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# Tissot Couturier Powermatic 80 Automatic Ladies Watch T035.207.16.031.01 Instruction Manual

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## 1. INTRODUCTION

This manual provides essential instructions for the proper use, setup, and maintenance of your Tissot Couturier Powermatic 80 Automatic Ladies Watch, model T035.207.16.031.01. This timepiece features a sophisticated automatic movement, a silver dial, a silver-tone stainless steel case, and a red leather band. It is designed for reliability and precision, offering 100 meters (330 feet) of water resistance.



Figure 1: Front view of the Tissot Couturier Powermatic 80 Automatic Ladies Watch. The watch features a silver dial with silver-tone hands and hour markers, a date window at 3 o'clock, and a red leather strap with a crocodile pattern.

## 2. SETUP

### 2.1 Initial Winding

Your Tissot Powermatic 80 watch is equipped with an automatic mechanical movement. It is powered by the motion of your wrist. If the watch has stopped or has not been worn for an extended period, it requires initial winding to build up its power reserve.

- 1. Unscrew the Crown (if applicable):** Some models feature a screw-down crown for enhanced water resistance. If your crown is screw-down, gently turn it counter-clockwise until it releases.
- 2. Wind the Movement:** With the crown in position 1 (normal operating position, not pulled out), turn the crown clockwise approximately 30-40 times. This will provide sufficient power for the watch to start.

running.

3. **Secure the Crown:** If you have a screw-down crown, push it back in and turn it clockwise while applying slight pressure until it is fully secured against the case.

## 2.2 Setting the Time and Date



Figure 2: Side view of the watch, showing the crown used for winding and setting. The crown is located on the right side of the watch case.

1. **Unscrew the Crown (if applicable):** As described above, if your crown is screw-down, unscrew it first.
2. **Pull Crown to Position 2 (Date Setting):** Gently pull the crown out to the first click. Turn the crown

either clockwise or counter-clockwise to adjust the date. Avoid setting the date between 9 PM and 3 AM, as this can damage the movement. If the current time falls within this window, first set the time outside this range, then set the date, and finally set the correct time.

3. **Pull Crown to Position 3 (Time Setting):** Pull the crown out to the second click. The second hand will stop, allowing for precise time setting. Turn the crown to set the hour and minute hands. To ensure correct AM/PM indication for the date change, advance the hands past 12 o'clock. If the date changes, you are in the AM hours. Continue to advance the hands to the desired time.
4. **Push and Secure Crown:** Once the time and date are set, push the crown back into position 1. If it's a screw-down crown, gently push and turn clockwise until it is fully secured.

## 3. OPERATION

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### 3.1 Automatic Movement

The Powermatic 80 movement is an automatic mechanical caliber. This means it is powered by the natural motion of your wrist. As you wear the watch, an oscillating weight (rotor) inside the movement rotates, winding the mainspring and storing energy. This energy allows the watch to run without a battery.



Figure 3: Rear view of the watch, featuring a transparent case back that displays the intricate automatic mechanical movement, including the rotor with Tissot branding.

### 3.2 Power Reserve

The Powermatic 80 movement boasts an impressive power reserve of approximately 80 hours when fully wound. This means that if fully wound, the watch can be left unworn for up to 80 hours (over three days) and still keep accurate time. If the watch stops, refer to the "Initial Winding" section to restart it.

### 3.3 Water Resistance

Your Tissot watch is water resistant to 100 meters (330 feet). This rating makes it suitable for swimming and showering. However, it is not designed for diving. Always ensure the crown is fully pushed in and, if applicable, screwed down, before exposing the watch to water. Avoid operating the crown or pushers while the watch is wet or submerged.

## 4. MAINTENANCE

## 4.1 Cleaning

To maintain the appearance of your watch, regularly clean the case and metal bracelet (if applicable) with a soft, dry cloth. For the leather strap, avoid excessive moisture and harsh chemicals. If the watch is water resistant, you may use a slightly damp cloth for the case and crystal, then dry thoroughly.

## 4.2 Leather Strap Care

The red leather strap is a natural material and can be affected by moisture, sweat, cosmetics, and prolonged exposure to direct sunlight. To prolong its life:

- Avoid prolonged contact with water.
- Clean with a soft, dry cloth.
- Allow it to air dry naturally if it gets wet.
- Avoid contact with solvents, detergents, perfumes, and cosmetic products.

## 4.3 Regular Servicing

Like any precision mechanical instrument, your Tissot watch requires periodic servicing to ensure optimal performance and longevity. It is recommended to have your watch serviced by an authorized Tissot service center every 3-5 years. This service typically includes cleaning, lubrication, and adjustment of the movement, as well as replacement of seals to maintain water resistance.

