GNC 987622

GNC Pro Performance Amino 3000mg User Manual

Model: 987622

1. Introduction

The GNC Pro Performance Amino 3000mg softgels are a dietary supplement designed to support protein synthesis and muscle repair. This manual provides essential information regarding the product's usage, benefits, ingredients, and safety guidelines to ensure optimal results and safe consumption.

2. Product Overview

GNC Pro Performance Amino 3000mg offers a full spectrum anabolic amino formula in a convenient softgel form. Each serving delivers 3000mg of amino acids, which are fundamental building blocks for protein, crucial for muscle growth and recovery.



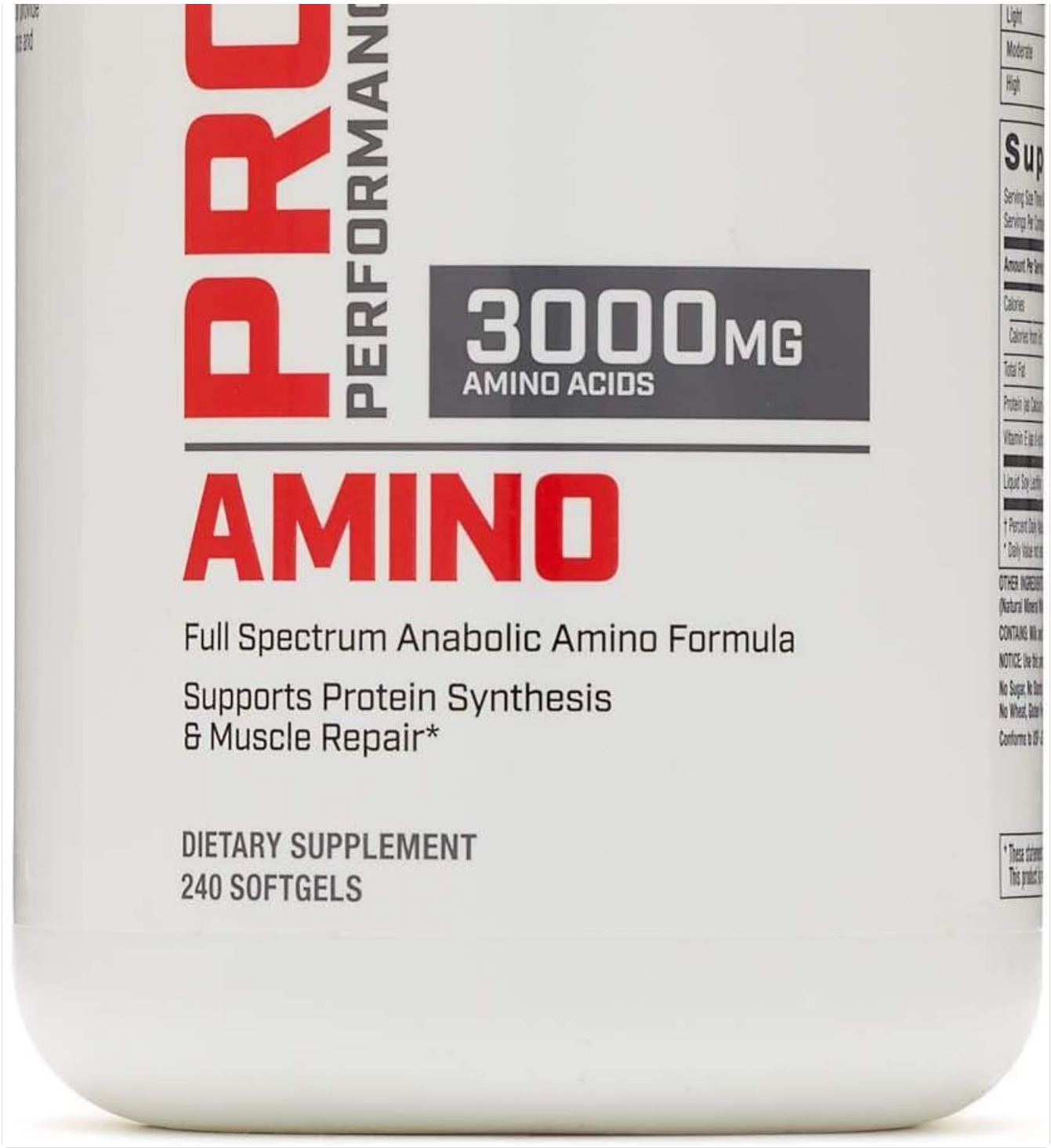


Image: Front view of the GNC Pro Performance Amino 3000mg bottle, highlighting the 3000mg amino acids and its purpose for protein synthesis and muscle repair.



