Cecotec 03023

Cecotec Rock'nGrill P Electric Grill 1000W Instruction Manual

Model: 03023

1. Product Overview

The Cecotec Rock'nGrill P Electric Grill 1000W is designed for versatile indoor grilling, allowing you to prepare a variety of foods such as burgers, sandwiches, and toast. It features a 1000W heating element for efficient cooking and a RockStone non-stick coating for easy food release and cleaning. The grill is equipped with a floating lid that adapts to different food thicknesses, ensuring even cooking. A removable grease box is integrated for convenient fat collection.



Image 1.1: The Cecotec Rock'nGrill P Electric Grill shown open with a sandwich being grilled on its non-stick surface.

2. Safety Instructions

Please read all instructions carefully before using the appliance and retain them for future reference. Failure to follow these instructions may result in electric shock, fire, or serious injury.

- Always ensure the appliance is placed on a stable, level, and heat-resistant surface.
- Do not immerse the appliance, power cord, or plug in water or any other liquid.
- Keep the appliance out of reach of children and pets.
- Do not touch hot surfaces. Use handles or knobs. The grill plates become very hot during operation.
- Unplug the appliance from the power outlet when not in use and before cleaning. Allow it to cool completely before handling or storing.
- Do not operate the appliance with a damaged cord or plug, or after the appliance malfunctions or has been damaged in any manner.
- Ensure adequate ventilation around the grill during use.
- This appliance is for household use only. Do not use outdoors.
- The operating indicator light signals when the grill is preheating and when it has reached the correct temperature for use.

3. Product Components

The Cecotec Rock'nGrill P Electric Grill includes the following main components:

- **Grill Unit:** Main body housing the heating elements and grill plates.
- **Floating Lid:** The top grill plate assembly that adjusts to the thickness of food.
- **RockStone Non-Stick Plates:** Upper and lower grilling surfaces.
- **Grease Box:** A removable tray located beneath the grill to collect excess fats and liquids.
- **Clamp:** A locking mechanism to keep the plates together for vertical storage.
- **Operating Indicator Light:** Illuminates during preheating and turns off when ready.



Image 3.1: The Cecotec Rock'nGrill P Electric Grill in its closed position, highlighting the floating lid and the integrated grease collection tray.

4. Setup

1. **Unpack:** Carefully remove the grill and all accessories from the packaging. Dispose of packaging materials responsibly.
2. **Placement:** Place the grill on a clean, dry, stable, and heat-resistant surface, ensuring there is sufficient space around it for ventilation.
3. **Initial Cleaning:** Before first use, wipe the grill plates with a damp cloth or sponge to remove any manufacturing residues. Dry thoroughly.
4. **Grease Box:** Ensure the grease box is correctly inserted into its designated slot beneath the grill plates.

5. Operating Instructions

1. **Preheating:** Plug the grill into a suitable power outlet. The operating indicator light will illuminate, signaling that the grill is preheating. Allow the grill to preheat until the indicator light turns off, indicating it has reached the optimal cooking temperature.

2. **Prepare Food:** While the grill is preheating, prepare your food items. Lightly brush food with oil if desired, though the non-stick coating reduces this need.
3. **Place Food:** Carefully open the grill lid using the handle. Place the food items onto the lower grill plate. The floating lid will automatically adjust to the thickness of your food.
4. **Grilling:** Close the lid. Cook for the desired amount of time, checking periodically for doneness. Cooking times will vary based on food type and thickness.
5. **Remove Food:** Once cooked, carefully remove food using heat-resistant utensils. Avoid using metal utensils that could scratch the non-stick coating.
6. **Power Off:** After use, unplug the grill from the power outlet.



Image 5.1: The Cecotec Rock'nGrill P Electric Grill in use, showing two sandwiches being grilled simultaneously on its ample cooking surface.

6. Cleaning and Maintenance

Proper cleaning and maintenance will extend the life of your Cecotec Rock'nGrill P.

1. **Cool Down:** Always unplug the grill and allow it to cool completely before cleaning.
2. **Empty Grease Box:** Carefully remove the grease box and discard collected fats. Wash the grease box with warm, soapy water and dry thoroughly.
3. **Clean Grill Plates:** The grill plates are **not detachable**. Use a damp cloth or sponge with a small amount of mild detergent to wipe down the RockStone non-stick plates. For stubborn residue, a plastic scraper can be used. Avoid abrasive cleaners or scouring pads, as these can damage the non-stick coating.
4. **Clean Exterior:** Wipe the exterior surfaces of the grill with a damp cloth. Do not use harsh chemicals or abrasive materials.
5. **Storage:** Once clean and dry, the grill can be stored vertically to save space. Use the integrated clamp to keep the plates securely closed during storage.

7. Troubleshooting

Problem	Possible Cause	Solution
Grill does not heat up.	Not plugged in; power outlet issue; appliance malfunction.	Ensure the grill is securely plugged into a working power outlet. Check the circuit breaker. If the issue persists, contact customer support.
Food sticks to the plates.	Plates not properly cleaned; insufficient preheating; food not lightly oiled.	Ensure plates are clean before use. Allow the grill to fully preheat until the indicator light turns off. Lightly brush food with cooking oil.
Indicator light does not turn off.	Grill has not reached optimal temperature; sensor malfunction.	Allow more time for preheating. If the light never turns off after an extended period, contact customer support.

8. Specifications

- **Model Number:** 03023
- **Power:** 1000 Watts
- **Voltage:** 220V (as per product specifications, verify local compatibility)
- **Cooking Surface Dimensions:** 25.4 x 17.5 cm (10 x 6.9 inches)
- **Product Dimensions:** 11.81"D x 12.6"W x 4.72"H (approximately 30cm D x 32cm W x 12cm H)
- **Item Weight:** 2 Kilograms (4.4 pounds)
- **Material:** Stone, Stainless Steel
- **Color:** Black
- **Special Features:** Non-Stick Coating (RockStone), Floating Plate, Integrated Grease Box, Vertical Storage Clamp.
- **Included Components:** Grease Box, Clamp

9. Warranty and Support

This Cecotec product is covered by a manufacturer's warranty. Please refer to the warranty card included with your purchase for specific terms and conditions, including the warranty period and coverage details. For technical support, spare parts, or any inquiries regarding your Rock'nGrill P Electric Grill, please contact Cecotec customer service through their official website or the contact information provided in your product documentation.