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#### Accu-Chek 0195

## Accu-Chek Guide Glucose Test Strips User Manual

**MODEL: 0195** 

#### 1. OVERVIEW

The Accu-Chek Guide Glucose Test Strips are engineered for convenient and accurate blood glucose monitoring. Designed for ease of use, these strips help individuals manage their diabetes effectively by providing reliable results quickly.







Accu-Chek Guide Glucose Test Strips (50 Count) packaging, showing compatibility with Accu-Chek Guide and Guide Me meters.

#### **Key Features:**

- Fast and Accurate Results: Get reliable blood glucose readings in less than 4 seconds.
- Easy-Fill Strip: A tiny drop of blood can be placed anywhere along the yellow edge of the strip.
- **Spill-Resistant SmartPack:** Dispenses one strip at a time, minimizing the risk of dropping or wasting strips.
- Compatibility: Exclusively designed for use with Accu-Chek Guide, Guide Me, and Guide Link Meters.

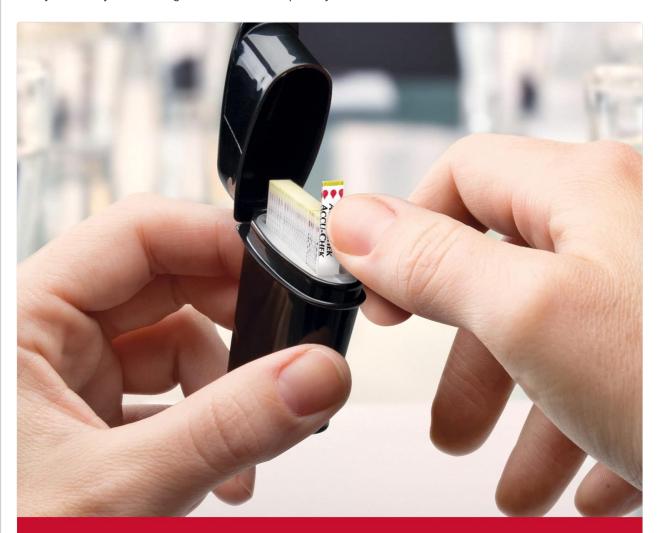
#### 2. SETUP AND PREPARATION

#### **Unpacking and Inspection:**

Upon receiving your Accu-Chek Guide Test Strips, carefully open the packaging. Inspect the vial for any signs of damage or tampering. Ensure the expiration date on the vial is valid before use. Do not use expired test strips as they may provide inaccurate results.

#### Compatibility:

These test strips are specifically designed to work with Accu-Chek Guide, Accu-Chek Guide Me, and Accu-Chek Guide Link blood glucose meters. They are not compatible with other glucometer testing devices. Always ensure you are using the correct test strips for your meter.



### Dispense one strip at a time

The SmartPack vial allows for easy, single-strip dispensing, reducing the chance of spills.

#### 3. OPERATING INSTRUCTIONS

#### **How to Use Accu-Chek Guide Test Strips:**

Follow these steps for accurate blood glucose testing:

1. Remove a test strip: Take one test strip from the spill-resistant container.

- 2. Close the cap tightly: Immediately close the cap of the test strip container to protect remaining strips from moisture.
- 3. **Insert the metallic end:** Insert the metallic end of the test strip into your Accu-Chek Guide, Guide Me, or Guide Link meter.
- 4. **Touch the yellow edge:** Apply a tiny drop of blood to the yellow edge of the test strip. The strip will automatically draw the blood.
- 5. **Read results:** The test result will appear on the meter's display in less than 4 seconds.

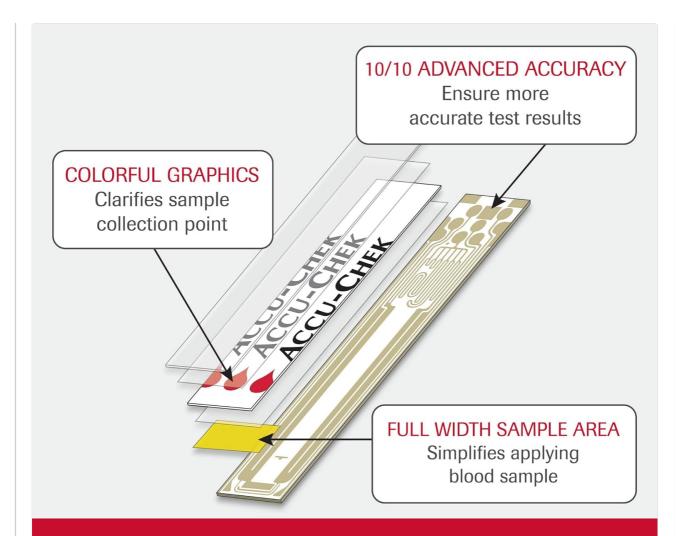


Visual guide for applying blood and obtaining results with Accu-Chek Guide test strips.

