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DonJoy DA161KB02

DonJoy Advantage Stabilizing Double Hinged Knee Wrap Brace User Manual

Model: DA161KB02

1. PRODUCT OVERVIEW

The DonJoy Advantage Stabilizing Double Hinged Knee Wrap is designed to provide maximum knee support and effective pain relief. Constructed with 4mm perforated Neoprene material, this knee wrap offers compression to keep muscles warm and protects the knee during activities. It features removable aluminum stays for medial/lateral support and a patella opening for kneecap stabilization.



Image 1: DonJoy Advantage Stabilizing Double Hinged Knee Wrap Brace, front view.

Key Features:

- **Medial and Lateral Support:** Removable dual hinges provide adjustable support.
- **Adjustable Straps:** Top and bottom straps allow for a customized fit, added compression, and anti-migration.
- **Patella Buttress:** Open donut design provides kneecap stabilization.
- **Material:** Moisture-wicking, compressive, and breathable 4mm perforated Neoprene.
- **Easy Application:** Wrap-around design for simple on/off and adjustments.

Intended Uses:

This brace is suitable for mild to moderate knee sprains and strains, ACL/MCL instabilities, meniscal tears, hyperextension, muscle strain, and arthritis. It is ideal for day-to-day activities and various sports such as soccer, basketball, lacrosse, tennis, racquetball, pickleball, or golf.



Image 2: Visual representation of the knee brace's key features.

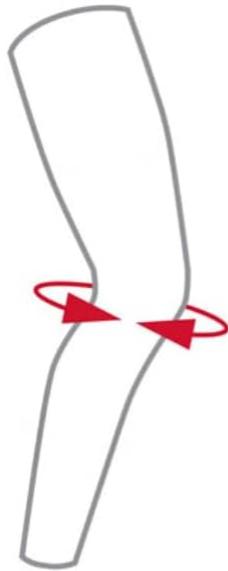
2. SIZING INFORMATION

To ensure optimal support and comfort, select the correct size using the following instructions and chart.

How to Measure:

1. Stand with feet shoulder-width apart, knees slightly bent, leg muscles gently flexed.
2. Place measuring tape flat against the skin (not tight). Measure leg circumference at the center of the kneecap.
3. Use the chart below to find your size. If your measurement falls between sizes, choose the larger option.

A correctly sized brace will feel **comfortably snug and supportive** without being excessively tight.



Find the Right Fit:

1. Stand with feet shoulder-width apart, knees slightly bent, leg muscles gently flexed.
2. Place measuring tape flat against the skin (not tight). Measure leg circumference at the center of the kneecap
3. Use chart to find your size. If you land between sizes, choose the larger option.

A correctly sized brace will feel **comfortably snug and supportive** without being excessively tight.

Size	Knee Center
S/M	13"-15" (33-38cm)
L/XL	15"-19" (38-48cm)

Image 3: Sizing guide and chart for the knee brace.

Size Chart:

Size	Knee Center Circumference
Small/Medium (S/M)	13"-15" (33-38 cm)
Large/X-Large (L/XL)	15"-19" (38-48 cm)

3. SETUP & APPLICATION

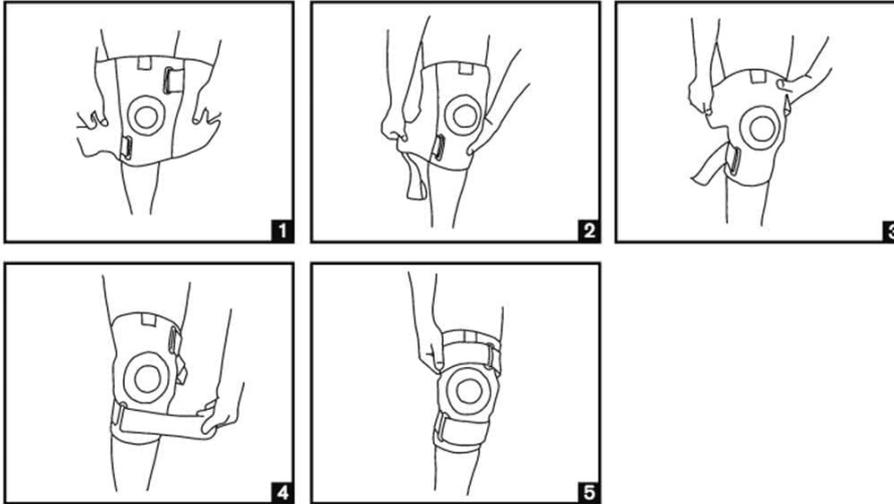
Follow these steps to correctly apply your DonJoy Advantage Stabilizing Double Hinged Knee Wrap Brace.



DONJOY[®]

ADVANTAGE

INSTRUCTIONS



Center the brace and knee cut out over the knee cap. Wrap the bottom flap and then top flap behind the leg. Feed the bottom strap through loop then the top strap and attach.

S/M	L/XL
13-15"	15-19"
33-38 cm	38-48 cm



Image 4: Step-by-step application guide.

1. **Step 1:** Unfasten all straps and open the brace.
2. **Step 2:** Position the brace around your knee, ensuring the knee cut-out is centered over your kneecap.
3. **Step 3:** Wrap the bottom flap of the brace around the back of your leg and secure it with the Velcro.
4. **Step 4:** Wrap the top flap of the brace around the back of your leg and secure it with the Velcro.
5. **Step 5:** Feed the bottom strap through its loop and pull to tighten, then secure the Velcro. Repeat for the top strap. Adjust both straps for a secure, comfortable fit without restricting circulation.



PRODUCT FEATURES:



Image 5: Brace applied to a leg (side and front views).

Video Guide:

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Video 1: A detailed overview and application demonstration of the DonJoy knee brace.

4. OPERATING INSTRUCTIONS

Once applied, the brace should provide comfortable support. Ensure the brace is snug but does not cause discomfort, numbness, or restrict blood flow. Periodically check the fit during activity and readjust straps as needed to maintain optimal support.



Image 6: The knee brace in use during physical activity.

5. MAINTENANCE

Cleaning Instructions:

- Hand wash in warm water using mild soap.
- Rinse thoroughly to remove all soap residue.
- Air dry completely before re-use. Do not machine wash, tumble dry, iron, or bleach.

6. WARNINGS

- Neoprene supports should not be worn by individuals with known susceptibility to dermatitis or allergies to neoprene by-products.
- If you experience any discomfort, pain, swelling, skin irritation, or unusual reaction while using this product, discontinue use and consult a medical professional.
- **Proposition 65 Warning:** This product may contain chemicals known to the State of California to cause cancer and birth defects or other reproductive harm.

7. SPECIFICATIONS

Attribute	Detail
Product Dimensions	3.74 x 11.8 x 2 inches
Item Weight	11.53 ounces
Model Number	DA161KB02-BLK-S,M
Manufacturer	DJO, LLC
Date First Available	July 8, 2017

8. SUPPORT

For further assistance or inquiries, please contact the manufacturer:

DJO, LLC Customer Service: 1.800.526.8785