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› Herman Miller Classic Aeron Chair (Size B) Instruction Manual

Herman Miller Aeron369

Herman Miller Classic Aeron Chair (Size B) Instruction Manual

MODEL: AERON369

Introduction

The Herman Miller Classic Aeron Chair in Size B is designed to provide exceptional ergonomic support and comfort for extended periods of sitting. This manual provides detailed instructions for assembly, operation, adjustment, and maintenance to ensure optimal use and longevity of your chair. The chair features a durable aluminum frame, breathable Pellicle mesh, and a range of adjustments to customize your seating experience.

Product Overview

The Classic Aeron Chair is an operator/task chair with a solid back style, designed for office and study room use. It features a black finish, aluminum material, and a Pellicle fabric type. Key features include casters, ergonomic design, heavy-duty construction, high back, lumbar support, mesh back and seat, padded arms, posture-curved back, swivel, and tilt lock. The chair is partially assembled upon delivery.



Figure 1: Herman Miller Classic Aeron Chair in a modern office environment.

Setup

The Herman Miller Classic Aeron Chair is delivered partially assembled. Detailed assembly instructions are provided with the product. Typically, this involves attaching the back of the chair to the base using the provided hardware. Ensure all connections are secure before use.

Operating Instructions & Adjustments

The Aeron chair offers a variety of adjustments to personalize your seating experience for optimal comfort and ergonomic support.

1. Seat Height Adjustment

Locate the lever on the right side, beneath the seat. Lift your weight slightly off the seat and pull the lever up to raise the seat. To lower the seat, remain seated and pull the lever up until the desired height is reached.

2. Armrest Adjustments

The armrests are four-way adjustable. Use the levers located on the side of the armrests to adjust their height. The armrests can also swivel and adjust sideways to provide optimal support for your arms and shoulders.

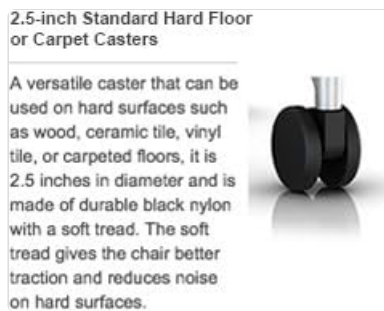


Figure 2: Armrest adjustment mechanism.

3. Tilt Limiter and Seat Angle Adjustment

The tilt limiter allows you to set the recline range at one of three postures: upright, mid-recline, or full-recline. The seat angle adjustment changes the seat angle from neutral (parallel to the floor) to engaged (5-degree forward tilt).



Figure 3: Tilt limiter and seat angle adjustment controls.

4. Rear Tension Control

Adjust the tension control knob, typically located on the right side under the seat, to modify the amount of effort required to recline comfortably. Turn clockwise to increase tension (firmer recline) and counter-clockwise to decrease tension (easier recline).

5. Adjustable Lumbar Support

The lumbar support adjusts to support the natural curve of your mid-back or lumbar region. The lumbar support pad can be adjusted vertically over a 4.5-inch range and positioned with a thinner or thicker side facing you to vary the support provided.



Figure 4: Adjustable lumbar support mechanism.

Maintenance

To maintain the quality and appearance of your Herman Miller Classic Aeron Chair, wipe it clean regularly with a soft, damp cloth. Avoid using harsh chemicals or abrasive cleaners, as these may damage the Pellicle mesh or aluminum frame. For deeper cleaning, consult the official Herman Miller care instructions.

Safety Information

Caution: This chair has moving parts. Always follow the instructions for proper use and maintenance to avoid injury. Do not exceed the maximum weight capacity of 300 pounds. Keep the chair away from heat sources and liquids to prevent damage. Always ensure the chair is stable before sitting or making adjustments.

Specifications

Brand	Herman Miller
Model Name	Aeron369
Size	Size B (Medium)
Color	Black
Material	Aluminum (Frame), Pellicle (Fabric)
Product Dimensions	16"D x 25.75"W x 34.25"H
Item Weight	50 pounds
Maximum Weight Recommendation	300 Pounds
Special Feature	Adjustable
Back Style	Solid Back

Recommended Uses	Office, Study Room
Cushion Style	Pellicle
Surface Recommendation	Hard Floor

