

BH Fitness G6473I

BH Fitness i.F2W G6473I Treadmill User Manual

1. IMPORTANT SAFETY INFORMATION

Before operating the BH Fitness i.F2W G6473I Treadmill, please read this entire manual carefully. Failure to follow these instructions may result in injury or damage to the equipment. Keep this manual for future reference.

- Consult a physician before beginning any exercise program.
- Keep children and pets away from the treadmill during operation.
- Always wear appropriate athletic footwear and clothing.
- Place the treadmill on a flat, stable surface with adequate clearance around it.
- Use the emergency stop key at all times. Attach the clip to your clothing.
- Do not operate the treadmill if it is damaged or malfunctioning.
- Maximum user weight capacity is 135 kg (297 lbs).

2. PRODUCT OVERVIEW

2.1 Components

The BH Fitness i.F2W G6473I Treadmill consists of a robust frame, a running deck, a control console, and handrails. Familiarize yourself with these main components before use.



Image 1: Full view of the BH Fitness i.F2W G6473I Treadmill, showing the running deck, console, and frame.

2.2 Key Features

- **Motor:** 2.75 HP (peak) motor for speeds between 1 and 18 km/h with optimal noise levels.
- **Incline:** Electric incline up to 12%, allowing for increased intensity and effective training of leg and back muscles.
- **Display:** 6.8-inch LCD screen with blue backlight, featuring 12 predefined training profiles.
- **Controls:** Quick buttons for speed and incline adjustments, facilitating easy control during workouts.
- **Cooling:** Powerful integrated fan provides a pleasant cooling sensation during training.
- **Energy Efficiency:** Modern Eco Mode function reduces energy consumption by up to 25%.
- **Running Surface:** Generous running surface of 135 x 51 cm for comfortable and safe training.
- **Connectivity:** iConcept compatibility for enhanced training through various applications.

3. ASSEMBLY AND INITIAL SETUP

Assembly is required for this treadmill. Please follow the detailed instructions provided in the separate assembly guide included with your product packaging. Ensure all parts are present and undamaged before beginning

assembly.

3.1 Unpacking

- Carefully remove all components from the packaging.
- Check the contents against the parts list in the assembly guide.
- Retain packaging materials until assembly is complete in case of return.

3.2 Assembly Steps

Refer to the dedicated assembly manual for step-by-step instructions. Typically, this involves attaching the console posts, console, and handrails to the main frame. Ensure all bolts and screws are securely tightened.

3.3 Power Connection

Once assembled, connect the treadmill to a grounded electrical outlet using the provided power cord. Ensure the power switch is in the OFF position before plugging in. Do not use extension cords.

4. OPERATING YOUR TREADMILL

4.1 Console Overview

The console is your primary interface for controlling the treadmill and monitoring your workout data.



Image 2: Close-up view of the BH Fitness i.F2W G6473I Treadmill console, showing the LCD display and control buttons.

- **LCD Display:** Shows speed, incline, time, distance, calories burned, and heart rate.
- **Start/Stop Buttons:** Initiate and end your workout.
- **Speed +/- Buttons:** Adjust the running speed.
- **Incline +/- Buttons:** Adjust the deck incline.
- **Quick Speed/Incline Buttons:** Pre-set buttons for rapid adjustment to specific speed or incline levels.
- **Program Buttons:** Select from predefined workout programs.
- **Fan Button:** Activates the integrated cooling fan.

4.2 Basic Operation

1. Ensure the safety key is properly placed on the console and clipped to your clothing.
2. Step onto the treadmill, placing your feet on the side rails.
3. Press the 'Start' button. The belt will begin to move at a low speed.
4. Gradually increase speed using the 'Speed +' button or quick speed buttons.
5. Adjust the incline using the 'Incline +' button or quick incline buttons.
6. To stop, press the 'Stop' button. For emergency stops, pull the safety key from the console.

4.3 Pre-set Programs

The treadmill offers 12 predefined programs designed for various fitness goals. To select a program, press the 'Program' button repeatedly until your desired program is displayed. Follow the on-screen prompts to begin. The treadmill will automatically adjust speed and incline according to the program's profile.