Image: A hand holding several GNC Pro Performance Amino 3000mg softgels, with the product bottle in the background, illustrating the convenient pill form.

3. Usage Instructions

As a dietary supplement, take three softgels up to three times daily with a full glass of water. The dosage can be adjusted based on individual activity levels and goals.

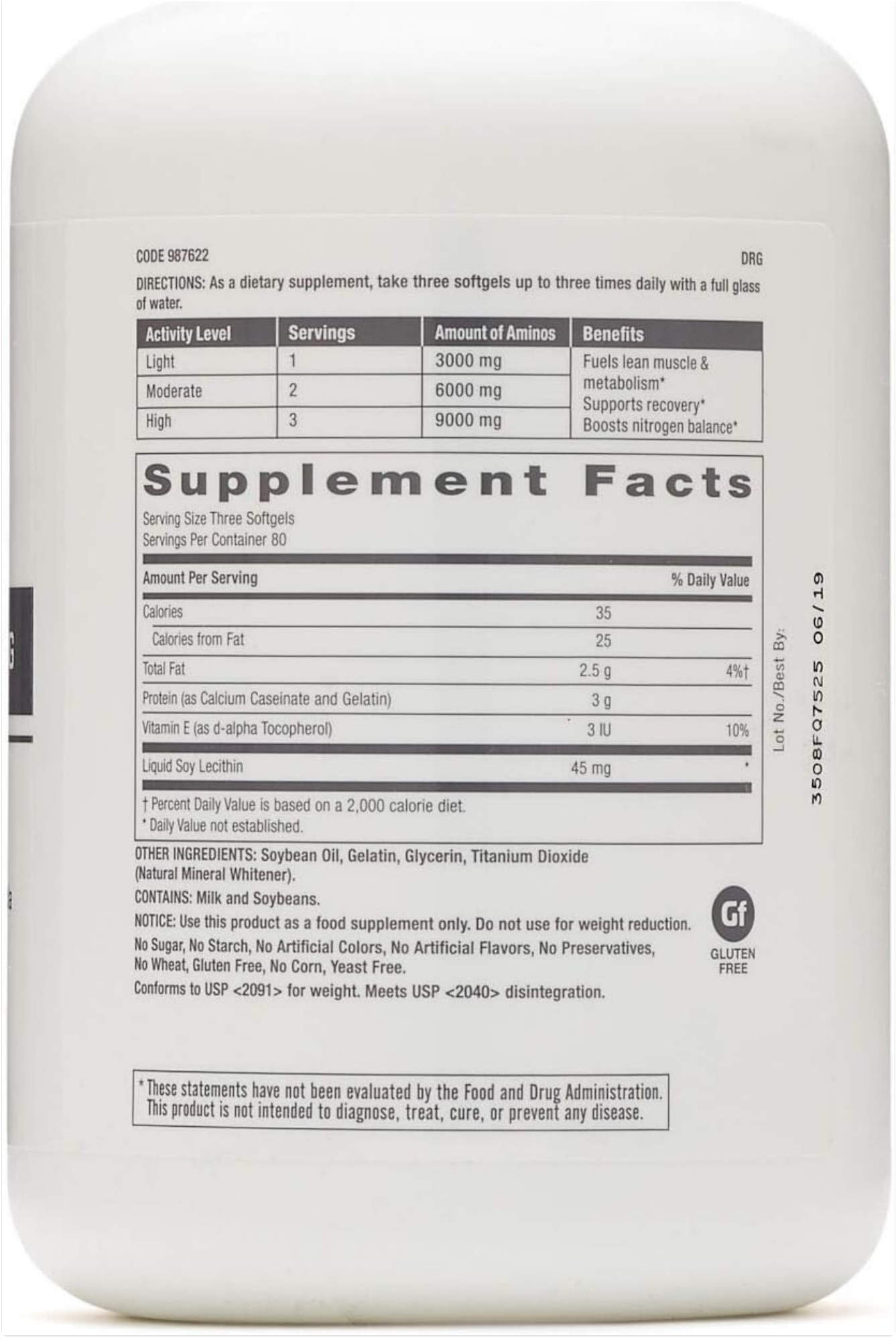
- **Light Activity:** 1 serving (3000mg) per day.
- **Moderate Activity:** 2 servings (6000mg) per day.
- **High Activity:** 3 servings (9000mg) per day.

