

Nuwave 37006K

Nuwave Brio 6-Quart Digital Air Fryer Instruction Manual

Model: 37006K | Brand: Nuwave

1. INTRODUCTION

The Nuwave Brio 6-Quart Digital Air Fryer is a versatile kitchen appliance designed to prepare a wide variety of foods with little to no oil. Utilizing advanced air frying technology, it circulates super-heated air to cook food evenly, resulting in crispy exteriors and tender interiors. This manual provides essential information for safe operation, optimal performance, and proper maintenance of your Nuwave Brio Air Fryer.



Image: The Nuwave Brio 6-Quart Digital Air Fryer shown with its included accessories, highlighting its compact design and cooking versatility.

2. SAFETY INFORMATION

Please read all instructions carefully before using the Nuwave Brio Air Fryer. Failure to follow these instructions may result in electric shock, fire, or serious injury.

- Always place the appliance on a stable, level, heat-resistant surface.
- Do not immerse the main unit, cord, or plug in water or other liquids.
- Keep hands and face away from the hot air vents during operation.
- Ensure the fry basket is properly inserted before operating.
- Unplug the appliance from the outlet when not in use and before cleaning.
- Allow the appliance to cool completely before handling or cleaning parts.

- This appliance is for household use only.

3. WHAT'S IN THE BOX

Verify that all components are present upon unboxing:

- Nuwave Brio 6-Quart Digital Air Fryer Unit
- Fry Basket
- Basket Divider
- Non-Stick Baking Pan
- Stainless-Steel Cooking Rack
- User Manual (PDF available online)

The Brio Does It All



AIR FRY



ROAST



GRILL



BROIL



REHEAT



TOAST



DEHYDRATE



WARM



360° Heat Distribution

Super-heated air surrounds and cooks your food for results that are *crispy* on the outside and *tender* on the inside.

Image: All components of the Nuwave Brio 6-Quart Digital Air Fryer package, including the main unit, fry basket, baking pan, and cooking rack.

4. SETUP

1. **Unpack:** Remove all packaging materials, stickers, and labels from the appliance.
2. **Clean:** Before first use, wash the fry basket, non-stick baking pan, and stainless-steel cooking rack with warm, soapy water. Rinse thoroughly and dry completely. Wipe the main unit with a damp cloth.
3. **Placement:** Place the Nuwave Brio on a stable, heat-resistant surface, ensuring adequate clearance (at least 6 inches) from walls or other appliances to allow for proper air circulation.
4. **Power Connection:** Plug the power cord into a grounded electrical outlet.

5. OPERATING INSTRUCTIONS

5.1. Digital Control Panel

The Nuwave Brio features an intuitive digital control panel with a bright LCD display. It allows for precise temperature and time adjustments, as well as access to various pre-programmed functions.

nuwave Brio® 6QT Digital Air Fryer



Image: Close-up of the Nuwave Brio's digital control panel, showing the display and various function buttons.

5.2. Basic Operation

1. **Power On/Off:** Press the **ON/OFF** button to turn the unit on or off.
2. **Set Temperature:** Use the **Temperature Up/Down** arrows to adjust the cooking temperature (adjustable by 5-degree increments).
3. **Set Time:** Use the **Time Up/Down** arrows to set the cooking duration.
4. **Pre-Heat:** Press the **PRE-HEAT** button to pre-heat the unit to your desired temperature before adding food.
5. **Start/Pause:** Press **START/PAUSE** to begin or temporarily stop the cooking cycle.
6. **Menu Presets:** The **MENU** button cycles through pre-programmed settings for common foods like fries, nuggets, steak, poultry, and fish.
7. **Wattage Settings:** Adjust wattage (900W, 1500W, 1800W) using the **WATTS** button for different cooking needs and power availability.
8. **Reheat:** The **REHEAT** function warms food at 360°F for 4 minutes, ideal for leftovers.

