test strip ejector on the back of the meter to safely discard the used strip.



Image: The Oh'Care Lite meter displaying a rapid result in 5 seconds, highlighting its quick measurement capability.



Image: The adjustable lancing device with 5 depth settings, designed for personalized comfort during blood sampling.

Your browser does not support the video tag.

Video: This segment of the official ijCare 'How To Use' video provides a step-by-step guide on how to check your glucose level using the Oh'Care Lite system.

8. REVIEWING YOUR RESULTS

Your Oh'Care Lite meter stores your test results for easy review:

- **Individual Results:** To review past individual results, press the Up or Down buttons.
- **Average Results:** To check average results (e.g., 7-day, 14-day averages), press the Power button while reviewing individual results. The display will show the average test result, test unit, test result amount, and average test result days.
- **Delete Results:** To delete a specific result, navigate to it and press the Up and Down buttons simultaneously.

Your browser does not support the video tag.

Video: This segment of the official ijCare 'How To Use' video explains how to review and manage your test results on the Oh'Care Lite meter.

9. MAINTENANCE

Cleaning the Meter

- Wipe the exterior of the meter with a soft, damp cloth.
- Do not immerse the meter in water or any other liquid.
- Do not use harsh cleaning agents or solvents.

Storage

- Store the meter and test strips in a cool, dry place, away from direct sunlight and extreme temperatures.
- Keep test strips in their original vial with the cap tightly closed to prevent exposure to air and moisture.
- Store the lancing device and lancets in a clean, safe place.

10. TROUBLESHOOTING

If you encounter issues with your Oh'Care Lite meter, consider the following:

- **Error Codes:** If an error code appears on the display, refer to the full instruction manual for specific meanings and solutions.
- **Inaccurate Readings:** Ensure proper testing technique, check the expiration date of test strips, and confirm the test strip code matches the vial. Perform a control solution test to verify meter accuracy.
- **No Power:** Check if the battery is correctly installed and has sufficient charge. Replace the CR2032 battery if necessary.
- **Insufficient Blood Sample:** Ensure a sufficient blood sample is applied to the test strip. The meter may display an error if the sample is too small.

For persistent issues, please contact ijCare customer support.

11. SPECIFICATIONS

Feature	Specification
Brand	ijCare
Model Name	Lite
Model Number	BD24698
Item Weight	0.44 kg
Battery Type	CR2032 (Lithium Coin)
Result Time	5 seconds
UPC	860396000608
Manufacturer	ijCare

12. WARRANTY AND SUPPORT

The ijCare Oh'Care Lite Blood Glucose Monitoring System comes with a **3-Year Meter Warranty**. For warranty claims, technical support, or any questions regarding your device, please contact ijCare customer service. Ensure you register your product upon receipt to activate your warranty.

For further assistance, please refer to the contact information provided in your product packaging or visit the official ijCare website.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question