TESMED Top Equipment

TESMED Top Equipment Electrode Set Instruction Manual

Model: Top Equipment

Introduction

This manual provides essential information for the safe and effective use of your TESMED Top Equipment Electrode Set. This set includes a variety of electrodes designed for use with electrostimulators featuring a 2mm pin connection. Please read these instructions carefully before use and retain them for future reference.

Product Overview

The TESMED Top Equipment set offers a comprehensive selection of electrodes for various electrostimulation needs. The set includes:

- **20 x 50x50 mm Electrodes:** Standard square electrodes for precise application on smaller muscle groups or specific pain points.
- **4 x 50x100 mm Electrodes:** Larger rectangular electrodes suitable for stimulating broader areas, reducing the need for multiple channels.
- **1 x ABS Pad:** A specialized, multi-lobed pad designed for effective stimulation of the abdominal area, typically using a single channel.
- **2 x Knee Pads (Half-Moon):** Ergonomically shaped electrodes for comfortable and targeted treatment of knees or shoulders.

These electrodes are compatible with all TESMED electrostimulators and other brands that utilize a 2mm pin cable connection.



An overview of the TESMED Top Equipment Electrode Set, displaying the different sizes and shapes of electrodes included.



A pack of 20 TESMED 50x50 mm square electrodes, ideal for precise muscle stimulation.

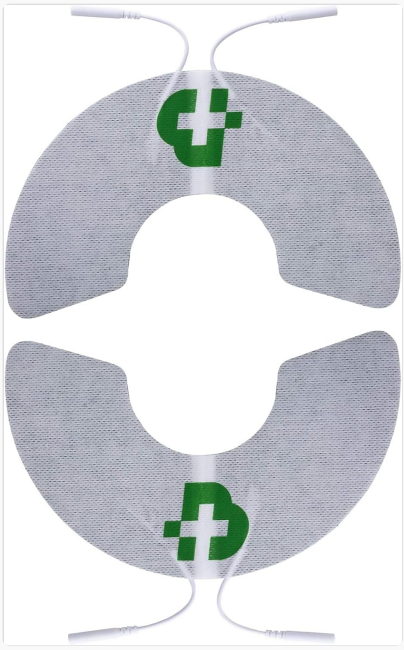


A set of 4 TESMED 50x100 mm rectangular electrodes, designed for larger body areas.



The TESMED ABS Pad, a multi-lobed

electrode for comprehensive abdominal muscle stimulation.



Two TESMED half-moon shaped electrodes, specifically designed for knee or shoulder application.



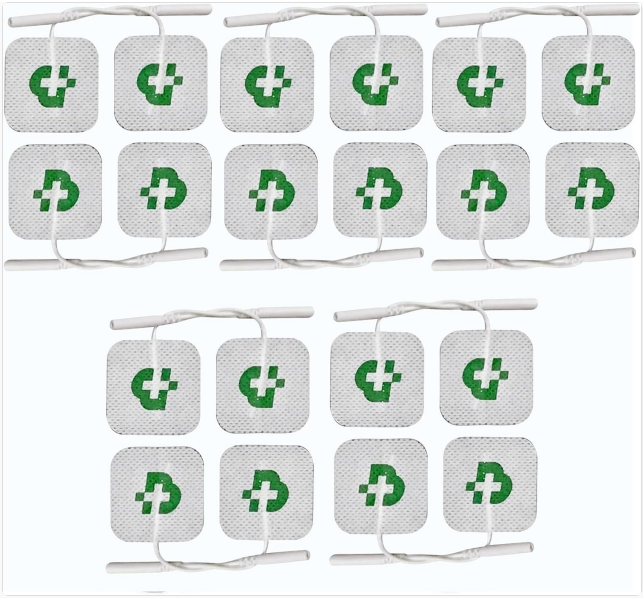
A close-up view illustrating the 2mm pin connector, ensuring compatibility with various electrostimulators.

Safety Information

Always consult with a healthcare professional before starting any electrostimulation therapy, especially if you have pre-existing medical conditions. Do not use electrostimulation if you have a pacemaker, are pregnant, or have epilepsy. Avoid placing electrodes over the heart, on the head, or on broken skin. Keep out of reach of children.

Setup

1. **Prepare Skin:** Ensure the skin where electrodes will be placed is clean, dry, and free of lotions, oils, or hair. This improves adhesion and conductivity.
2. **Connect Electrodes:** Insert the 2mm pin connectors from your electrostimulator's cables firmly into the electrode sockets.
3. **Apply Electrodes:** Carefully peel the electrodes from their protective film. Apply them firmly to the desired skin area. Ensure full contact for optimal performance.
4. **Check Compatibility:** Verify that your electrostimulator uses 2mm pin cables. The TESMED Top Equipment electrodes are designed for this standard.



Proper placement of the TESMED ABS Pad on the abdominal area for effective stimulation.



Demonstration of correct placement for a TESMED Knee Pad on the thigh, suitable for knee or shoulder.

Operating Instructions

Once electrodes are correctly applied and connected to your electrostimulator, refer to your electrostimulator's specific instruction manual for program selection, intensity adjustment, and session duration. The TESMED Top Equipment electrodes are designed to work efficiently with compatible devices. Always start with the lowest intensity and gradually increase to a comfortable level.
Compatible TESMED electrostimulators include: TE780, TE670, TE550, MAX 5, MAX 7.8, MAX 830, TRIO 6.5, TE-880R Plus.

Maintenance

- **Cleaning:** After each use, gently clean the adhesive surface of the electrodes with a damp cloth or a small amount of mild soap and water. Allow them to air dry completely, adhesive side up. Do not rub vigorously.
- **Storage:** Reapply the protective film to the electrodes after they are dry. Store them in their original packaging or a sealed bag in a cool, dry place to prolong their lifespan.
- **Replacement:** Electrodes are reusable but have a limited lifespan. Replace electrodes when they lose their adhesiveness, become dry, or if you experience uneven sensation during stimulation.

Troubleshooting

- **Poor Adhesion:** Ensure skin is clean and dry. If electrodes are old, they may need replacement.
- **Uneven Sensation:** Check that electrodes are making full contact with the skin. Ensure cables are securely connected. Replace electrodes if they are worn or damaged.
- **No Sensation:** Verify the electrostimulator is turned on and functioning correctly. Check cable connections. Increase intensity gradually.

Specifications

Feature	Detail
Product Name	TESMED Top Equipment Electrode Set
Model Number	Top Equipment
Total Electrodes	27
Electrode Sizes	20 x 50x50 mm, 4 x 50x100 mm, 1 x ABS Pad, 2 x Knee Pads
Connector Type	2mm Pin
Material	Mixed Fiber
Item Weight	240 Grams
Package Dimensions	20.32 x 13.21 x 2.54 cm
Special Features	Different sizes, special bands, washable, no gel required, universal compatibility

Warranty and Support

For warranty information and customer support, please refer to the documentation provided with your original TESMED electrostimulator or visit the official TESMED website. Keep your purchase receipt as proof of purchase.

© 2024 TESMED. All rights reserved.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question