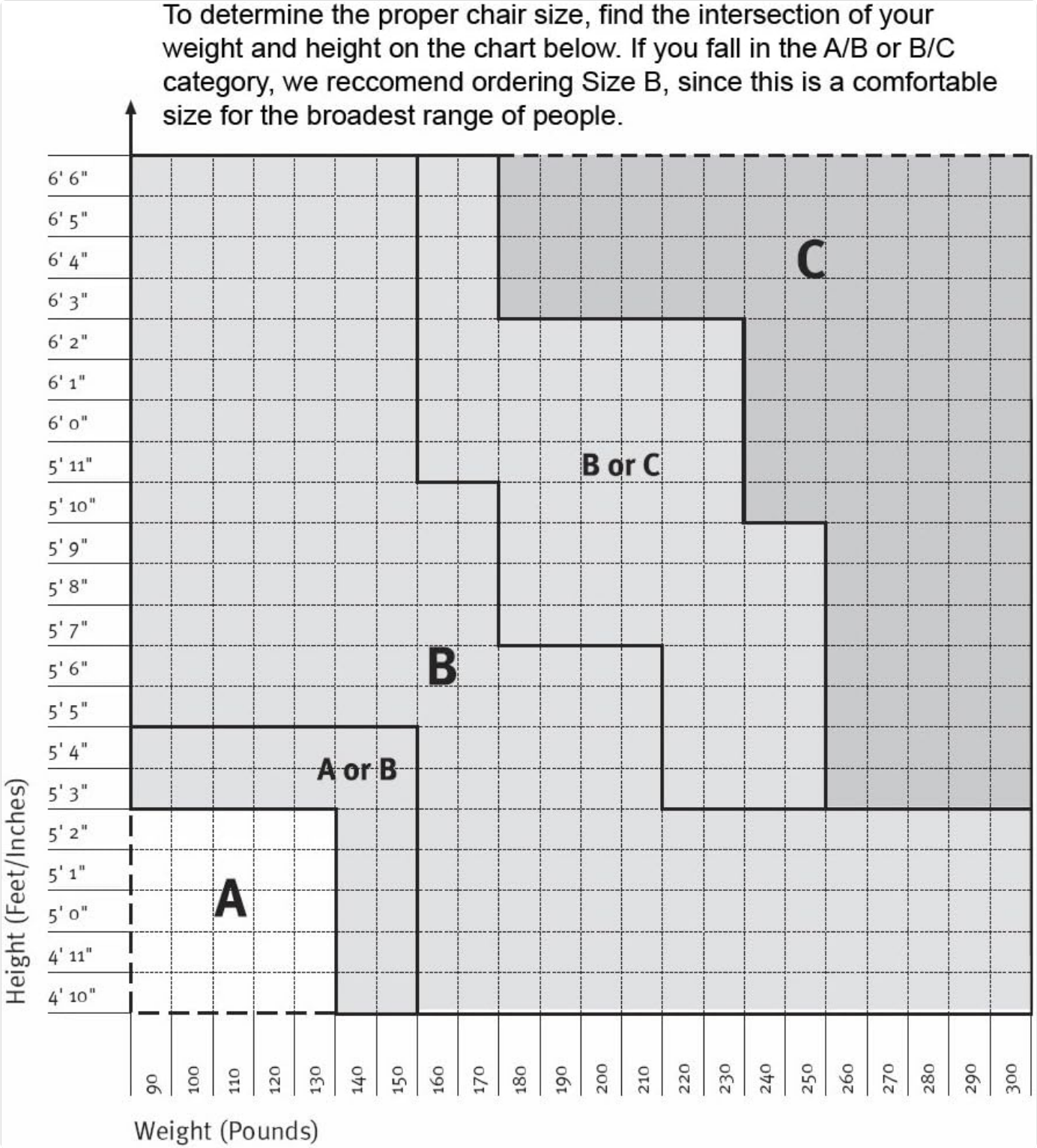


Figure 5: Size B (Medium) chair dimensions and recommended user range.

Troubleshooting

- **Chair not adjusting height:** Ensure the height adjustment lever is fully engaged and that there is no obstruction in the pneumatic cylinder.

- **Difficulty reclining:** Check the tension control knob. Turn it counter-clockwise to reduce tension for easier reclining.
- **Armrests not staying in place:** Verify that the armrest adjustment levers are securely locked after positioning.
- **Squeaking noises:** Apply a small amount of silicone-based lubricant to moving parts, especially around the tilt mechanism and casters.

Warranty and Support

Herman Miller products are known for their durability and quality. For specific warranty information and customer support, please refer to the documentation provided with your purchase or visit the official Herman Miller website. Protection plans may also be available for extended coverage.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question