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SereneLife SLISAU10SL

SereneLife Portable Infrared Sauna Box SLISAU10SL Instruction Manual

Model: SLISAU10SL

INTRODUCTION

This manual provides essential information for the safe and effective use of your SereneLife Portable Infrared Sauna Box. Please read all instructions carefully before operation.

The SereneLife Portable Infrared Sauna Box is designed to provide a personal sauna experience at home, featuring infrared heating, a heated foot pad, and a folding chair for comfort.

IMPORTANT SAFETY INSTRUCTIONS

- Do not leave the sauna unattended while in operation.
- Avoid prolonged skin contact with heated surfaces to prevent burns.
- Ensure the sauna is used in a well-ventilated area to prevent overheating.
- Keep the sauna away from children and pets.
- Consult a physician before use if you have any medical conditions or concerns.

PACKAGE CONTENTS

Your SereneLife Portable Infrared Sauna Box package includes the following items:

- Sauna Tent
- Folding Chair
- Foot Pad Heating Mat
- Wired Control Remote

What's in the Box

Portable Infrared Sauna



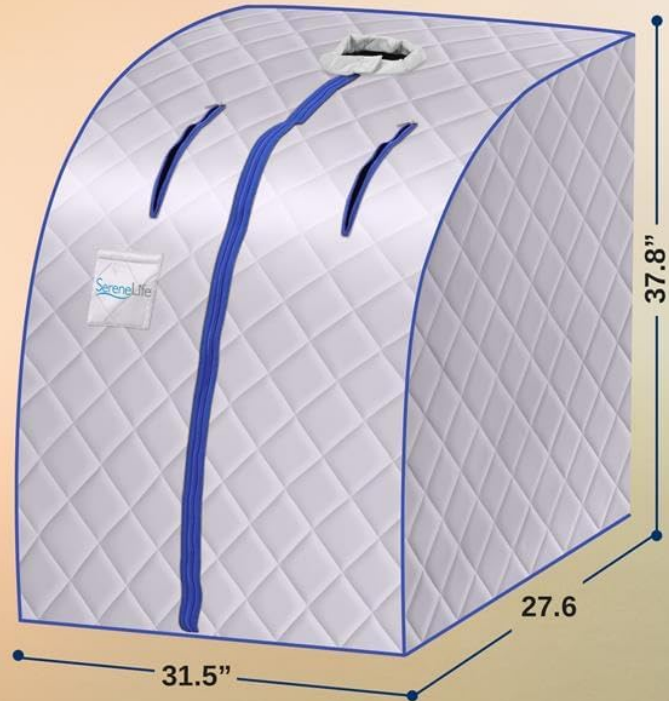
Folding Chair



Foot Pad Heating Mat



Wired Control



Sauna Tent

Image Description: A visual representation of the SereneLife Portable Infrared Sauna Box components, including the sauna tent, folding chair, foot pad heating mat, and wired control remote.

SETUP GUIDE

1. Unpack the sauna tent and set it up in a well-ventilated area. The tent is designed to pop open easily.
2. Unfold the two horizontal support rods and place them to maintain the tent's shape.
3. Place the foam pad and foot warmer on the bottom inside the sauna.
4. Position the folding chair inside the sauna tent.
5. Plug in the power cord to a standard 120V outlet.

Portable Sauna

Fits perfectly in any room.



Bedroom



Bathroom



Fitness Room



Image Description: The portable sauna tent set up in various home environments, demonstrating its versatility and ease of placement.

Foldable & Compact for Easy Storage



Image Description: The portable sauna tent unfolded and ready for use, highlighting its compact design and wired control pocket.

OPERATING YOUR SAUNA

1. Sit inside the sauna on the folding chair, placing your feet on the heated foot pad.
2. Zip up the main zipper to enclose yourself within the sauna.
3. Use the wired remote control to set the desired temperature (up to 140°F) and time (up to 60 minutes). The remote allows independent control of the main heat and the foot pad heat.
4. Utilize the easy-access zippers and armholes to read, shuffle music, or text while using the sauna.
5. After the session is complete, the sauna will automatically turn off if a timer was set. Unplug the sauna from the power outlet.