4.4 iConcept Connectivity

The i.F2W G6473I Treadmill is equipped with iConcept technology, allowing you to connect your smart device (smartphone or tablet) via Bluetooth. Download compatible fitness applications to access additional training programs, track your progress, and enhance your workout experience. Refer to the iConcept specific instructions for pairing and app usage.

5. MAINTENANCE AND CARE

Regular maintenance ensures the longevity and safe operation of your treadmill.

- **Cleaning:** Wipe down the console and exterior surfaces with a damp cloth after each use. Avoid abrasive cleaners or solvents.
- **Running Deck Lubrication:** The running deck requires periodic lubrication to reduce friction and extend belt life. Refer to your assembly guide for specific lubrication instructions and recommended lubricant type. This is typically required every few months depending on usage.
- **Belt Adjustment:** If the running belt slips or drifts to one side, it may need adjustment. Consult the assembly guide for instructions on how to tension and center the running belt.
- **Storage:** When not in use, the treadmill can be folded to save space. Ensure it is securely locked in the folded position. Store in a dry, clean environment.

6. TROUBLESHOOTING GUIDE

This section addresses common issues you might encounter with your treadmill. For problems not listed here, contact customer support.

Problem	Possible Cause	Solution
Treadmill does not start	Power cord not plugged in; Safety key not in place; Power switch off.	Check power connection; Ensure safety key is fully inserted; Turn power switch ON.
Running belt slips	Belt too loose; Belt needs lubrication.	Adjust belt tension (refer to manual); Lubricate running deck.
Unusual noise during operation	Loose components; Belt friction; Motor issue.	Check all assembly bolts; Lubricate belt; If noise persists, contact support.
Incline not working	Connection issue; Motor fault.	Check all cable connections; Contact customer support.

7. TECHNICAL SPECIFICATIONS

Specification	Value
Model Number	G6473I
Motor Power	2.75 HP (peak)
Speed Range	1 - 18 km/h
Incline Range	0 - 12% (electric)
Running Surface	135 x 51 cm
Max User Weight	135 kg (297 lbs)
Display Type	6.8-inch LCD with blue backlight
Number of Programs	12 predefined profiles
Power Source	Wired
Product Dimensions (L x W x H)	195 x 82 x 33 cm (76.8 x 32.3 x 13 inches)
Product Weight	86 kg (189.6 lbs)
Assembly Required	Yes

8. WARRANTY INFORMATION AND CUSTOMER SUPPORT

8.1 Warranty

The BH Fitness i.F2W G6473I Treadmill comes with a comprehensive warranty:

- **Motor and Structure:** 8-year warranty.





- **All Other Elements:** 2-year warranty.

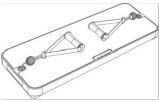

Please retain your proof of purchase for warranty claims. The warranty covers manufacturing defects and does not cover damage due to misuse, improper assembly, or lack of maintenance.

8.2 Customer Support

For technical assistance, spare parts, or warranty claims, please contact your authorized BH Fitness retailer or the manufacturer's customer service department. Contact information can typically be found on the BH Fitness official website or your purchase documentation.

Related Documents - G6473I

 <p>BH BH Fitness TS1 Treadmill Owner's Manual</p>	<p>BH Fitness TS1 Treadmill Owner's Manual</p> <p>Comprehensive owner's manual for the BH Fitness TS1 Treadmill, covering safety instructions, assembly, operation, maintenance, troubleshooting, and warranty information.</p>
 <p>ST1000BM</p>	<p>BH Fitness ST1000BM Elliptical Trainer Assembly and User Manual</p> <p>Comprehensive assembly instructions, safety guidelines, and user manual for the BH Fitness ST1000BM elliptical trainer. Includes parts list, usage information, and maintenance tips.</p>
 <p>MOD. H720RBM</p>	<p>BH Fitness H720RBM Exercise Bike Assembly and User Manual</p> <p>This document provides comprehensive assembly instructions, safety precautions, and usage guidelines for the BH Fitness H720RBM exercise bike. It includes detailed steps for assembly, adjustments, and maintenance, along with important safety information for users.</p>
 <p>BH FITNESS R9 RECLINANT CYCLE OWNER'S MANUAL</p>	<p>BH Fitness R9 Recumbent Cycle Owner's Manual: Assembly, Operation, and Safety</p> <p>Your comprehensive guide to the BH Fitness R9 Recumbent Cycle. This manual covers assembly instructions, computer operation, safety guidelines, and warranty details for optimal home fitness.</p>

