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› PMD Personal Microderm Replacement Discs - Advanced Kit User Manual

PMD Beauty 2103

PMD Personal Microderm Replacement Discs - Advanced Kit User Manual

Model: 2103 | Brand: PMD Beauty

INTRODUCTION TO PMD PERSONAL MICRODERM REPLACEMENT DISCS

The PMD Personal Microderm Replacement Discs are essential components for your PMD Personal Microderm device. These discs, embedded with aluminum oxide crystals, work in conjunction with the device's patented spinning disc technology and vacuum suction to provide effective microdermabrasion treatments. Regular replacement of these discs ensures optimal performance and consistent results for smoother, brighter skin. This Advanced Kit includes a variety of disc coarseness levels to customize your treatment experience.

UNDERSTANDING YOUR PMD REPLACEMENT DISCS

PMD Personal Microderm replacement discs are designed with varying levels of coarseness to suit different skin types and treatment areas. The discs are embedded with aluminum oxide crystals, which are non-airborne and hypoallergenic, minimizing the risk of adverse reactions.

CUSTOMIZABLE FOR ALL SKIN TYPES



**Ultra
Sensitive**



**Very
Sensitive**



Sensitive



Moderate



Coarse



Very Coarse



**All Over
Body**



**Intense
Body**

Image: A visual guide to the various PMD Personal Microderm replacement disc types, illustrating their colors and corresponding coarseness levels for different skin sensitivities and body areas.

Disc Coarseness Levels:

- **Teal (Moderate Discs):** Suitable for normal skin types.
- **Orange (Coarse Discs):** Provides a higher level of exfoliation, typically for users accustomed to the device.
- **Red (Very Coarse Discs):** Designed for normal or very coarse skin, for experienced users seeking intense exfoliation.
- **Other Discs (not included in this kit but compatible):** Ultra Sensitive (White), Very Sensitive (Grey), Sensitive (Blue), All Over Body (Black), Intense Body (Yellow).

ALUMINUM OXIDE CRYSTALS

Personal Microderm replacement discs are embedded with **aluminum oxide crystals**. Aluminum oxide is a very hard, naturally occurring element.

Aluminum oxide crystals are:

- Non-airborne
- Hypoallergenic

This helps eliminate the possibility of any allergic or adverse reactions.

Image: Detail of PMD Personal Microderm replacement discs, emphasizing the aluminum oxide crystals that provide effective and safe exfoliation.

Official Video: Learn More about PMD Replacement Discs

Your browser does not support the video tag.

Video: This official PMD Beauty video provides detailed information about the various types of PMD replacement discs, their unique features, and how they contribute to effective microdermabrasion treatments.

REPLACING THE DISCS AND FILTER

For optimal results and hygiene, it is recommended to replace your PMD Personal Microderm discs every 3-4 treatments. The filter should also be replaced regularly to maintain device efficiency.

1. **Remove Old Disc:** Gently twist and pull the cap off your PMD device. Carefully remove the used disc from its holder.
2. **Replace Filter:** Locate the filter inside the device. Remove the old filter and insert a new one.
3. **Insert New Disc:** Select the desired replacement disc (Teal, Orange, or Red from this kit) and firmly place it into the disc holder. Ensure it is securely seated.

4. **Reattach Cap:** Place the cap back onto the device, twisting until it clicks into place.

REPLACEABLE DISCS

For optimal results, replace discs every **3-4 treatments**.



Image: The PMD Personal Microderm device with its head open, illustrating where the replacement discs are inserted, alongside a selection of new discs.

USING YOUR PMD PERSONAL MICRODERM WITH NEW DISCS

Once the new disc is installed, you can proceed with your microdermabrasion treatment. Always start with the lowest intensity disc (e.g., Teal) and gradually increase as your skin adapts.

- **Preparation:** Ensure your skin is clean and dry.
- **Technique:** Hold the skin taut with one hand. With the other hand, glide the PMD device across your skin in an upward motion. Avoid going over the same area more than once per treatment.
- **Frequency:** Use the device once a week.
- **Post-Treatment:** Apply a toner and moisturizer after treatment to soothe and hydrate the skin.

Official Video: [Rachelle | Master Esthetician | PMD Personal Microderm](#)

Your browser does not support the video tag.

Video: A Master Esthetician demonstrates the proper use of the PMD Personal Microderm device, highlighting techniques for effective and safe skin treatment.

Official Video: The Personal Microderm is Dermatologist Approved

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Video: A dermatologist discusses the benefits and safety of the PMD Personal Microderm device, explaining how it works to improve skin health and appearance.

MAINTENANCE

- **Disc Replacement:** Replace discs every 3-4 treatments to ensure effective exfoliation.
- **Filter Replacement:** Replace the filter after every 3-4 treatments or when it appears visibly dirty.
- **Cleaning:** After each use, remove the disc and clean the cap and disc holder with rubbing alcohol. Ensure all parts are dry before reassembling.

TROUBLESHOOTING

- **Reduced Suction/Effectiveness:** If the device feels less effective, check if the disc is worn out or if the filter needs replacement. Ensure the cap is securely attached.
- **Skin Irritation:** If experiencing excessive redness or irritation, ensure you are using the correct disc coarseness for your skin type and not applying too much pressure or going over areas multiple times. Consider switching to a more sensitive disc.
- **Compatibility:** These replacement discs are designed for use with PMD Personal Microderm Classic, Plus, Pro, Man, and Elite devices. They may not be compatible with older or different models, which could affect performance.

SPECIFICATIONS

Product Dimensions	0.25 x 0.25 x 1 inches
Item Weight	0.71 ounces (20 Grams)
Number of Items	1 (Pack of 1, includes 6 discs and 1 filter)
Active Ingredients	Aluminum Oxide
Country Of Origin	Viet Nam
UPC	855394003928
Manufacturer Part Number	2103

WARRANTY AND SUPPORT

PMD Beauty offers an unmatched 20-year warranty on their products, reflecting their commitment to quality and customer satisfaction. For detailed warranty information or product support, please visit the official PMD Beauty website or contact their customer service directly. You can find more information and support resources at the [PMD Beauty Store on Amazon](#).

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question