

[Manuals.plus](#) /

› [Longines](#) /

› Longines Hydroconquest Watch L3.742.3.56.7 User Manual

## Longines L3.742.3.56.7

# Longines Hydroconquest Watch User Manual

Model: L3.742.3.56.7

## INTRODUCTION

Welcome to the user manual for your Longines Hydroconquest Watch, Model L3.742.3.56.7. This manual provides essential information for the proper setup, operation, and maintenance of your timepiece, ensuring its longevity and accurate performance.

This watch features an automatic movement, a black dial, a uni-directional rotating bezel, and is water-resistant to 300 meters (1000 feet). It is crafted with a silver-tone and stainless steel case and a two-tone (silver-tone and gold-tone) stainless steel and yellow gold PVD center links band, secured by a Fold Over with Safety Release clasp. The crystal is scratch-resistant sapphire, offering superior durability.



Image: Longines Hydroconquest Watch, Model L3.742.3.56.7. This image displays the watch's black dial, gold-tone accents, and two-tone stainless steel bracelet.

## SETUP

---

### Unboxing and Initial Inspection

Carefully remove the watch from its packaging. Inspect the watch for any visible damage or irregularities before proceeding with setup.

### Setting the Time and Date

Your Longines Hydroconquest watch is equipped with an automatic movement. It will begin to operate with the motion of your wrist. If the watch has stopped, gently shake it for a few seconds to initiate movement.

1. Unscrew the crown by turning it counter-clockwise until it is free.
2. Pull the crown out to the **first position** to set the date. Turn the crown clockwise or counter-clockwise until the correct date is displayed. *Avoid setting the date between 9 PM and 3 AM to prevent damage to the movement.*
3. Pull the crown out to the **second position** to set the time. Turn the crown to move the hands clockwise until the correct time is displayed. Ensure the AM/PM is correctly set by observing if the date changes at midnight.
4. Once the time and date are set, push the crown back into the case and screw it down tightly to ensure water resistance.

## Adjusting the Bracelet

The bracelet can be adjusted by adding or removing links to achieve a comfortable fit. It is recommended to have this procedure performed by a qualified watchmaker or an authorized Longines service center to prevent accidental damage to the bracelet or watch case.

## OPERATING YOUR WATCH

---

### Automatic Movement

The watch is powered by an automatic mechanical movement, which winds itself with the natural motion of your wrist. If worn daily for at least 8-10 hours, it should maintain sufficient power reserve. If not worn, the power reserve typically lasts for approximately 40-60 hours, depending on the specific movement.

### Uni-directional Rotating Bezel

The uni-directional rotating bezel can be used to measure elapsed time, typically for diving or other timed activities. Its design prevents accidental increases in measured time.

1. Align the bezel's zero marker (usually a triangle or dot) with the minute hand at the start of the activity.
2. Read the elapsed time on the bezel as the minute hand progresses. The bezel only rotates counter-clockwise.

### Water Resistance

This watch is water-resistant to 300 meters (1000 feet), indicated as 30 bar on the dial. This rating makes it suitable for professional marine activity and serious surface water sports, but it is not designed for saturation diving. Always ensure the crown is fully screwed down before exposing the watch to water to maintain its water resistance integrity.

## MAINTENANCE AND CARE

---

### Cleaning

To clean your watch, use a soft, damp cloth. For metal bracelets, a soft brush with mild soapy water can be used, followed by rinsing with clean water and drying thoroughly. Ensure the crown is screwed down before cleaning with water.

### Regular Servicing

For optimal performance and longevity, it is recommended to have your Longines watch serviced by an authorized service center every 3-5 years. This includes checking the movement, seals, and water resistance to ensure continued reliability.

### Storage

When not wearing your watch, store it in a cool, dry place, away from direct sunlight and strong magnetic fields. A watch box or pouch can provide protection from dust and scratches.

### Avoiding Shocks and Magnetic Fields

While robust, avoid exposing your watch to severe shocks or impacts. Strong magnetic fields, such as those from speakers, refrigerators, or certain electronic devices, can affect the accuracy of the mechanical movement.

## TROUBLESHOOTING

---

| Problem                          | Possible Cause                                                         | Solution                                                                                            |
|----------------------------------|------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|
| Watch stops or runs inaccurately | Insufficient power reserve                                             | Wear the watch regularly (8-10 hours daily) to allow the automatic movement to wind.                |
| Watch stops or runs inaccurately | Exposure to strong magnetic fields                                     | Have the watch demagnetized at an authorized Longines service center.                               |
| Condensation under crystal       | Loss of water resistance (e.g., crown not screwed down)                | Immediately take the watch to an authorized service center. Do not attempt to dry it yourself.      |
| Date not changing correctly      | Incorrect time setting (AM/PM) or setting date during restricted hours | Reset the time and date, ensuring AM/PM is correct and avoiding date changes between 9 PM and 3 AM. |

## TECHNICAL SPECIFICATIONS

| Feature              | Detail                                                                                |
|----------------------|---------------------------------------------------------------------------------------|
| Model Number         | L3.742.3.56.7                                                                         |
| Movement             | Automatic Mechanical                                                                  |
| Case Material        | Stainless Steel and Silver-tone                                                       |
| Case Size            | 41 mm (diameter) x 13 mm (thickness)                                                  |
| Dial Color           | Black                                                                                 |
| Band Material        | Two-tone (Silver-tone and Gold-tone) Stainless Steel and Yellow Gold PVD Center Links |
| Clasp Type           | Fold Over with Safety Release                                                         |
| Crystal              | Scratch Resistant Sapphire                                                            |
| Water Resistance     | 300 meters / 1000 feet (30 bar)                                                       |
| Bezel                | Uni-directional Rotating                                                              |
| Manufacturer         | Longines                                                                              |
| Date First Available | August 3, 2017                                                                        |

## WARRANTY AND SUPPORT

Your Longines Hydroconquest watch is covered by a manufacturer's warranty against defects in materials and workmanship. Please refer to the warranty card included with your purchase for specific terms and conditions, including the warranty period and coverage details.

For service, repairs, or warranty claims, please contact an authorized Longines service center. Using unauthorized service providers may void your warranty and compromise the integrity of your timepiece.

For further assistance, you may visit the official Longines website or contact their customer support directly:

[Official Longines Website](#)

[Longines Customer Service](#)