Powerful Heating Element

Efficient heating system for rapid release of stress and toxins



Power 120V



Max
Temperature
140° F



Output
1050W



Up to 60 min



Image Description: An illustration showing a person inside the sauna, with red heat waves indicating the infrared heating elements, and a close-up of the wired remote control displaying temperature and time settings.

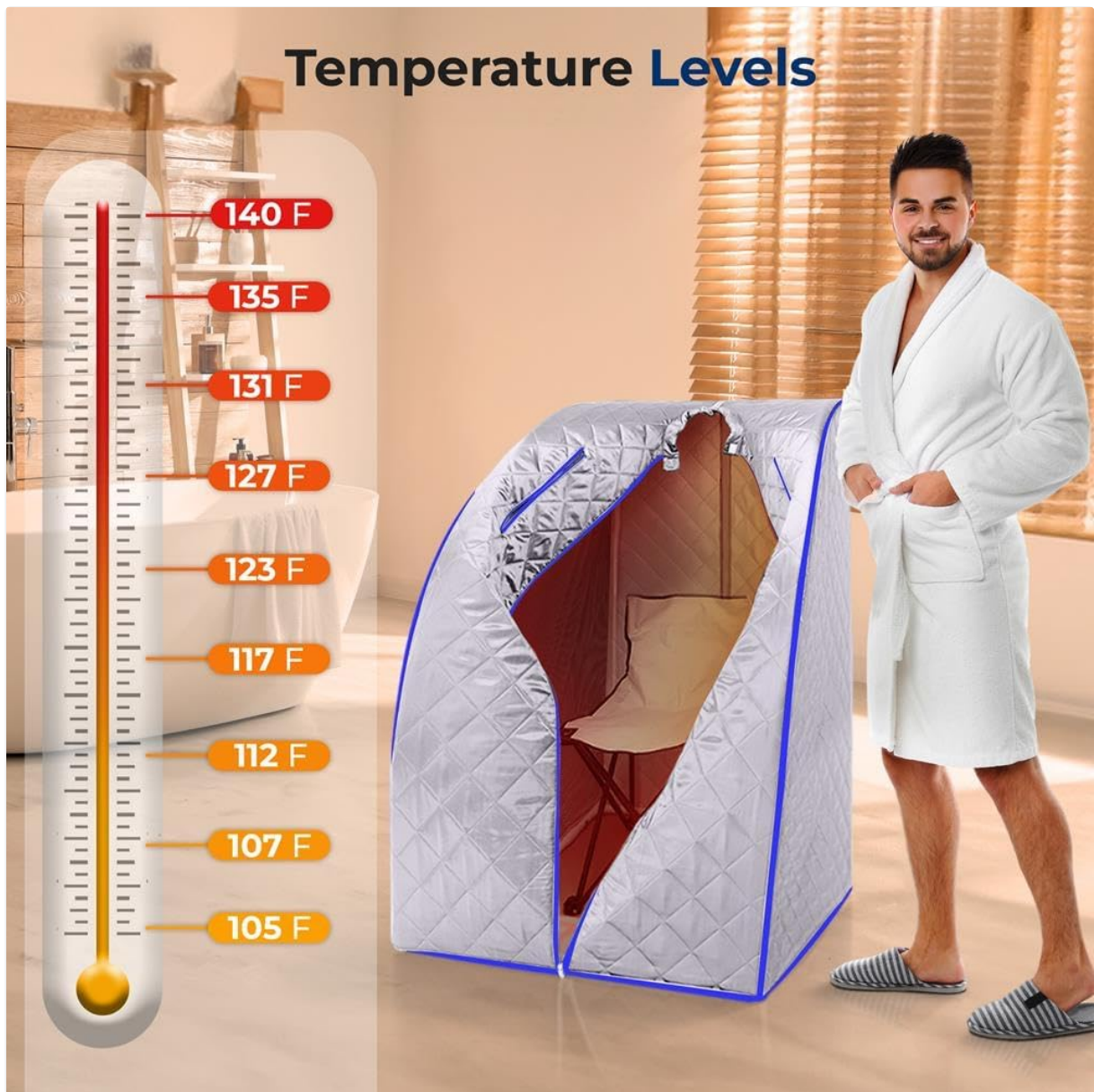


Image Description: A thermometer graphic illustrating various temperature levels achievable within the sauna, up to 140°F, with a person standing next to the sauna.

