

Fossil FTW4004

Fossil Gen 3 Explorist Smartwatch User Manual

Model: FTW4004

INTRODUCTION

This manual provides comprehensive instructions for the Fossil Gen 3 Explorist Smartwatch, model FTW4004. Designed to keep you connected wherever the road takes you, this smartwatch offers customizable features, notifications, and automatic activity tracking from hiking trails to the gym. Please read this manual thoroughly to ensure proper use and maintenance of your device.



Image: Front view of the Fossil Gen 3 Explorist Smartwatch, showing the digital display with time, date, steps, and a calendar reminder. The watch has a blue casing and a brown leather strap.

Initial Charging

Before first use, fully charge your Fossil Gen 3 Explorist Smartwatch. The device comes with an inductive charging magnet.

1. Connect the inductive charging magnet (included) to a USB power source (e.g., computer USB port or a 1.5V USB adapter).
2. Place your Fossil Q smartwatch onto the charging magnet. Ensure proper alignment for charging to begin.
3. Allow the watch to charge until the battery indicator shows a full charge. A full charge typically takes approximately 2.5 hours from 20% to 100%.



Image: The Fossil Gen 3 Explorist Smartwatch, its charging cable, and the product packaging, including the quick start guide and warranty information.

Pairing with Your Smartphone

Your smartwatch uses Bluetooth technology to connect to your phone. For full functionality, pair it with a compatible smartphone.

1. Download the Wear OS by Google app from the App Store (iOS) or Google Play Store (Android).
2. Open the Wear OS app on your smartphone and follow the on-screen instructions to begin pairing.
3. On your Fossil Gen 3 Explorist, select your preferred language and accept the terms and conditions.
4. A pairing code will appear on both your watch and phone. Confirm that the codes match and proceed with pairing.
5. Once paired, the watch will sync with your phone, and you can begin customizing settings and receiving notifications.

OPERATING YOUR SMARTWATCH

Display and Touchscreen Functionality

The Fossil Gen 3 Explorist features a full-round display with touchscreen capabilities. Navigate through menus, select apps, and interact with notifications by tapping, swiping, and long-pressing on the screen.

Button Functions

The watch includes three physical buttons for quick access to features:

- **Crown Button (Middle):** Press to access the app drawer or return to the watch face. Rotate to scroll through lists and notifications.
- **Top Button:** Customizable shortcut. Default may be fitness tracking or a frequently used app.
- **Bottom Button:** Customizable shortcut. Default may be Google Assistant or another frequently used app.



Image: Side view of the Fossil Gen 3 Explorist Smartwatch, highlighting the three physical buttons on the right side of the watch casing.

Notifications

Receive notifications for texts, calls, emails, and app updates directly on your watch. Swipe down from the watch face to view recent notifications. You can interact with notifications, such as replying to messages

(Android only) or dismissing alerts.

Activity Tracking

The smartwatch automatically tracks your daily activity, including steps taken, distance covered, and calories burned. This data automatically syncs to your phone via the Wear OS app, allowing you to monitor your fitness progress.

Music Control

Control music playback on your smartphone directly from your watch. Access your favorite music player and manage tracks, volume, and playback status.

Voice Commands

Utilize the built-in microphone and speaker to perform various tasks using voice commands (Voice compatibility with Android OS 4.3+ only). Activate Google Assistant by pressing the designated button or saying "Ok Google" when the screen is active.

MAINTENANCE AND CARE

Cleaning

- Wipe the watch case and screen with a soft, lint-free cloth.
- For leather straps, avoid prolonged exposure to water and direct sunlight. Clean with a damp cloth and mild soap if necessary, then air dry.
- For metal straps, use a soft brush to remove dirt from crevices.

Water Resistance

The Fossil Gen 3 Explorist is rated IP67 water resistant. This means it is protected against dust and can withstand immersion in water up to 1 meter for up to 30 minutes. It is suitable for everyday use and splashes, but not recommended for swimming or showering.

Battery Life

The estimated battery life is 24 hours, based on usage. To optimize battery life:

- Adjust screen brightness.
- Limit background app refresh.
- Turn off "Always-on screen" feature.
- Disable unnecessary notifications.

TROUBLESHOOTING

Issue	Possible Cause / Solution
Watch not turning on / unresponsive	Ensure the watch is fully charged. Perform a hard reset by holding the crown button for approximately 15 seconds until the Fossil logo appears.
Poor battery life	Battery life varies with usage. Reduce screen brightness, disable "Always-on screen," limit notifications, and close unused apps. Initial setup and updates can consume more battery. Allow a few charge cycles for optimal performance.
Cannot pair with phone	Ensure Bluetooth is enabled on both devices. Restart both the watch and phone. Make sure the Wear OS app is updated to the latest version. Forget the device in your phone's Bluetooth settings and try pairing again.
Notifications not appearing	Check notification settings in the Wear OS app on your phone. Ensure the watch is connected via Bluetooth. Verify that the phone's notification permissions are granted to the Wear OS app.
Watch feels slow or sluggish	Ensure all watch apps and the Wear OS are updated. Restart the watch. Limit the number of active apps or complex watch faces.

SPECIFICATIONS

Feature	Detail
Model Number	FTW4004
Brand	Fossil
Material	Stainless steel
Dimensions (LxWxH)	10 x 10 x 8 Centimeters
Item Weight	249 g
Batteries	1 Lithium Ion battery (included)
Water Resistance	IP67
Interchangeable Compatibility	22mm straps
Manufacturer	FOSSIL INDIA PVT LTD
First Available Date	24 September 2017

WARRANTY AND SUPPORT

Warranty Information

This product typically comes with a 1-year manufacturer's warranty. Please refer to the warranty card included in your product packaging for specific terms and conditions, including coverage details and how to make a claim.

Customer Support

For technical assistance, troubleshooting, or warranty claims, please contact Fossil customer support. You can find contact information on the official Fossil website or through the documentation provided with your watch. For additional resources and FAQs, visit the official Fossil support page or the Wear OS by Google support page.