

Mellow BP-ESFBF-WHF

Mellow Allston Metal Platform Bed Instruction Manual

Model: BP-ESFBF-WHF

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1. INTRODUCTION

Thank you for choosing the Mellow Allston Metal Platform Bed. This all-in-one mattress support frame foundation features a built-in headboard and footboard, designed for easy setup and durability. It is suitable for various settings, including home use and dormitories. This manual provides essential information for safe assembly, proper use, and care of your new bed frame.

Key features include:

- All-in-One mattress support frame foundation with built-in headboard and footboard.
- Easy and quick setup with a patented bifold design.
- Sturdy 100% steel construction for maximum support.
- No box spring required.



Image 1.1: The Mellow Allston Metal Platform Bed in Full size, White finish.

2. SAFETY INFORMATION

Please read and understand all instructions before assembly and use. Failure to follow these instructions may result in injury or damage to the product.

- **Keep children away:** Small parts may be a choking hazard. Keep children and pets away during assembly.
- **Two-person assembly recommended:** While designed for easy setup, having a second person can prevent injury and simplify the process.
- **Hand placement:** Be mindful of hand placement during unfolding and folding to avoid pinching.
- **Weight limit:** Do not exceed the maximum weight recommendation of 400 pounds (including mattress).
- **Level surface:** Assemble and use the bed frame on a flat, level surface to ensure stability.
- **Regular inspection:** Periodically check all bolts and connections to ensure they remain tight.
- **No jumping:** Do not jump on the bed frame.

3. PACKAGE CONTENTS

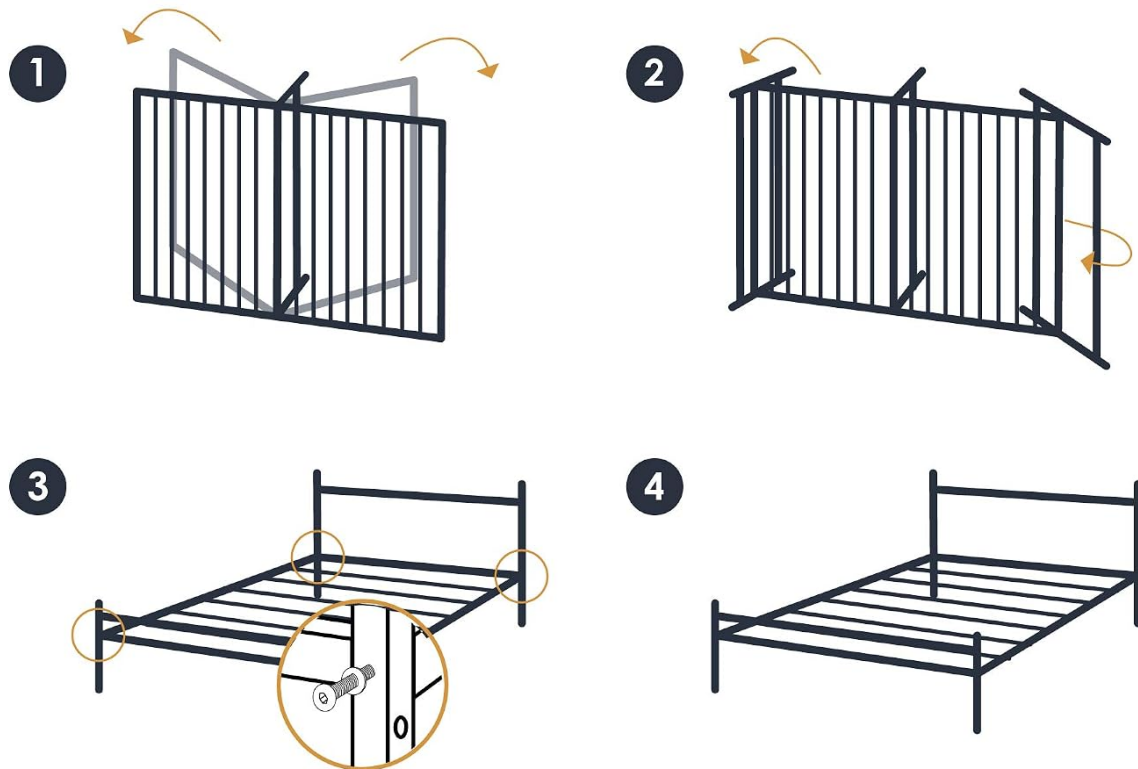
Before beginning assembly, ensure all parts are present and undamaged. If any parts are missing or damaged, do not proceed with assembly and contact customer support.

