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PKPOWER AC/DC Adapter for ProForm 200 CSX, 280 CSX, 380 CSX

PK Power AC/DC Adapter User Manual

Model: AC/DC Adapter for ProForm 200 CSX, 280 CSX, 380 CSX Upright Bikes

Product Overview

This manual provides instructions for the PK Power AC/DC Adapter, designed to provide reliable power to ProForm 200 CSX, 280 CSX, and 380 CSX Upright Bikes. This adapter converts standard AC wall power to the DC power required by your exercise equipment.
Key features include:

- Input: 100-240V 50-60Hz, suitable for worldwide voltage use.
- CE / FCC / RoHS certified, ensuring compliance with safety and quality standards.
- Equipped with Over Voltage Protection (OVP), Over Current Protection (OCP), and Short Circuit Protection (SCP) for enhanced safety.

Safety Information

Please read all safety instructions before using the adapter. Failure to follow these instructions may result in electric shock, fire, or other hazards.

- Ensure the adapter is used with compatible devices only. Refer to the compatibility section.
- Do not expose the adapter to water or excessive moisture.
- Do not disassemble or modify the adapter.
- Keep out of reach of children.
- Unplug the adapter from the power outlet when not in use for extended periods.
- This product may contain chemicals known to the State of California to cause cancer and birth defects or other reproductive harm.

Setup and Installation

1. **Identify the Power Port:** Locate the DC power input port on your ProForm 200 CSX, 280 CSX, or 380 CSX Upright Bike. This is typically a circular port.
2. **Connect the Adapter:** Insert the barrel connector of the PK Power AC/DC Adapter firmly into the power input port

of your exercise bike. Ensure a snug fit.

3. **Plug into Wall Outlet:** Insert the AC plug of the adapter into a standard 100-240V wall electrical outlet.
4. **Verify Connection:** Once connected, your exercise bike should receive power, indicated by its display or power indicator light.



Image 1: The PK Power AC/DC Adapter showing the main unit, power cord, and standard US plug.

Operating Instructions

The PK Power AC/DC Adapter is designed for simple plug-and-play operation. Once properly connected to your ProForm exercise bike and a power outlet, it will continuously supply the necessary power.

- Ensure the adapter is always plugged into a functional power outlet.
- Avoid bending or crimping the power cord excessively to prevent damage.
- If the exercise bike is not in use for an extended period, it is recommended to unplug the adapter from the wall outlet.



Image 2: Side view of the adapter, highlighting the barrel connector end that plugs into the exercise bike.

Maintenance

Proper maintenance ensures the longevity and safe operation of your PK Power AC/DC Adapter.

- **Cleaning:** Disconnect the adapter from both the wall outlet and the exercise bike before cleaning. Use a soft, dry cloth to wipe the surface. Do not use liquid cleaners or sprays.
- **Storage:** Store the adapter in a cool, dry place when not in use. Avoid extreme temperatures.
- **Cord Care:** Regularly inspect the power cord for any signs of damage, such as fraying or cuts. If damage is found, discontinue use immediately and replace the adapter.



Image 3: Top view of the adapter, showing its compact design.

Troubleshooting

Problem	Possible Cause	Solution
No power to exercise bike	Adapter not properly connected to bike or wall outlet.	Ensure both ends of the adapter are securely plugged in.
	Wall outlet is not functioning.	Test the wall outlet with another device. Check circuit breaker.
	Damaged adapter or cable.	Inspect the adapter and cable for visible damage. If damaged, replace the adapter.
Intermittent power	Loose connection.	Ensure all connections are firm.
	Overheating (unlikely due to protection features, but possible in extreme conditions).	Unplug and allow to cool. Ensure adequate ventilation around the adapter.

Specifications

Feature	Detail
Input Voltage	100-240 VAC
Frequency Range	50/60 Hz
Connector Type	Barrel Connector
Compatible Devices	ProForm 200 CSX, 280 CSX, 380 CSX Upright Bikes
Special Features	Over Voltage Protection (OVP), Over Current Protection (OCP), Short Circuit Protection (SCP)
Mounting Type	Wall Mount
Certifications	CE, FCC, RoHS
Brand	PKPOWER
Manufacturer	PKPOWER

Compatibility

This PK Power AC/DC Adapter is specifically designed and tested for compatibility with the following ProForm Upright Bike models:

- ProForm 200 CSX Upright Bike
- ProForm 280 CSX Upright Bike
- ProForm 380 CSX Upright Bike

For optimal performance and safety, use this adapter only with the specified models or other equipment explicitly listed as compatible by the manufacturer.

Warranty and Support

PK-Power products are backed by a commitment to quality and customer satisfaction.

- **After-Sale Service:** Our friendly and reliable customer service team is available to assist you with any questions or concerns. Responses are typically provided within 24 hours.
- For support, please refer to the contact information provided with your purchase or visit the official PKPOWER store on Amazon.

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