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Metabolic Maintenance 686

Metabolic Maintenance Mega Omega Extra Strength Supplement Manual

About Mega Omega Extra Strength

Metabolic Maintenance Mega Omega Extra Strength is a fish oil supplement providing a rich source of the omega-3 fatty acids EPA and DHA. Omega-3 fatty acids are recognized for their significant role in human health, offering protective effects for the immune, neurological, and cardiovascular systems, and supporting healthy glucose metabolism.

Our fish oils undergo concentration, purification, and thorough third-party testing to ensure the benefits of omega-3s without the common risk of contaminants found in fish, such as mercury and arsenic. Each Mega Omega Extra Strength softgel delivers 1000 mg of concentrated fish oil, containing 450 mg of EPA and 340 mg of DHA.

Key Product Features & Benefits:

- **Heart, Brain, and Joint Health Support:** Omega-3 fatty acids are extensively studied for their role in supporting cardiovascular, brain, eye, and joint health.
- **Superior Fish Oil Quality:** Our fish oils are concentrated, purified, and rigorously tested to ensure purity and effectiveness, free from common contaminants.
- **Extra Strength Formula:** Each softgel provides 1000 mg of concentrated fish oil, with a potent blend of 450 mg EPA and 340 mg DHA.
- **Purity, Quality, and Potency:** Formulated without fillers, binders, preservatives, artificial colors, or flavors. Free from gluten, egg, peanuts, tree nuts, and magnesium stearate. Supplements are packaged in BPA-Free amber bottles to protect against light contamination.
- **Physician's Choice:** Metabolic Maintenance has been a trusted choice for high-quality supplements among healthcare professionals since 1984, basing products on the latest research and utilizing third-party testing for all stages of production.

Ingredients

Each softgel contains:

- Calories: 10
- Total Fat: 1 g

- Concentrated Fish Oil: 1000 mg
- EPA (Eicosapentaenoic Acid): 450 mg
- DHA (Docosahexaenoic Acid): 340 mg

Other ingredients: Capsule (gelatin, glycerin, purified water).

Contains oil from one or more of the following fish species: sardines, anchovies, mackerel, sprat, salmon, culpea.

Directions for Use

Take one (1) softgel daily with a meal, or as directed by a healthcare professional.

Product Visuals



Front of the Metabolic Maintenance Mega Omega Extra Strength bottle.



Image highlighting the purity of ingredients: Dairy-Free, Egg-Free, Gluten-Free, Phthalate-Free, Nut-Free, Sesame-Free, Paraben-Free, Mg2 Stearate-Free.



Overview of Metabolic Maintenance quality standards, including onsite R&D, cGMP-compliant facility, and third-party testing.

CARDIOVASCULAR & METABOLIC



Two individuals resting after exercise, illustrating cardiovascular and metabolic health benefits.



Supplement Facts label detailing serving size, calories, total fat, concentrated fish oil, EPA, and DHA content per softgel.

Informational Video

▶ **Watch video online**
Metabolic Maintenance Video

An overview of Metabolic Maintenance's commitment to quality, manufacturing processes, and product range for various health categories.

Product Specifications

Specification	Detail
Brand Name	Metabolic Maintenance
Primary Supplement Type	Omega-3 Fatty Acids
Item Form	Softgel
Diet Type	Keto
Product Benefits	Heart, Immune, Neurological System Support, Bone & Joint Support
Age Range Description	Adult
Container Type	Bottle
UPC	838287006862
Manufacturer Part Number	686
Item Weight	0.71 Pounds
Item Dimensions	4.7 x 2.5 x 2.5 inches
Number of Items	1
Total Servings Per Container	100
Flavor	Unflavored
Material Features	BPA Free, Gluten Free
Specific Uses For Product	Heart
Date First Available	June 20, 2017

Important Information

Warnings and Precautions:

- Consult your healthcare professional before use if you are pregnant, nursing, have a medical condition, or are taking any medications.
- Keep out of reach of children.
- Store in a cool, dry place.
- **Allergen Information:** Contains fish (sardines, anchovies, mackerel, sprat, salmon, culpea). Product is stated to be Dairy-Free, Egg-Free, Nut-Free, and Gluten-Free.
- Statements regarding dietary supplements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease or health condition.

Customer Support

For further assistance, product inquiries, or to learn more about Metabolic Maintenance's full range of supplements, please visit the official Metabolic Maintenance Store or consult with your healthcare professional.

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After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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