- Foldable Metal Bed Frame (with integrated headboard and footboard)
- Support bolts and washers (typically 4 sets)
- Headboard and footboard knobs
- Allen wrench (for tightening bolts)

4. ASSEMBLY INSTRUCTIONS

The Mellow Allston bed frame features a patented bifold design for quick and easy assembly. Follow these steps:

1. **Unpack and Unfold:** Carefully remove the bed frame from its packaging. Place the folded frame on a clear, level surface. Begin to unfold the main sections of the frame.
2. **Extend Sides:** Continue unfolding the frame until the side sections are fully extended, forming the basic rectangular shape of the bed.
3. **Secure Support Bolts:** Locate the four support bolts and washers. Insert these bolts into the designated holes at the central connection points of the frame. Use the provided Allen wrench to tighten them securely.
4. **Attach Knobs:** Screw the decorative knobs onto the top of the headboard and footboard posts.



MELLOW in 4 Steps

Patented All-in-One Bifold Design

Image 4.1: Visual guide for the 4-step bifold assembly process.

For a visual demonstration of the assembly process, please watch the official product video below:

Your browser does not support the video tag.

Video 4.1: Official Mellow Allston Platform Bed assembly guide. This video demonstrates the quick and easy setup of the bed frame.

Once assembled, ensure all connections are tight and the frame is stable before placing your mattress.

5. USAGE GUIDELINES

This platform bed is designed to support your mattress directly, eliminating the need for a box spring.

- **Mattress Placement:** Carefully place your mattress directly onto the metal slat support system. The integrated headboard and footboard help keep the mattress in place.
- **Weight Capacity:** The bed frame has a maximum weight recommendation of 400 pounds. This includes the weight of the mattress and occupants.
- **Under-bed Storage:** The design provides approximately 12 inches of clearance underneath, offering convenient space for storage boxes or other items.



Image 5.1: Example of under-bed storage space provided by the frame.

6. CARE AND MAINTENANCE

Proper care will extend the life of your Mellow Allston Metal Platform Bed.

- **Cleaning:** Wipe the metal frame with a soft, damp cloth. Avoid abrasive cleaners or harsh chemicals that could damage the finish.
- **Tighten Connections:** Periodically (e.g., every 3-6 months) check all bolts and connections and tighten them if necessary to maintain stability and prevent squeaking.
- **Relocation:** If moving the bed, it is recommended to disassemble it partially or fully to prevent damage during transport.

