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## VITALmaxx 09741200225

# VITALmaxx 9741200225 Shoulder Massager User Manual

Model: 09741200225

## INTRODUCTION

The VITALmaxx 9741200225 Shoulder Massager is designed to provide a relaxing shiatsu massage experience. This device utilizes kneading movements, combined with an optional red light and heat function, to help relieve muscle tension and promote overall well-being. It can be used on various body areas, including the shoulders, neck, back, and legs. This manual provides essential information for the safe and effective use of your VITALmaxx Shoulder Massager. Please read it thoroughly before first use and keep it for future reference.

## IMPORTANT SAFETY INSTRUCTIONS

To reduce the risk of electric shock, burns, fire, or injury, always follow these basic safety precautions:

- Always follow the instructions provided with the massager.
- Do not use on broken skin or areas with inflammation.
- Keep the massager away from water. Do not use it in wet conditions or near water sources.
- Unplug the massager when not in use and before cleaning.
- Do not leave the massager unattended during use.
- Consult a doctor before use if you have any medical conditions, are pregnant, or have a pacemaker.
- Keep out of reach of children.
- Do not operate if the cord or plug is damaged, or if the device has been dropped or damaged.
- Do not attempt to repair the device yourself. Contact qualified service personnel.
- Use only the power adapter supplied with the device.

## PACKAGE CONTENTS

Please check that all items are present and in good condition:

- VITALmaxx 9741200225 Shoulder Massager
- Power Adapter
- User Manual (this document)

## SETUP

1. **Unpack the Device:** Carefully remove the massager and all accessories from the packaging.
2. **Inspect for Damage:** Before first use, inspect the device and power adapter for any signs of damage. Do not use if damaged.
3. **Connect Power:** Insert the power adapter cable into the designated port on the massager. Then, plug the power adapter into a suitable electrical outlet.
4. **Positioning:** Place the massager on the desired body area (e.g., shoulders, neck, lower back, thighs). The practical straps allow you to adjust the position and intensity during massage.



Figure 1: VITALmaxx Shoulder Massager positioned on the shoulders.



Figure 2: Rear view of the massager correctly placed on the shoulders and upper back.

## OPERATING INSTRUCTIONS

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The VITALmaxx Shoulder Massager features intuitive controls for a personalized massage experience.

1. **Power On/Off:** Press the power button once to turn on the massager. The massage nodes will begin rotating, and the heat function will activate automatically. Press the power button again to turn off the device.
2. **Change Massage Direction:** The massager features 4 rotating massage nodes. Press the direction button to reverse the rotation direction of the massage nodes. This allows for varied massage sensations.
3. **Activate/Deactivate Heat Function:** The integrated red light and heat function provides additional comfort. This function is typically activated by default when the device is turned on. Refer to the device's control panel for a dedicated heat button if available, or assume it's part of the main power cycle.
4. **Adjust Intensity:** Use the practical lifting straps to apply gentle pressure and adjust the massage intensity to your

preference. Pulling the straps closer will increase the intensity.

5. **Recommended Usage Time:** For optimal results and to prevent over-stimulation, it is recommended to use the massager for sessions of no more than 15-20 minutes. The device may have an automatic shut-off feature after a certain period.



Figure 3: Massager applied to the lower back/hip area for targeted relief.





Figure 4: Device used around the waist or abdominal area.

## MAINTENANCE AND CLEANING

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Proper maintenance ensures the longevity and hygienic use of your massager.

- **Disconnect Power:** Always unplug the massager from the power outlet before cleaning.
- **Cleaning the Surface:** Wipe the surface of the massager with a soft, slightly damp cloth. Do not use abrasive cleaners, solvents, or harsh chemicals.
- **Avoid Water:** Never immerse the massager or its power adapter in water or any other liquid.
- **Storage:** Store the massager in a cool, dry place, away from direct sunlight and extreme temperatures. Keep it in its

original packaging or a protective cover to prevent dust accumulation.



Figure 5: Internal view of the massager, illustrating the rotating massage nodes.

TROUBLESHOOTING

If you encounter issues with your VITALmaxx Shoulder Massager, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Device does not turn on.	Not plugged in correctly; power outlet issue; damaged power adapter.	Ensure the power adapter is securely plugged into both the massager and a working electrical outlet. Test the outlet with another device. If the adapter is damaged, do not use.
Massage nodes stop rotating or operate weakly.	Overheating; excessive pressure applied; internal malfunction.	Turn off the device and let it cool down for 30 minutes. Reduce the pressure applied during massage. If the problem persists, contact customer support.
Heat function is not working.	Heat function not activated; internal issue.	Ensure the heat function is activated (it usually turns on with the device). Allow a few minutes for the heat to become noticeable. If still not working, contact customer support.

# SPECIFICATIONS

Feature	Detail
Product Name	Shoulder Massager
Brand	VITALmaxx
Model Number	09741200225
Dimensions (L x W x H)	40 x 18.5 x 19.5 cm
Weight	197 Grams
Power Source	Mains Powered
Material	ABS
Color	Grey
Special Features	Heat Function, Shiatsu Massage
Intended Use Areas	Neck, Shoulders, Back, Legs (including Ischias relief)
Product Benefits	Pain Relief, Stress Relief

# WARRANTY AND SUPPORT

VITALmaxx products are manufactured with quality and care. For information regarding warranty coverage, please refer to the warranty card included with your purchase or contact your retailer.

If you require technical assistance or have questions not covered in this manual, please contact VITALmaxx customer support or your point of purchase for further assistance.

