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› adidas Double CE Senior Mouthguard Instruction Manual

adidas adiBP10N

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INTRODUCTION

This instruction manual provides essential information for the proper use, fitting, and maintenance of your adidas Double CE Senior Mouthguard. Designed for adults, this CE-approved silicone mouthguard offers protection during sports activities. Please read these instructions carefully before first use to ensure optimal performance and safety.

PRODUCT OVERVIEW

The adidas Double CE Senior Mouthguard (Model: adiBP10N) is a lightweight, transparent silicone mouthguard. It is designed to be individually adaptable to the user's dental structure by heating it in hot water. The mouthguard comes with a protective case for hygienic storage.

- **Material:** Lightweight Silicone
- **Size:** Senior (Adult)
- **Adaptability:** Heat-moldable for a custom fit
- **Included:** Storage case



Image: Front view of the adidas Double CE Senior Mouthguard, showing its transparent silicone material and general shape.

SETUP: MOLDING INSTRUCTIONS

For optimal protection and comfort, the mouthguard must be custom-fitted to your teeth. Follow these steps carefully:

1. **Boil Water:** Bring a pot of water to a rolling boil.
2. **Immerse Mouthguard:** Carefully place the mouthguard into the boiling water for approximately 30-45 seconds. *Do not exceed 45 seconds, as this may damage the mouthguard.*
3. **Remove and Cool:** Using a spoon or tongs, carefully remove the mouthguard from the hot water. Allow it to cool for a few seconds (approximately 5-10 seconds) to prevent burns, but ensure it remains pliable.
4. **Position in Mouth:** Place the mouthguard into your mouth, centering it over your upper teeth.
5. **Bite Down and Mold:** Bite down firmly, and using your fingers, press the mouthguard against your teeth and gums, both on the outside and inside, to create a tight, custom fit. Suck out any excess air and water.
6. **Hold Position:** Hold this position for about 30 seconds.
7. **Cool in Cold Water:** Remove the mouthguard and immerse it in cold water for at least 1 minute to set the shape.
8. **Check Fit:** Insert the mouthguard into your mouth. It should feel snug and comfortable, staying in place without needing to be held. If the fit is not satisfactory, you may repeat the molding process.



Image: Side view of the adidas Double CE Senior Mouthguard, illustrating its contoured design for fitting.

USAGE

Once molded, the mouthguard is ready for use. Always wear your mouthguard during sports activities where there is a risk of impact to the face or jaw. Ensure it is properly seated over your upper teeth before beginning any activity. The mouthguard is designed to absorb shock and protect your teeth, gums, and jaw from injury. It should fit securely and allow for comfortable breathing and speaking.

CARE AND MAINTENANCE

Proper care extends the life of your mouthguard and maintains hygiene:

- **Cleaning:** After each use, rinse the mouthguard thoroughly with cold water. You can also clean it with a toothbrush and mild soap or a non-abrasive mouthguard cleaner. Do not use abrasive toothpaste or harsh chemicals.
- **Drying:** Allow the mouthguard to air dry completely before storing it.
- **Storage:** Always store your mouthguard in the provided protective case when not in use. This prevents damage and keeps it clean.
- **Avoid High Temperatures:** Do not expose the mouthguard to direct sunlight or high temperatures, as this can deform its shape.
- **Regular Inspection:** Periodically inspect the mouthguard for any signs of wear, tears, or damage. A damaged mouthguard may not provide adequate protection and should be replaced.



Image: The transparent storage case for the adidas Mouthguard, featuring the adidas logo and CE marking.

TROUBLESHOOTING

- **Mouthguard feels too loose or falls out:** The mouthguard was not properly molded. Repeat the molding instructions, ensuring you bite down firmly and press against your teeth and gums to create a snug fit.
- **Mouthguard feels too tight or uncomfortable:** The mouthguard may have been over-molded or not allowed to cool sufficiently before molding. You can attempt to re-mold it, paying close attention to the cooling time before placing it in your mouth. If discomfort persists, ensure it is not too large for your mouth.
- **Difficulty breathing or speaking:** This indicates an improper fit. Re-mold the mouthguard, focusing on creating a thinner profile where possible, especially around the palate, while maintaining protection.
- **Mouthguard is damaged or torn:** A damaged mouthguard compromises protection. Replace it immediately.

SPECIFICATIONS

Model Name	Double CE Senior
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Model Number	adiBP10N
Brand	adidas
Material	Silicone
Color	Transparent
Dimensions (L x W x H)	20 x 15 x 6 cm (Product packaging dimensions)
Weight	30 g
Age Range	Adult
Recommended Sport Type	Boxing (suitable for various contact sports)

WARRANTY AND SUPPORT

Information regarding specific warranty terms or direct support contact details for the adidas Double CE Senior Mouthguard is not provided within this manual. For warranty claims or further assistance, please refer to the product packaging or contact your retailer or the official adidas customer service channels in your region.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