#### **Test Strip Features Explained:**

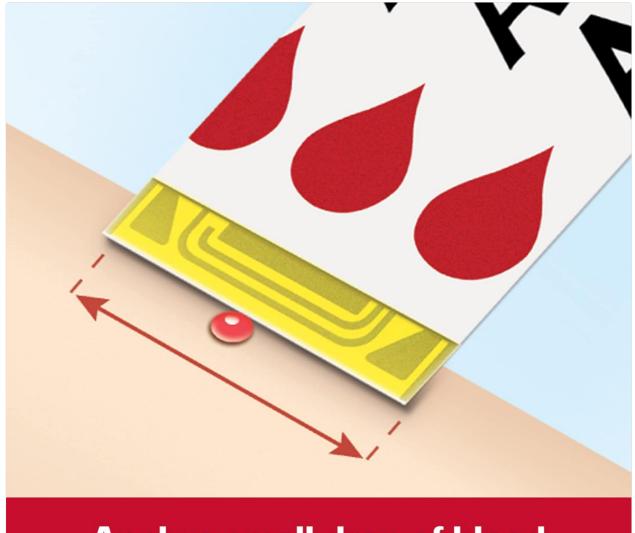
The Accu-Chek Guide test strips incorporate advanced features for reliable testing:

- Colorful Graphics: Clarifies the sample collection point on the strip.
- Full Width Sample Area: Simplifies applying the blood sample, allowing placement anywhere along the yellow edge.
- 10/10 Advanced Accuracy: Ensures highly accurate test results for confident diabetes management.



### **Guide strip features**

Detailed view of Accu-Chek Guide test strip features.



## Apply a small drop of blood anywhere on the sample surface

Apply a small drop of blood anywhere on the sample surface for easy testing.

#### **Video Guide: Test Strip Handling**

Your browser does not support the video tag.

This video demonstrates various ways to grip and dispense Accu-Chek Guide test strips from the SmartPack, ensuring proper handling and minimizing waste.

#### 4. CARE AND MAINTENANCE

#### Storage:

Store Accu-Chek Guide Test Strips in their original SmartPack vial with the cap tightly closed. Keep them in a cool, dry place away from direct sunlight and heat. Do not store in a refrigerator or freezer. Always check the expiration date printed on the vial and use strips before this date.

#### **Handling:**

Handle test strips with clean, dry hands. Avoid touching the yellow test area of the strip. Do not bend, cut, or alter the test strips in any way. Use each test strip only once.



# SmartPack® resists spilled strips

The SmartPack design helps prevent accidental spills of test strips.

#### 5. TROUBLESHOOTING

If you encounter issues with your Accu-Chek Guide Test Strips or meter, consider the following common solutions:

- **Inaccurate Readings:** Ensure the test strip is not expired. Check that the strip is inserted correctly into the meter. Verify that the blood sample size is adequate and applied correctly to the yellow area.
- Error Messages: Refer to your Accu-Chek Guide meter's user manual for specific error codes and their meanings. Common issues include insufficient blood sample, damaged strip, or temperature outside operating range.
- Strips Not Dispensing: Ensure the SmartPack vial is not overfilled or damaged. Gently shake the vial if strips are stuck.

For persistent issues or technical support, please contact Accu-Chek Customer Care directly.

#### 6. PRODUCT SPECIFICATIONS

Feature	Detail
Brand	Accu-Chek
Model Name	Glucose Test Strips
Item Model Number	0195
Number of Pieces	50
Product Dimensions	6 x 4 x 4 inches; 1.13 ounces
Special Feature	Spill Resistant, Disposable, Quick Testing
Test Type	Blood
Date First Available	May 2, 2017

#### 7. WARRANTY AND SUPPORT

#### **Customer Support:**

For any questions regarding your Accu-Chek Guide Glucose Test Strips or for assistance, please contact Accu-Chek directly. You can reach them via their seller account on Amazon or visit their official website for contact information.

**Important Note:** Accu-Chek cannot ensure the quality of products purchased from unauthorized sellers. To ensure authenticity and quality, look for products shipped from and sold by "Accu-Chek" when purchasing.

Official Accu-Chek Website: https://www.accu-chek.com/contact-accu-chek-customer-care

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#### Related Documents - 0195



#### Accu-Chek Instant Blood Glucose Meter User Guide and Support

Comprehensive guide to using the Accu-Chek Instant blood glucose meter, including setup, testing, connecting with the mySugr app, and customer support information.



#### Accu-Chek Mobile: Measure Your Blood Glucose Anytime, Anywhere

A concise guide to using the Accu-Chek Mobile blood glucose meter, covering setup, measuring blood glucose in four easy steps, and changing test cartridges and lancets for accurate diabetes management.



#### Accu-Chek Guide Blood Glucose Monitoring System User Insert

User insert for the Accu-Chek Guide, Accu-Chek Guide Link, and Accu-Chek Guide Me blood glucose monitoring systems. Provides instructions on intended use, important safety information, testing procedures, control tests, alternative site testing, performance characteristics, warranty, and troubleshooting.



#### Accu-Chek Instant & Softclix: Blood Sugar Measurement and Blood Collection Guide

A comprehensive guide detailing the steps for measuring blood sugar with the Accu-Chek Instant meter and collecting blood samples using the Accu-Chek Softclix lancing device.



#### Accu-Chek Guide Me: Tips for Removing Test Strips from Spill-Resistant Vials

Learn how to easily and safely remove test strips from your Accu-Chek Guide Me blood glucose meter's spill-resistant vial with these simple techniques.



Accu-Chek Guide Blood Glucose Monitoring System: User Guide and Test Strip Information

Learn how to use the Accu-Chek Guide, Guide Link, and Guide Me blood glucose monitoring systems and test strips for effective diabetes management. Includes instructions, safety information, and performance data.