## 5. TROUBLESHOOTING

Problem	Possible Cause	Solution
Watch has stopped or is running slow.	Insufficient power reserve.	Manually wind the watch by turning the crown clockwise 30-40 times. Wear the watch regularly to keep it wound.
Date changes at noon instead of midnight.	AM/PM setting is incorrect.	Pull the crown to position 3 and advance the time by 12 hours.
Water condensation under the crystal.	Loss of water resistance due to impact, aging seals, or open crown.	Immediately take the watch to an authorized service center. Do not attempt to dry it yourself.
Watch is running too fast or too slow consistently.	Movement requires regulation or servicing.	Contact an authorized Tissot service center for adjustment or repair.

## 6. SPECIFICATIONS

- **Model:** T035.207.16.031.01
- **Movement:** Swiss Automatic (Powermatic 80)
- **Case Material:** Silver-tone Stainless Steel
- **Case Diameter:** 32 mm
- **Case Thickness:** 10.1 mm
- **Dial:** Silver

- **Crystal:** Scratch Resistant Sapphire
- **Band Material:** Red Leather
- **Clasp Type:** Butterfly
- **Water Resistance:** 100 meters / 330 feet
- **Power Reserve:** Approximately 80 hours



Figure 4: The Tissot Couturier Powermatic 80 watch packaging, including the branded watch box and accompanying instruction manuals/warranty information.

## 7. WARRANTY AND SUPPORT

Your Tissot watch is covered by a manufacturer's warranty against manufacturing defects. The specific terms and duration of the warranty are detailed in the warranty booklet provided with your watch. Please retain your proof of purchase for warranty claims.

For service, repairs, or any questions regarding your watch, please contact an authorized Tissot service center or visit the official Tissot website for a list of authorized dealers and service locations. Using unauthorized service providers may void your warranty.

**Official Tissot Website:** [www.tissotwatches.com](http://www.tissotwatches.com)

 <p><b>Couturier Grande date</b></p> <p>TISSOT TISSOT NATURELLE 1900</p> <p>www.tissot.ch 10 14.01.10.01</p>	<p><a href="#"><b>Tissot Couturier Grande Date Watch User Manual and Guide</b></a></p> <p>Comprehensive guide to setting, operating, and maintaining your Tissot Couturier Grande Date watch, including features, care instructions, and battery replacement.</p>
 <p><b>GMT-24h User manual</b></p> <p>TISSOT TISSOT NATURELLE 1900</p> <p>www.tissot.ch 10 14.01.10.01</p>	<p><a href="#"><b>Tissot GMT-24h User Manual: Setting and Maintenance Guide</b></a></p> <p>Comprehensive user manual for the Tissot GMT-24h watch, covering settings, GMT function, technical specifications, care, maintenance, and service information.</p>
 <p><b>Часы Инструкция по эксплуатации</b></p> <p>TISSOT TISSOT NATURELLE 1900</p> <p>www.tissot.ch 10 14.01.10.01</p>	<p><a href="#"><b>Tissot Watches User Manual - Operation and Care Guide</b></a></p> <p>Comprehensive user manual for Tissot watches, detailing operation, winding, setting, maintenance, and technical specifications for mechanical, quartz, and automatic quartz models. Includes care instructions and end-of-life information.</p>
 <p><b>Quartz Analogue Watches User manual</b></p> <p>TISSOT TISSOT NATURELLE 1900</p> <p>www.tissot.ch 10 14.01.10.01</p>	<p><a href="#"><b>Tissot Quartz Analogue Watches User Manual - Settings, Care, and Technical Information</b></a></p> <p>A comprehensive user manual for Tissot Quartz Analogue Watches, detailing functions, settings, recharging methods for quartz, autoquartz, and solar models, technical specifications, water resistance, care instructions, maintenance, and spare parts information.</p>
 <p><b>Кварцевые часы с хронографом Инструкция по эксплуатации</b></p> <p>TISSOT TISSOT NATURELLE 1900</p> <p>www.tissot.ch 10 14.01.10.01</p>	<p><a href="#"><b>Инструкция по эксплуатации часов Tissot с хронографом</b></a></p> <p>Подробное руководство пользователя для часов Tissot, объясняющее функции хронографа, кнопки и циферблат. Инструкция по эксплуатации.</p>
 <p><b>Автоматические хронометры COSC Инструкция по эксплуатации</b></p> <p>TISSOT TISSOT NATURELLE 1900</p> <p>www.tissot.ch 10 14.01.10.01</p>	<p><a href="#"><b>TISSOT COSC Automatic Chronometer User Manual</b></a></p> <p>Comprehensive user guide for TISSOT COSC certified automatic chronometer watches, covering operation, settings, functions, and maintenance.</p>