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## Armitron 40/8284BLK

# Armitron Sport Men's Digital Chronograph Watch

**MODEL: 40/8284BLK**

*User Instruction Manual*

## INTRODUCTION

Thank you for choosing the Armitron Sport Men's Digital Chronograph Watch. This manual provides detailed instructions on how to set up, operate, and maintain your new timepiece. Please read this manual thoroughly to ensure proper use and to maximize the features of your watch.

## KEY FEATURES

- Metallic black resin case and top ring
- LCD display with time, seconds, day, and date
- Functions include: chronograph, lap time, alarm, dual time, military time, and backlight
- Matte black resin strap with buckle closure
- Water-resistant to 330 feet (100M)

## SETUP

### Initial Setup

Upon receiving your watch, it may be in a power-saving mode or require initial time setting. Follow the steps below to activate and set up your watch.



Figure 1: Front view of the Armitron Sport Digital Chronograph Watch.

### Setting Time and Date

1. Press the **MODE** button repeatedly until the time setting mode is displayed (usually indicated by flashing digits).
2. Use the **RESET** button to select the digit you wish to adjust (hours, minutes, seconds, year, month, day).

3. Use the **ST/STP** button to increase the selected digit. Hold to rapidly advance.
4. Once all settings are correct, press the **MODE** button to exit the setting mode.

## Setting Alarm

1. From the normal time display, press the **MODE** button until the alarm time is displayed.
2. Press the **RESET** button to select the hour or minute digits.
3. Use the **ST/STP** button to adjust the alarm time.
4. Press the **MODE** button to confirm and exit.
5. To activate/deactivate the alarm, press the **ST/STP** button while in alarm mode. An alarm icon will appear/disappear.

## Using Backlight (EL)

Press the **EL** button (usually located on the top right or left side of the watch) to illuminate the display for a few seconds in low-light conditions.



Figure 2: The Armitron Sport Digital Chronograph Watch worn on a wrist, demonstrating its size and fit.

## OPERATING INSTRUCTIONS

### Chronograph Function (Stopwatch)

1. Press the **MODE** button until the chronograph (stopwatch) display appears (usually showing 00:00:00).
2. Press the **ST/STP** button to start the stopwatch.
3. Press **ST/STP** again to pause the stopwatch.
4. Press the **RESET** button to reset the stopwatch to zero.
5. To record lap times, press the **RESET** button while the stopwatch is running. The lap time will freeze on the display while the stopwatch continues to run in the background. Press **RESET** again to return to the running stopwatch.

### Dual Time Function

This feature allows you to set and display a second time zone. This is useful for travelers or those who need to keep track of time in different regions.

1. Press the **MODE** button until the dual time display is shown.
2. Follow similar steps as setting the main time to adjust the dual time zone.

### Military Time (24-Hour Format)

Your watch supports both 12-hour (AM/PM) and 24-hour (military) time formats. To switch between formats, typically

you would:

1. Enter the time setting mode (as described in 'Setting Time and Date').
2. While adjusting the hour, press the **ST/STP** button to toggle between 12-hour and 24-hour formats. An 'A' or 'P' indicator will appear for 12-hour format, or no indicator for 24-hour format.

Your browser does not support the video tag.

Video 1: An official product video showcasing the Armitron Sport Men's 40/8284BLK Digital Chronograph Black Resin Strap Watch.  
This video provides a general overview of the watch's appearance and features.

## MAINTENANCE AND CARE

### Water Resistance

Your Armitron Sport watch is water-resistant to 330 feet (100M). This means it is suitable for swimming and snorkeling, but not for scuba diving. Avoid pressing buttons underwater, as this can compromise the water resistance.

WATER RESISTANT CHART	
	NOT WATER RESISTANT
	NOT WATER RESISTANT
	ACCIDENTAL SPLASHES
	WATER RESISTANT TO 30M (100FT): In general, withstands splashes or brief immersion in water, but not suitable for swimming or bathing
	WATER RESISTANT TO 50M (165FT): In general, suitable for short periods of recreational swimming, but not diving or snorkeling
	WATER RESISTANT TO 100 M (330 FT): In general, suitable for swimming and snorkeling, but not scuba diving

Figure 3: Water Resistance Chart, illustrating the appropriate activities for different water resistance ratings. Your watch is rated for 100M (330FT).

### Cleaning

To clean your watch, wipe it with a soft, damp cloth. Do not use harsh chemicals or abrasive materials, as these can damage the resin case and strap.

### Battery Replacement

The watch uses 1 Lithium Metal battery (included). When the display dims or functions become erratic, it may be time to replace the battery. It is recommended to have the battery replaced by a qualified watch technician to ensure proper sealing and maintain water resistance.

## TROUBLESHOOTING

Problem	Possible Cause	Solution
Display is blank or dim	Low battery	Replace the battery.
Time is incorrect	Time needs to be reset	Follow 'Setting Time and Date' instructions.
Buttons are unresponsive	Watch may be in a locked mode or battery is very low	Check manual for button lock feature. Replace battery if necessary.
Water inside the display	Water resistance compromised	Immediately take the watch to a qualified technician for repair. Do not attempt to dry it yourself.

## SPECIFICATIONS

Feature	Detail
Product Dimensions	3.8 x 2.6 x 3.3 inches
Item Model Number	40/8284BLK
Weight	4 ounces
Batteries	1 Lithium Metal battery (included)
Material	Resin
Water Resistance Depth	100 Meters (330 Feet)
Manufacturer	Armitron Sport
Country of Origin	China

## WARRANTY AND SUPPORT

Armitron watches are manufactured to high-quality standards. For specific warranty information, please refer to the warranty card included with your purchase or visit the official Armitron website. For customer support, technical assistance, or service inquiries, please contact Armitron customer service through their official channels.

You can find more information and support on the [Armitron Store on Amazon](#).