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TREBLAB XR500



TREBLAB XR500 Bluetooth Running Headphones User Manual

MODEL: XR500

Introduction

Thank you for choosing the TREBLAB XR500 Bluetooth Running Headphones. This manual provides essential information for setting up, operating, and maintaining your headphones to ensure optimal performance and longevity. The XR500 headphones are designed for active lifestyles, featuring IPX7 waterproofing, passive noise cancellation, and a secure-fit design for comfort during various activities.

Key features include true HD sound with high-output speakers, Bluetooth 5.0 technology for stable connectivity, and up to 9 hours of playtime on a single charge. The secure XDrop ear-hooks and various ear-tip sizes ensure a comfortable and stable fit, making them ideal for sports and daily use.

What's in the Box

- TREBLAB XR500 Earbuds
- 3 sizes of Silicone Eartips
- Carrying case
- Cable Clip
- USB/Micro USB Charging cable
- User Manual

Setup

1. Charging the Headphones

Before first use, fully charge your TREBLAB XR500 headphones. Connect the provided USB/Micro USB charging cable to the charging port on the headphones and to a standard USB power source. A full charge typically takes approximately 2 hours. The LED indicator will change to show charging status and completion.



Image: The TREBLAB XR500 headphones, showing the design and potential location of the charging port.

2. Achieving a Secure Fit

The XR500 headphones come with XDrop ear-hooks and multiple sizes of silicone ear-tips to ensure a secure and comfortable fit. Experiment with different ear-tip sizes to find the best seal for your ear canal, which is crucial for optimal sound quality and passive noise cancellation. Place the ear-hooks over your ears and adjust the earbuds into your ear canals.



Image: A person running outdoors, demonstrating the secure fit of the TREBLAB XR500 headphones during physical activity.

3. Bluetooth Pairing

1. Ensure the headphones are charged and turned off.
2. Press and hold the Power button on the headphones until the LED indicator flashes blue and red, indicating pairing mode.
3. On your device (smartphone, tablet, etc.), enable Bluetooth and search for available devices.
4. Select "TREBLAB XR500" from the list of found devices.
5. Once paired, the LED indicator will flash blue slowly, and you will hear an audio confirmation.

The headphones should pair with your device within approximately 5 seconds during the initial setup.

Operating Instructions

Power On/Off

- **To Power On:** Press and hold the Power button until the LED indicator flashes blue.
- **To Power Off:** Press and hold the Power button until the LED indicator flashes red and then turns off.

Music and Call Controls

The TREBLAB XR500 features integrated controls for easy management of your audio and calls.

- **Play/Pause:** Press the Multi-function button once.
- **Volume Up/Next Track:** Press the Volume Up (+) button. Hold for next track.
- **Volume Down/Previous Track:** Press the Volume Down (-) button. Hold for previous track.
- **Answer/End Call:** Press the Multi-function button once.
- **Reject Call:** Press and hold the Multi-function button.
- **Activate Voice Assistant:** Double-press the Multi-function button.



Image: A detailed view of one TREBLAB XR500 earbud, highlighting the location of the control buttons for operation.

Water Resistance (IPX7)

The XR500 headphones are IPX7 waterproof, meaning they can withstand immersion in water up to 1 meter for 30 minutes. This makes them sweat-proof and suitable for use in rain or during intense workouts. However, they are not designed for swimming or prolonged underwater use.

Maintenance

To ensure the longevity and performance of your TREBLAB XR500 headphones, follow these maintenance guidelines:

- **Cleaning:** Regularly wipe the headphones and ear-tips with a soft, dry cloth. For ear-tips, you may use

a slightly damp cloth with mild soap, then dry thoroughly before reattaching.

- **Storage:** Store the headphones in the provided carrying case when not in use to protect them from dust, dirt, and physical damage. Avoid storing in extreme temperatures.
- **Charging:** Use only the provided charging cable or a certified equivalent. Avoid overcharging the battery.

Troubleshooting

Problem	Possible Solution
Headphones do not turn on	Ensure the battery is charged. Connect to a power source and charge for at least 30 minutes.
Cannot pair with device	Ensure headphones are in pairing mode (flashing blue/red). Turn off and on Bluetooth on your device. Move closer to the device. Clear previous Bluetooth connections on your device.
No sound or poor sound quality	Check volume levels on both headphones and device. Ensure headphones are properly seated in your ears. Re-pair the headphones with your device.
Microphone not working	Ensure the headphones are connected and selected as the audio input device on your phone. Check for any obstructions near the microphone.

Specifications





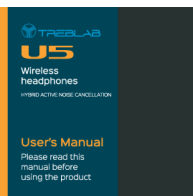
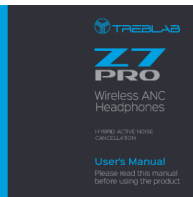
Feature	Detail
Model Number	XR500BS
Bluetooth Version	5.0
Battery Life	Up to 9 hours
Charging Time	2 Hours
Water Resistance Level	IPX7
Frequency Range	20Hz - 20kHz
Signal Range	Up to 38 feet (11.6 meters)
Item Weight	0.78 Ounces
Product Dimensions	1.3 x 0.59 x 1.38 inches
Audio Driver Size	11 Millimeters
Impedance	16 Ohm
Sensitivity	86 dB

Warranty & Support

The TREBLAB XR500 headphones come with a **1-YEAR WARRANTY** and a **30-DAY RETURN POLICY**. For any questions, technical support, or warranty claims, please refer to the contact information provided with your purchase or visit the official TREBLAB website.

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Related Documents - XR500

	<p>TREBLAB X8 True Wireless Earbuds User Manual</p> <p>Comprehensive user manual for the TREBLAB X8 True Wireless Earbuds, detailing features like Active Noise Cancelling, Bluetooth 5.4, IPX5 waterproofing, 40-hour playtime, and dual ENC mics for optimal audio and comfort during sports and travel.</p>
	<p>TREBLAB X3-Pro Wireless Earbuds User Manual</p> <p>Comprehensive user manual for the TREBLAB X3-Pro wireless earbuds, covering setup, pairing, audio playback, call management, gaming mode, troubleshooting, cleaning, safety, and specifications.</p>
	<p>TREBLAB Z7-Pro Wireless ANC Headphones User Manual</p> <p>User manual for TREBLAB Z7-Pro Wireless ANC Headphones, covering setup, features like Active Noise Cancellation, multipoint connection, audio playback, phone calls, voice assistant, charging, troubleshooting, and safety information.</p>
	<p>TREBLAB X3 Pro Wireless Earphones User Manual</p> <p>User manual for the TREBLAB X3 Pro wireless earphones, covering setup, functions, charging, pairing, troubleshooting, safety, and specifications.</p>
	<p>TREBLAB U5 Wireless Headphones User Manual - Hybrid ANC</p> <p>Comprehensive user manual for TREBLAB U5 wireless headphones featuring Hybrid Active Noise Cancellation (ANC). Learn about setup, pairing, features, troubleshooting, safety, and specifications.</p>
	<p>TREBLAB Z7 Pro Wireless ANC Headphones User Manual</p> <p>Comprehensive user manual for TREBLAB Z7 Pro Wireless ANC Headphones, covering setup, features, troubleshooting, and specifications. Learn how to use Active Noise Cancellation, Bluetooth pairing, and more.</p>