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> Homedics Comfort Pro Elite Vibration Heated Shoulder Massager Wrap NMS-450H Instruction Manual

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Model: NMS-450H

INTRODUCTION

The Homedics Comfort Pro Elite Vibration Heated Shoulder Massager Wrap, model NMS-450H, is designed to provide targeted vibration massage and soothing heat to your neck, shoulders, and upper back. This manual provides essential information for the safe and effective use of your massager.

IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before use.

- Always follow the instructions provided with the massager.
- Do not use on injured or sensitive areas.
- Do not leave unattended while in use.
- Keep away from water.
- Unplug and allow to cool before storing.
- Do not iron or dry clean the fabric.
- Always unplug from the power source before cleaning.
- Always follow electrical safety guidelines.

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

PRODUCT OVERVIEW

The Homedics Comfort Pro Elite Massager Wrap features a soft plush fabric design with integrated controls for ease of use. It combines vibration massage with optional soothing heat to help relax tense muscles.



Image: Overview of the massager wrap highlighting its key features including vibration, heat, and weighted comfort.

The massager is designed to contour to your neck and shoulders, providing targeted relief. It incorporates a calming weight of approximately 3.3 lbs to enhance the massage experience.

2-in-1 relief

Heat + vibration for a deeper,
more penetrating massage



Image: Detailed view of the integrated control panel for easy operation.

SETUP

1. **Unpack:** Carefully remove the massager wrap from its packaging.
2. **Inspect:** Check the product for any signs of damage. Do not use if damaged.
3. **Connect Power:** Plug the power cord into a standard electrical outlet. Ensure the cord is not pinched or tangled.
4. **Position:** Place the massager wrap over your shoulders and neck, ensuring it sits comfortably and covers the desired areas for massage.

OPERATING INSTRUCTIONS

The massager features integrated controls for easy access to its functions.

- **Power On/Off:** Press the **Power button** (usually indicated by a circle with a vertical line) to turn the massager on or off.
- **Vibration Massage:** Press the **Vibration button** (often indicated by wavy lines or sound waves) to activate the vibration massage. The massager offers multiple intensity levels (typically 3). Press the

button repeatedly to cycle through the intensity settings and massage styles (e.g., constant vibration, pulsating rhythm).

- **Soothing Heat:** Press the **Heat button** (usually indicated by a flame or wavy lines with heat icon) to activate the soothing heat function. Press again to turn off the heat. The heat function can be used independently or in conjunction with the vibration massage.

For optimal results, use the massager for sessions of no more than 15-20 minutes at a time. Allow the unit to cool down before subsequent uses.

MAINTENANCE

- **Cleaning:** Always unplug the massager from the power source before cleaning. Wipe the surface with a soft, slightly damp cloth. Do not use abrasive cleaners or immerse the unit in water.
- **Storage:** After use, allow the massager to cool completely. Store it in a cool, dry place, away from direct sunlight and out of reach of children. Do not wrap the power cord tightly around the unit.
- **Fabric Care:** Do not iron or dry clean the plush fabric.

TROUBLESHOOTING

- **Massager does not turn on:**
 - Ensure the power cord is securely plugged into a working electrical outlet.
 - Check if the power button has been pressed firmly.
- **No heat or vibration:**
 - Verify the heat/vibration function buttons have been pressed.
 - Allow a few minutes for the heat function to become noticeable.
- **Unit feels too hot:**
 - Immediately turn off and unplug the unit. Allow it to cool down.
 - Do not use if it continues to overheat. Contact customer support.

SPECIFICATIONS

Feature	Detail
Model Number	NMS-450H
Product Dimensions	32.68 x 22.44 x 1.18 inches
Item Weight	2.91 Pounds
Material	Plush Fabric
Power Source	Corded Electric
Use For	Back, Neck, Shoulder
Manufacturer	Homedics

WARRANTY AND SUPPORT

For warranty information, please refer to the documentation included with your product at the time of purchase. Homedics products typically come with a limited warranty covering manufacturing defects. For technical support, product inquiries, or warranty claims, please contact Homedics customer service. Contact details are usually available on the official Homedics website or within the product packaging.