

Nuwave 33151

NuWave 6-Quart Nutri-Pot Digital Pressure Cooker Instruction Manual

Model: 33151

INTRODUCTION

This manual provides instructions for the safe and efficient operation, maintenance, and care of your NuWave 6-Quart Nutri-Pot Digital Pressure Cooker. Please read all instructions thoroughly before initial use and retain this manual for future reference.

The NuWave Nutri-Pot is a 1000-watt digital pressure cooker designed to prepare meals efficiently. It features 11 preset cooking functions, along with slow cook, sear, delay, and warm settings. The appliance is equipped with a Sure-Lock safety system and a removable non-stick cooking pot.

IMPORTANT SAFETY INFORMATION

- Always ensure the lid is properly sealed and locked before operating the pressure cooker.
- Do not fill the inner pot beyond the maximum fill line to prevent overfilling and potential pressure issues.
- Exercise caution when releasing pressure, as hot steam will be discharged. Keep hands and face clear of the steam release valve.
- Never attempt to force open the lid while the unit is pressurized.
- Regularly inspect the sealing gasket and other components for wear or damage. Replace if necessary.
- Keep the appliance out of reach of children.

PRODUCT COMPONENTS

The NuWave Nutri-Pot Digital Pressure Cooker includes the main unit, a removable non-stick inner cooking pot, a hinged lid, and a 5-piece utensil set.



Figure 1: NuWave Nutri-Pot Digital Pressure Cooker and 5-piece utensil set.



Figure 2: Included 5-piece utensil set.

SETUP

1. Unpacking

- Carefully remove all components from the packaging.
- Remove any protective films or packing materials.

2. Initial Cleaning

- Before first use, wash the removable inner cooking pot, lid, and utensil set with warm, soapy water. Rinse thoroughly and dry.
- Wipe the exterior of the main unit with a damp cloth. Do not immerse the main unit in water.

3. Assembly

- Place the inner cooking pot into the main unit. Ensure it is seated correctly.
- Attach the hinged lid to the main unit. The lid is designed to attach for safe operation and detaches for easy cleaning.
- Ensure the sealing gasket is properly installed inside the lid.

The NuWave Nutri-Pot® Digital Cooker <i>is the best in class for performance, features & value!</i>				
	✓			
	✓	✗	✗	✗
	✓	✗	✗	✗
	✓	✓	✗	✗
	✓	✓	✓	✗
	✓	✓	✓	✗
Cool-To-The-Touch Lid	✓	✗	✗	✗
Sure-Lock™ System	✓	✗	✗	✗
Canning	✓	✓	✗	✗
Slow Cooker Option	✓	✓	✓	✗
Advanced Features	Sear, Warm and Delay Features	Warm and Delay Features	Delay Features	Warm Features
Preset Cooking Functions	11 Preset Cooking Functions	9 Preset Cooking Functions	6 Preset Cooking Functions	✗

Figure 3: NuWave Nutri-Pot ready for operation in a kitchen setting.

OPERATING INSTRUCTIONS

1. Basic Operation

- Add ingredients and liquid to the inner pot. Do not exceed the MAX fill line.

- Close and lock the lid. The Sure-Lock safety system ensures the lid is securely fastened.
- Select one of the 11 preset cooking functions (e.g., Rice, Multi-Grain, Soup, Meat/Stew, Poultry, Beans, Fish, Steam/Veggies, Potatoes, Bake, Canning) by pressing the corresponding button on the control panel.
- Adjust cooking time if necessary using the 'hours' and 'minutes' buttons.
- Press the 'start/stop' button to begin cooking.

2. Special Functions

- **Sear:** Use this function to brown meats or sauté vegetables before pressure cooking.
- **Delay:** This feature allows you to set a delayed start time for cooking.
- **Warm:** The unit automatically switches to a 'Keep Warm' setting after cooking is complete. This can also be manually selected.
- **Slow Cook:** The Nutri-Pot can also function as a slow cooker. A glass lid (sold separately) may be used for this function.

3. Cooking from Frozen

The Nutri-Pot is capable of cooking certain foods directly from a frozen state, eliminating the need for defrosting. Adjust cooking times accordingly when cooking from frozen.

4. Pressure Release

- **Natural Release:** Allow the pressure to dissipate naturally over time. This is recommended for foods that benefit from continued cooking.
- **Quick Release:** Carefully turn the steam release valve to the 'Venting' position to quickly release pressure. Use caution as hot steam will escape.



Figure 4: The Nutri-Pot in operation, showcasing its versatility with different meals.

Video 1: Overview of the NuWave Nutri-Pot Digital Pressure Cooker's features and operation. This video demonstrates the appliance's ability to cook various foods quickly and highlights its safety and convenience features.

MAINTENANCE AND CLEANING

1. Cleaning the Inner Pot

- The removable non-stick inner cooking pot is dishwasher-safe. It can also be washed by hand with warm, soapy water and a non-abrasive sponge.
- To preserve the non-stick coating, avoid using metal utensils inside the pot.

2. Cleaning the Lid

- The hinged lid detaches for thorough cleaning. Refer to the specific instructions in the full user manual for lid detachment and reattachment.
- Clean the sealing gasket and steam release valve regularly to ensure proper function and prevent blockages.

3. Cleaning the Exterior

- Wipe the exterior of the main unit with a damp cloth. Do not use harsh chemicals or abrasive cleaners.
- Ensure the unit is unplugged and completely cool before cleaning.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Unit does not pressurize	Lid not properly sealed; insufficient liquid; sealing gasket improperly installed or damaged.	Ensure lid is locked correctly. Add required minimum liquid. Check and adjust/replace sealing gasket.
Food is undercooked	Insufficient cooking time; incorrect preset selected.	Increase cooking time. Select appropriate preset for the food type and quantity.
Error code displayed	Specific internal issue.	Refer to the full user manual for specific error code meanings and solutions. If the issue persists, contact customer support.
Non-stick coating chipping	Use of metal utensils; abrasive cleaning; prolonged high heat.	Use only silicone or wooden utensils. Clean with non-abrasive materials. Consider replacing the inner pot if chipping is significant.

For issues not listed here, or if troubleshooting steps do not resolve the problem, please contact NuWave customer support.

SPECIFICATIONS

- **Brand:** Nuwave
- **Model Number:** 33151
- **Capacity:** 6 Quarts

- **Wattage:** 1000 watts
- **Material:** Stainless steel (exterior), Non-stick (inner pot)
- **Color:** Silver
- **Control Method:** Touch
- **Product Dimensions:** 12 x 12 x 12 inches
- **Item Weight:** 17.11 pounds
- **Special Features:** Dishwasher Safe (inner pot), Keep Warm Setting, Sure-Lock Safety System

WARRANTY INFORMATION

NuWave products typically come with a limited manufacturer's warranty. Please refer to the warranty card included with your product or visit the official NuWave website for detailed information regarding warranty coverage, terms, and conditions. Note that wear and tear on non-stick coatings may not be covered under standard warranty.

CUSTOMER SUPPORT

For technical assistance, replacement parts, or further inquiries, please contact NuWave customer support. Contact information can typically be found on the official NuWave website or in the full product manual. Online resources and recipes may also be available at [NuWavePressureCooker.com](https://www.nuwavepressurecooker.com).

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