5.3. Cooking Modes

The Nuwave Brio offers multiple cooking functionalities:

- **Air Fry:** For crispy results with little to no oil.
- **Roast:** Ideal for meats and vegetables.
- **Grill:** Achieve grilled textures and flavors.
- **Broil:** For browning and crisping the top layer of food.
- **Toast:** Perfect for bread and pastries.
- **Dehydrate:** Remove moisture from fruits, vegetables, and meats.
- **Warm:** Keep food warm after cooking.

A Perfect Fit For Any Kitchen

The 6-quart basket is perfect for cooking 2 pounds of fries or a 3.5-pound chicken



Use the removable divider insert to fry two foods at once

Image: Visual representation of the Nuwave Brio's 8-in-1 cooking capabilities, including air fry, roast, grill, broil, reheat, toast, dehydrate, and warm.

6. COOKING GUIDE

The Nuwave Brio utilizes **Aerodynamic Technology** and **Cyclonic Hot Air** for **360° Crisping**, ensuring food is cooked thoroughly and evenly without the need for flipping. The pre-heat function ensures the cooking chamber reaches the perfect temperature before you start cooking, leading to consistent results.

6.1. Using the Basket Divider

The included basket divider allows you to cook two different foods simultaneously, optimizing your cooking time.

A Healthier Way to Fry

*Enjoy deliciously crispy results
made healthier by frying with
little to no oil!*



Up to
70% **FEWER
CALORIES**

36 Easy & Delicious Recipes Included



Sliders



Home Fries



Chicken Satay



Buffalo Wings



Apple Pie



Cajun Shrimp

Image: The Nuwave Brio's fry basket with the divider inserted, demonstrating how two different food items can be cooked at once.

6.2. Official Product Videos

Watch these official videos from the seller for more cooking demonstrations and tips:

Video: Nuwave Brio 6QT Air Fryer - With Less Oil, Mess & Fat. This video demonstrates the air fryer's ability to cook various foods with reduced oil and mess.

Video: BRIO multi-purpose Cooking Non-Stick Baking pan. This video showcases the versatility of the non-stick baking pan for various recipes.

Video: NuWave Brio 6QT Air Fryer. A comprehensive overview of the Nuwave Brio 6-Quart Air Fryer's features and benefits.

7. MAINTENANCE AND CLEANING

Proper cleaning and maintenance will extend the life of your Nuwave Brio Air Fryer.

- **Unplug and Cool:** Always unplug the appliance and allow it to cool completely before cleaning.
- **Basket and Accessories:** The fry basket, non-stick baking pan, and stainless-steel cooking rack are dishwasher-safe (top rack only). For stubborn residue, soak in warm, soapy water before cleaning.
- **Main Unit:** Wipe the exterior of the main unit with a damp cloth. Do not use abrasive cleaners or immerse the unit in water.
- **Interior:** Gently wipe the interior of the appliance with a damp cloth.

Easy Cleanup

Nearly all parts and accessories are dishwasher-safe making cleanup a breeze!*



** Top rack only*

Image: Various removable parts of the Nuwave Brio Air Fryer, including the basket and rack, being cleaned, demonstrating easy cleanup.

8. TROUBLESHOOTING

If you encounter issues with your Nuwave Brio, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
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Problem	Possible Cause	Solution
Appliance does not turn on	Not plugged in; Power outlet issue	Ensure plug is securely in a grounded outlet; Test outlet with another appliance.
Food not cooked evenly	Overcrowding; Incorrect temperature/time	Cook in smaller batches; Adjust temperature and time as needed.
White smoke from appliance	Grease residue; High-fat food	Clean the basket and interior thoroughly; For high-fat foods, drain excess fat during cooking.
Basket does not slide in properly	Basket is not aligned correctly	Push the basket in until it clicks securely into place.