Official Product Videos

Your browser does not support the video tag.

Video Description: This video demonstrates the setup and use of the SereneLife Portable Infrared Sauna, highlighting its features like the heated foot pad and remote control.

Your browser does not support the video tag.

Video Description: A demonstration of the SereneLife Portable Infrared Sauna, showcasing its ease of assembly and operation for a personal home spa experience.

CARE AND MAINTENANCE

The durable thermal insulation fabric of the sauna is designed for easy cleaning.

- After each use, leave the sauna unzipped and open until fully cool and dry to prevent moisture buildup and odors.
- Wipe down the interior with a clean cloth or cleaning wipes as needed.
- The folding chair and foot pad can be removed for separate cleaning if necessary.

TROUBLESHOOTING

Sauna Not Heating:

- Ensure the power cord is securely plugged into a working 120V outlet.
- Check that the remote control is powered on and the temperature setting is active.
- Verify that the heating elements are not obstructed.

Foot Pad Too Hot:

- The foot pad can reach high temperatures. Use the remote control to adjust the foot pad's heat setting to a lower level.
- Place a towel over the foot pad for added comfort and to reduce direct heat contact.

Insufficient Heat Retention:

- Ensure all zippers are fully closed during operation to minimize heat loss.
- For enhanced heat retention, consider draping a blanket over the sauna tent (ensure it does not obstruct ventilation or heating elements).

PRODUCT SPECIFICATIONS

Feature	Detail
Model Number	SLISAU10SL
Power Output	1050 Watt
Max Temperature	140°F
Power	120V
Time Setting	Up to 60 minutes
Assembled Dimensions	31.5" L x 27.56" W x 37.8" H
Item Weight	18.11 lbs (8.23 kg)
Material	Cotton, Sponge (Thermal Insulation Fabric)
Brand	SereneLife

What's in the Box

Portable Infrared Sauna



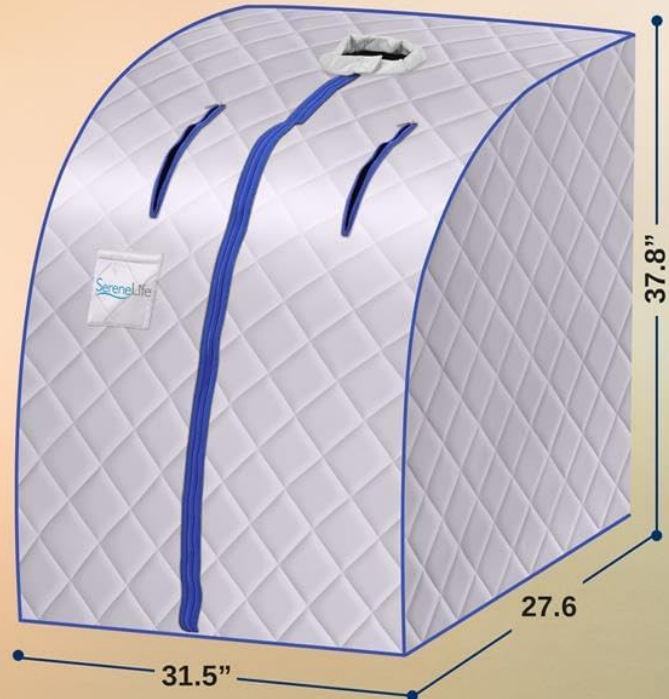
Folding Chair



Foot Pad Heating Mat



Wired Control



Sauna Tent

Image Description: A diagram illustrating the dimensions of the portable sauna tent, showing its length, width, and height.

WARRANTY AND CUSTOMER SUPPORT

For warranty information, technical support, or any product-related inquiries, please refer to the official SereneLife website or contact their customer service directly. Keep your purchase receipt for warranty claims.