 <p>Návod k montáži a použití Návod na montáž a použitie Instrucciones de montaje y utilización Instructions for assembly and use Instruções de montagem e utilização Montage und Gebrauchsanleitung Istruzioni di montaggio e uso Montage-en gebruiksinstructies</p>	<p>BH Fitness G130 Smart Gym: Assembly, Usage, and Specifications</p> <p>Comprehensive guide for the BH Fitness G130 Smart Gym, covering assembly, connection, Bluetooth pairing, workout modes (Standard, Eccentric, Chain, Speed), parts list, and technical specifications. Includes detailed descriptions of diagrams and multilingual instructions.</p>
	<p>BH Fitness MOVEMIA EC1000 SmartFocus 19" Eliptický Trenažér - Návod k Obsluze a Montáži</p> <p>Kompletní návod k obsluze a montáži pro eliptický trenažér BH Fitness MOVEMIA EC1000 SmartFocus 19". Získejte informace o bezpečném používání, cvičení, údržbě a sestavení.</p>

Documents - BH Fitness – G6473I

G6414i / G6473I / G6473TFT



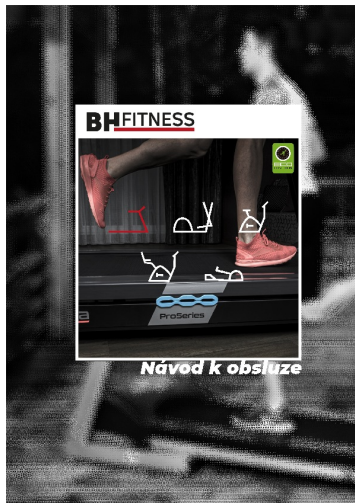
Instrucciones de montaje y utilización
Instrucciones for assembly and use
Instructions de montage et utilisation
Montage und Gebrauchsanleitung
Istruzioni di montaggio e uso
Montage-en gebruiksinstructies

[\[pdf\]](#) User Manual Instructions Declaration of Conformity

Microsoft Word G6414I G6473I G6473TFT Assembly use manual v1 doc oscar Instrukcja obsługi BH Fitness I F1 bieżnia od PLN 3990 00 2022 Porównanie cen Cenowarka Polska 62d9ccd4c51d5af73cd0183dc32cbf58ec62 gzhls at blob ldb 9 8 b 0 |||

G6414i / **G6473i** / G6473TFT Instrucciones de montaje y utilizacin Instructions for assembly and use Instructions de montage et utilisation Montage und gebrauchsanleitung Instrues de montagem e utilizao Istruzioni di montaggio e uso Montage-en gebruiksinstructies Fig.0 Fig.1 Fig.2 2 Fig.3 Fig....

lang:es score:27 filesize: 2.26 M page_count: 74 document date: 2016-12-21



[\[pdf\]](#) User Manual Declaration of Conformity

Microsoft Word G6414I G6473I G6473TFT Assembly use manual v1 doc oscar 60dd9714969b0BH

FITNESS F2W TFT fitham cz User Files files |||

Nvod k obsluze G6473TFT Bzeck ps BH Fitness F2W TFT Nvod k obsluze Obr.0
Obr.1 Obr.2 3 Obr.3 Obr.4 Obr.5 Obr.6 4 Obr.7 Obr.8 4 Vseobecn pokyny Pecliv si
pectte pokyny obsazen v tto pruce. Tento nvod poskytuje velice dlezit informace o
bezpecnosti, pouzvn a drzb bzeckho psu. ...

lang:hr score:22 filesize: 11.97 M page_count: 25 document date: 2021-07-01