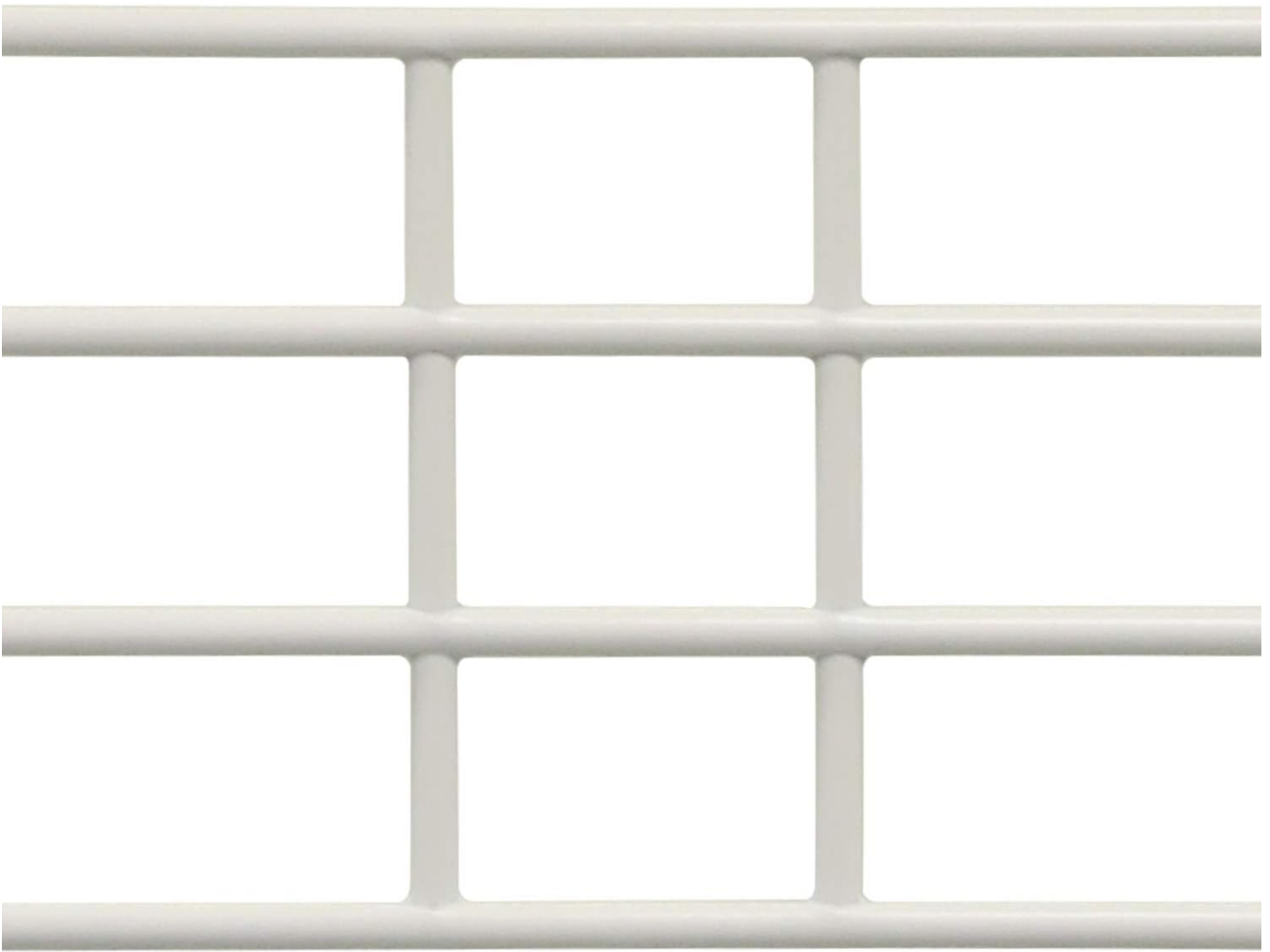


Image 6.1: Detail of the headboard design.



Image 6.2: Detail of the metal slat support system.

7. TROUBLESHOOTING

If you encounter issues with your bed frame, refer to these common solutions:

- **Squeaking Noises:** Squeaking is often caused by loose connections. Re-tighten all bolts, especially the four main support bolts. Ensure the bed is on a level surface.
- **Instability/Wobbling:** Check that all bolts are fully tightened. Verify that the bed frame is placed on a flat, even floor.
- **Mattress Sliding:** The integrated headboard and footboard are designed to minimize mattress movement. Ensure the mattress is correctly centered on the frame.
- **Missing Parts:** If parts are missing upon unboxing, do not attempt to assemble. Contact customer support immediately for replacement parts.

