

[Manuals.plus](#) /

› [Citizen](#) /

› Citizen Eco-Drive Promaster Diver Men's Watch Instruction Manual

Citizen BN0191-55L

Citizen Eco-Drive Promaster Diver Men's Watch Instruction Manual

Model: BN0191-55L

Brand: Citizen

INTRODUCTION

The Citizen Eco-Drive Promaster Diver Men's Watch is an iconic timepiece designed for both everyday wear and adventurous depths. Featuring advanced functions and robust construction, this watch is built to last and perform reliably.

Key features include:

- Iconic Promaster design with advanced diving functions.
- Three-hand movement with date display.
- Durable Silver-Tone Stainless Steel construction.
- Luminous hands and markers for enhanced visibility in low light.
- Scratch-resistant Mineral Crystal.
- Eco-Drive technology, powered by any light source, eliminating the need for battery replacement.
- ISO Certified 200M Water Resistance.
- Backed by a 5-Year Limited Warranty.





A detailed front view of the Citizen Eco-Drive Promaster Diver watch, showcasing its blue dial, luminous markers, and robust stainless steel construction.

SETUP

Initial Charging

Your Citizen Eco-Drive watch is powered by light. Upon receiving your watch, expose it to bright light (natural or

artificial) for several hours to ensure it is fully charged. A full charge can last for months, even in the dark.

Your browser does not support the video tag.

This video explains the innovative Eco-Drive technology, detailing how the watch converts any light source into energy and stores it in a power cell, eliminating the need for battery changes.

Setting the Time and Date

The watch features a screw-down crown to ensure water resistance. To set the time or date:

1. **Unscrew the Crown:** Gently rotate the crown counter-clockwise until it springs out.
2. **Set the Date:** Pull the crown out to the first click position. Rotate the crown clockwise or counter-clockwise to adjust the date.
3. **Set the Time:** Pull the crown out to the second click position. Rotate the crown to set the hour and minute hands. Ensure the AM/PM is correctly set by observing if the date changes at midnight.
4. **Screw Down the Crown:** Once the time and date are set, push the crown back in and rotate it clockwise while applying slight pressure until it is securely screwed down against the watch case. This is crucial for maintaining water resistance.

Your browser does not support the video tag.

This video demonstrates the basic operation of the Citizen Promaster Diver watch, including setting the time and adjusting the bracelet. It highlights the watch's versatile design and the convenience of Eco-Drive technology.

OPERATING THE WATCH

One-Way Rotating Elapsed Time Bezel

The Promaster Diver features a one-way rotating bezel, designed for measuring elapsed time, particularly useful for diving.

1. **Align the Bezel:** Rotate the bezel counter-clockwise to align the triangle marker (or 0-minute mark) with the minute hand at the start of your activity.
2. **Read Elapsed Time:** As time passes, the minute hand will move past the initial marker on the bezel, indicating the elapsed time in minutes. The bezel only rotates counter-clockwise to prevent accidental increases in recorded time, which is a critical safety feature for divers.



This image highlights the key features of the Citizen Promaster Diver watch, including its one-way rotating bezel for elapsed time measurement, luminous hands and markers for visibility, date display, ISO compliance for diving, and anti-reflective mineral crystal.

MAINTENANCE

Cleaning

To maintain the appearance and longevity of your watch, regularly wipe the case and bracelet with a soft, dry cloth. For stubborn dirt, a slightly damp cloth can be used, followed by drying. Avoid using harsh chemicals or abrasive materials.

Water Resistance

Your watch is ISO Certified for 200M water resistance, making it suitable for professional marine activity and serious surface water sports, but not for saturation diving. Always ensure the crown is securely screwed down before exposing the watch to water.





The watch is shown partially submerged in water, demonstrating its robust water-resistant design suitable for aquatic environments.

Storage

When not in use, store your Eco-Drive watch in a place where it can be exposed to light periodically to maintain its charge. Avoid storing it in complete darkness for extended periods, as this may deplete the power reserve.

TROUBLESHOOTING

Watch Not Running or Hands Not Moving

If your Eco-Drive watch stops or the hands do not move, it is likely due to insufficient charge.

- Solution:** Expose the watch to bright light (direct sunlight is ideal) for several hours. The watch should resume normal operation once it has accumulated enough charge. For a completely depleted watch, it may take longer to fully charge.

Date Not Changing Correctly

- Solution:** Ensure the time is set correctly, especially the AM/PM cycle. The date changes around midnight. If the date changes at noon, you need to advance the time by 12 hours. Refer to the "Setting the Time and Date" section.

Water Inside the Crystal

If you notice condensation or water inside the crystal, this indicates a breach in the watch's water resistance.

- Action:** Immediately take the watch to an authorized Citizen service center for inspection and repair. Do not attempt to open the watch yourself.

SPECIFICATIONS

Feature	Detail
Brand	Citizen
Model Number	BN0191-55L
Movement	Eco-Drive (Solar Powered)
Water Resistance	200M (ISO Certified)
Case Material	Stainless Steel
Crystal	Mineral Crystal
Product Dimensions	8 x 3 x 3 inches
Item Weight	1 Pound
Country of Origin	Japan

WARRANTY AND SUPPORT

Your Citizen Eco-Drive Promaster Diver watch is covered by a 5-Year Limited Warranty. This warranty covers defects in materials and workmanship under normal use.

For warranty service or technical support, please refer to the official Citizen website or contact an authorized Citizen service center.

Additional resources:

- [User Guide \(PDF\)](#)
- [Visit the Citizen Store on Amazon](#)