

[Manuals.plus](#) /

› [Snailax](#) /

› Snailax Shiatsu Massage Cushion with Heat Massage Chair Pad Kneading Back Massager for Home Office Seat use Grey and Black

Snailax 256

Snailax Shiatsu Massage Cushion User Manual

Model: SL-256 | Brand: Snailax

INTRODUCTION

The Snailax Shiatsu Massage Cushion is designed to provide a deep kneading massage experience for your back, shoulders, and hips. Featuring shiatsu massage nodes, soothing heat therapy, and vibration functions, this chair pad offers customizable comfort for use in your home or office. This manual provides essential information for safe and effective operation of your massage cushion.





The Snailax Shiatsu Massage Cushion, featuring its remote control and sleek design.

SAFETY INFORMATION

Do not use the massager for more than 15 minutes at a time. Avoid using the heat or vibration functions on sensitive areas or for extended periods to prevent discomfort or burns. Always unplug the massager when not in use and keep the power cord away from water to prevent electrical hazards.

SETUP

The Snailax Shiatsu Massage Cushion is designed for versatile use on various chairs, sofas, or recliners. Follow these steps for proper setup:

1. **Unpack:** Carefully remove the massage cushion and all accessories from the packaging.
2. **Positioning:** Place the massage cushion on your desired chair. Ensure the chair has a backrest tall enough to support the cushion.
3. **Secure:** Use the integrated strapping system on the back of the cushion to secure it firmly to the chair, preventing it from slipping during use.

4. **Power Connection:** Connect the power adapter to the cushion's power inlet. Plug the adapter into a suitable electrical outlet.
5. **Remote Control:** The remote control is tethered to the cushion. Place it in the side pocket for easy access.



The Snailax Massage Cushion, power adapter, and user manual, ready for setup.



The massage cushion is suitable for various furniture types, including sofas, office chairs, and recliners.

OPERATING INSTRUCTIONS

Familiarize yourself with the remote control to customize your massage experience.



Flexible massage nodes to fit the curves of the body

Detailed view of the Snailax Massage Cushion remote control, showing all functions.

Power On/Off

- Press the **Power button** (🔌) to turn the massager on or off.

Shiatsu Back Massage

The 4 deep kneading massage nodes travel up and down your back, providing shiatsu massage.

- **Full Back:** Press **FULL BACK** to activate massage for the entire back.
- **Upper Back:** Press **UPPER BACK** to focus massage on the upper back.
- **Lower Back:** Press **LOWER BACK** to focus massage on the lower back.
- **Spot Massage:** Use the **SPOT** buttons (👉) to concentrate the kneading action on a specific area. Use the up/down arrows to adjust the position.
- **Intensity Control Flap:** A detachable flap is included to adjust massage intensity. Place it between you and the massager for a softer massage.



A woman relaxing on a sofa with the Snailax Massage Cushion, illustrating the upper, full, and lower back shiatsu zones, along with seat vibration.

SOOTHING HEAT



Overheating Protection

Heating
on back

**Gentle Warmth,
Not Intense Heat**

Feel Warmth in 10 Mins

It takes 15 minutes to reach 135°F

A woman using the Snailax Massage Cushion at an office desk, highlighting the soothing heat function on the back.



Close-up of the Snailax Massage Cushion illustrating the flexible massage nodes designed to fit body curves.

Vibration Seat Massage

- Press **VIBRATION** (🔊) to activate vibration on the seat.
- Adjust intensity (Low, Medium, High) by pressing the **L, M, H** buttons.
- *Note: The sitting area provides vibration massage only, no heat.*

Soothing Heat Therapy

- Press **HEAT** (🔥) to activate soothing heat for your back.
- *Note: Heat function is only available for the back massage nodes.*

Timer Settings

- Select massage duration: **5, 10, or 15 minutes** (⌚). The unit will automatically shut off after the selected time.

Demo Mode

- Press **DEMO** (🔊) for a demonstration of different functions.

Official Product Videos

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Video: SL-256 Shiatsu Massage Chair Pad

This video provides an overview of the Snailax SL-256 Shiatsu Massage Chair Pad, demonstrating its key features and how it functions to provide a relaxing massage experience.

Your browser does not support the video tag.

Video: SL-256 Shiatsu Massage Chair

This video showcases the Snailax SL-256 Shiatsu Massage Chair, highlighting its design and various massage capabilities for user comfort.

MAINTENANCE

Proper maintenance ensures the longevity and performance of your Snailax Shiatsu Massage Cushion.

- **Cleaning:** Always unplug the massager before cleaning. Wipe the surface with a soft, damp cloth. Do not use abrasive cleaners or immerse the unit in water.
- **Storage:** When not in use, store the massager in a cool, dry place. Avoid placing heavy objects on top of the cushion.
- **Cord Care:** Do not wrap the power cord tightly around the unit. Avoid pulling the cord or placing it under heavy objects.

TROUBLESHOOTING GUIDE

Refer to the table below for common issues and their solutions:

Fault	Solutions
Massage heads rotating at reduced speed.	The load on the massage heads is excessive. Reduce load and try again.
Massage heads only rotate in the upper or lower region.	The massage has been activated for the upper or lower back region. Press the 'Full Back' button for the massage to cover both regions.
Device switches off suddenly.	Device may have been in use for 15 minutes. Auto-shut-off function activated. Continue using by pressing the 'power' button after resting the unit for 15 minutes. Over-heat protection function activated. Device is switched off for your safety. Please rest device for 15-30 minutes before restarting.
Device fail to start.	Check if device has been used for more than 15 minutes. If so, let device rest for 15 minutes before continuing. Device may require longer time to cool in warmer environments. Check if adapter is plugged into socket. Check if adapter output is connected to device power inlet wire.

Fault	Solutions
Jerky motion of massage heads / Vibrations from device.	Excessive pressure has been applied onto the device. Reduce the load and try again.
Infra-red lights are on but no motion from massage heads.	Device may be jammed. Remove pressure / load from the device and press the 'Full Back' button to try again.

SPECIFICATIONS

- **Product Dimensions:** 26.4 x 5.5 x 18.1 inches; 5.73 Pounds
- **Item Model Number:** 256
- **Material:** Leather
- **Power Source:** Corded Electric
- **Item Weight:** 2.6 Kilograms
- **Manufacturer:** Snailax
- **ASIN:** B076HWNCP5
- **Date First Available:** October 17, 2017

WARRANTY & SUPPORT

Snailax offers a warranty for this product. For details on warranty coverage and to register your product, please refer to the official Snailax website or the warranty information included in your product packaging. You can also find a User Guide (PDF) [here](#).

For further assistance or inquiries, please contact Snailax customer support through their official channels.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question