9. SPECIFICATIONS

Feature	Detail
Model Name	Brio 6 Qt
Item Model Number	37006K
Capacity	6-Quart (5.68 Liters)
Product Dimensions	10"D x 10"W x 13"H
Item Weight	21.8 Pounds
Wattage	1800 Watts
Voltage	120 Volts
Control Method	Touch
Material	Stainless Steel
Has Nonstick Coating	Yes
Is Dishwasher Safe	No (Top rack only for removable parts)
UPC	646791425051






10. WARRANTY AND SUPPORT

The Nuwave Brio 6-Quart Digital Air Fryer comes with a manufacturer's warranty. For detailed warranty information, including terms, conditions, and registration, please refer to the official Nuwave website or the documentation included with your purchase. For technical support, troubleshooting assistance beyond this manual, or to inquire about replacement parts, please contact Nuwave Customer Service directly.

You can also find additional resources and a downloadable PDF user manual on the official Nuwave website or through the retailer where you purchased the product.

[Visit the Official Nuwave Store](#)

Related Documents - 37006K

 <p>The cover features the NuWave logo at the top left, a 'RECIPES' badge at the top right, and an image of the black air fryer. The text reads: 'NuWave Brio Healthy Digital 10Q Air Fryer' and 'Owner's Manual & Complete Recipe Book'.</p>	<p>NuWave Brio Healthy Digital 10Q Air Fryer Owner's Manual and Recipe Book</p> <p>Comprehensive guide for the NuWave Brio Healthy Digital 10Q Air Fryer, including operating instructions, safety precautions, maintenance, troubleshooting, and a complete recipe book. Learn how to use your air fryer for optimal results and explore various cooking options.</p>
 <p>The cover shows the air fryer with various accessories like a baking pan and a rack. It includes the text: 'GOURMET ACCESSORY KIT For The NuWave Brio Healthy Digital Air Fryer' and '30 Recipes'.</p>	<p>NuWave Brio Gourmet Accessory Kit: Recipes and Usage Guide</p> <p>Explore delicious recipes and essential care instructions for the NuWave Brio Gourmet Accessory Kit, featuring the Non-Stick Baking Pan and Stainless Steel Reversible Rack. Enhance your air frying experience with this comprehensive guide.</p>
 <p>The cover displays the air fryer with a 'RECIPES' badge. The text reads: 'NuWave Brio 3Q Digital Air Fryer' and 'Owner's Manual & Complete Recipe Book'.</p>	<p>NuWave Brio 3Q Digital Air Fryer Owner's Manual & Recipe Book</p> <p>Comprehensive guide for the NuWave Brio 3Q Digital Air Fryer, covering operation, safety, troubleshooting, and including a full recipe book for healthy cooking.</p>
 <p>The cover shows the air fryer with food inside. The text reads: 'NuWave Brio Digital Air Fryer' and 'Owner's Manual & Complete Recipe Book'.</p>	<p>NuWave Brio Digital Air Fryer: Owner's Manual & Recipe Book for Healthy Cooking</p> <p>Master your NuWave Brio Digital Air Fryer with this official owner's manual and recipe book. Find detailed operating instructions, safety guidelines, troubleshooting tips, and a collection of delicious recipes for everyday meals and special occasions.</p>
 <p>The cover features the NuWave logo, 'BRIO DIGITAL AIR FRYER', and '7.25Q CAPACITY'. It also includes the text: 'Owner's Manual' and 'Model: Brio 7.25Q'.</p>	<p>Nuwave Brio 7.25Q Digital Air Fryer Owner's Manual</p> <p>Comprehensive owner's manual for the Nuwave Brio 7.25Q Digital Air Fryer. Learn about setup, operation, advanced features, cleaning, troubleshooting, and warranty information for your Nuwave air fryer.</p>

WARRANTY INFORMATION
nuwave
Brio 14Q
The Ultimate Air Fryer Oven
with Temperature Probe



[NuWave Brio 14Q Digital Air Fryer Oven Limited Warranty Information](#)

Explore the limited warranty terms and conditions for the NuWave Brio 14Q Digital Air Fryer Oven. Learn about coverage, exclusions, and how to obtain service from NuWave LLC.