8. SPECIFICATIONS

Feature	Detail
Model Number	BP-ESFBF-WHF
Size	Full
Material	Steel
Product Dimensions (L x W)	52"L x 54"W
Headboard Height	37.4" (from floor)
Footboard Height	21.85" (from floor)
Under-bed Clearance	Approximately 12"
Special Feature	No Box Spring Needed
Maximum Weight Recommendation	400 pounds
Item Weight	15.8 pounds
Color	White

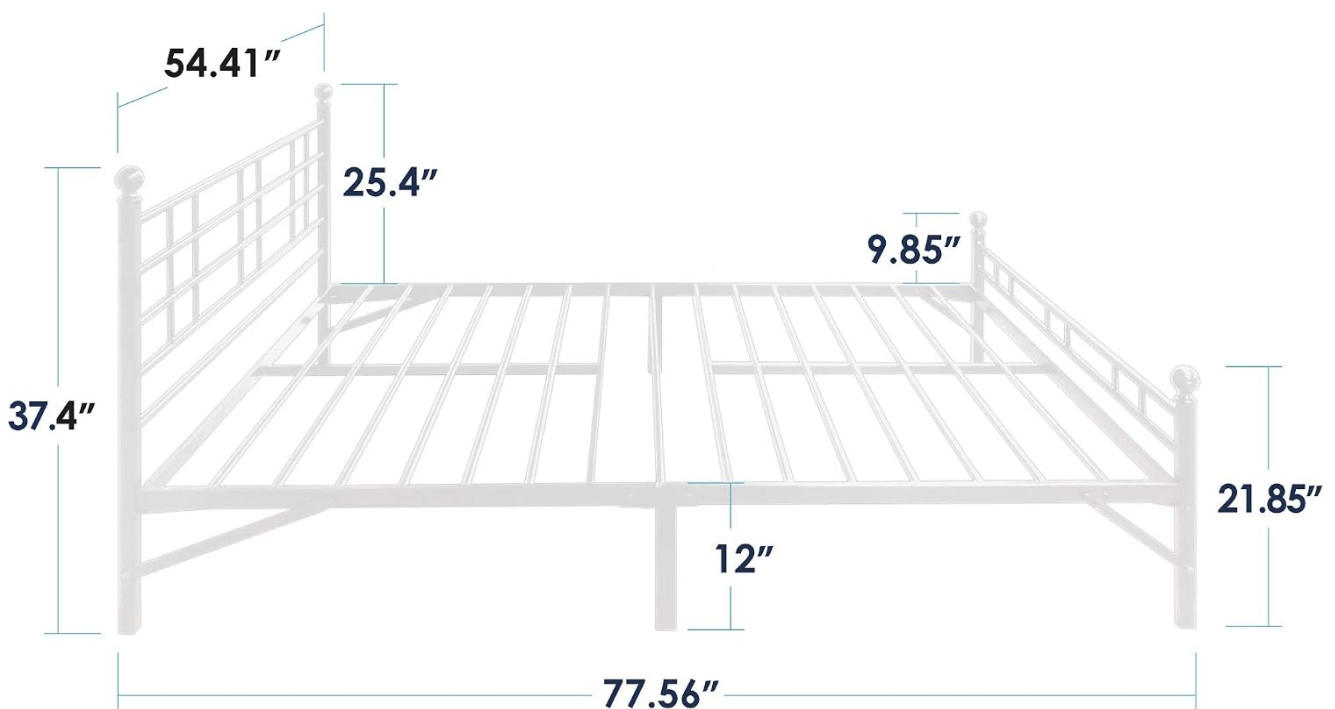


Image 8.1: Dimensional diagram of the Mellow Allston Metal Platform Bed.

9. WARRANTY INFORMATION

The Mellow Allston Metal Platform Bed includes a **5-year manufacturer warranty**. This warranty covers defects in materials and workmanship under normal use. Please retain your proof of purchase for warranty claims. For specific terms and conditions, or to initiate a warranty claim, please contact Mellow customer support.

10. CUSTOMER SUPPORT

If you have any questions, require assistance with assembly, or need to report a missing/damaged part, please contact Mellow customer support through the retailer where you purchased the product or visit the official Mellow

website for contact information.

Please have your model number (BP-ESFBF-WHF) and proof of purchase ready when contacting support.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question