It is recommended to consult with a healthcare professional before adjusting dosage or starting any new supplement regimen.

4. Ingredients and Supplement Facts

GNC Pro Performance Amino 3000mg contains a blend of amino acids and other supporting ingredients. Below is a detailed breakdown of the supplement facts:





CODE 987622 DRG

DIRECTIONS: As a dietary supplement, take three softgels up to three times daily with a full glass of water.

Activity Level	Servings	Amount of Aminos	Benefits
Light	1	3000 mg	Fuels lean muscle & metabolism* Supports recovery* Boosts nitrogen balance*
Moderate	2	6000 mg	
High	3	9000 mg	

Supplement Facts

Serving Size Three Softgels
Servings Per Container 80

Amount Per Serving		% Daily Value
Calories	35	
Calories from Fat	25	
Total Fat	2.5 g	4%†
Protein (as Calcium Caseinate and Gelatin)	3 g	
Vitamin E (as d-alpha Tocopherol)	3 IU	10%
Liquid Soy Lecithin	45 mg	*

† Percent Daily Value is based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Soybean Oil, Gelatin, Glycerin, Titanium Dioxide (Natural Mineral Whitener).

CONTAINS: Milk and Soybeans.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, No Preservatives, No Wheat, Gluten Free, No Corn, Yeast Free.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

GF GLUTEN FREE

Lot No./Best By: 3508FQ7525 06/19

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Image: Rear view of the GNC Pro Performance Amino 3000mg bottle, displaying the detailed supplement facts panel including serving size, calories, protein, and other ingredients.

Supplement Facts (Per 3 Softgels)

Nutrient	Amount Per Serving	% Daily Value
Calories	35	
Calories from Fat	25	
Total Fat	2.5 g	4%†
Protein (as Calcium Caseinate and Gelatin)	3 g	
Vitamin E (as d-alpha Tocopherol)	3 IU	10%
Liquid Soy Lecithin	45 mg	*

†Percent Daily Value is based on a 2,000 calorie diet.
*Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Glycerin, Titanium Dioxide (Natural Mineral Whitener).
Contains: Milk and Soybeans.
NOTE: Use this product as a food supplement only. Do not use for weight reduction. No Sugar, No Starch, No Artificial Flavors, No Wheat, Gluten Free, No Corn, No Yeast Free. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

5. Product Benefits

GNC Pro Performance Amino 3000mg is formulated to provide several key benefits for individuals engaged in physical activity and seeking muscle support:

- **Supports Protein Synthesis:** Amino acids are the fundamental building blocks of protein, essential for the body's ability to create new proteins, which is vital for muscle growth and repair.
- **Fuels Muscle Repair:** Supplementing with amino acids can provide additional support for the maintenance and recovery of lean muscle after intense workouts, helping to reduce muscle soreness and accelerate recovery.
- **Supports Nitrogen Balance:** Proper nitrogen balance is crucial for muscle growth and maintaining an anabolic state, where muscle protein synthesis exceeds breakdown.
- **Banned Substance Tested:** This product is certified Banned Substance Tested, ensuring it meets rigorous standards for athletes and active individuals.



Image: An athlete performing an exercise with battle ropes, symbolizing the product's role in supporting protein synthesis for muscle development.



Image: A woman performing push-ups, representing the product's benefit in fueling muscle repair and recovery after physical exertion.



Image: A woman exercising with resistance bands, demonstrating the product's contribution to supporting and maintaining lean muscle mass.



Image: The GNC Pro Performance logo alongside a "Banned Substance Tested" seal, indicating the product's adherence to strict quality and safety standards.

6. Storage and Handling

- Store in a cool, dry place.
- Keep out of reach of children.
- Do not use if the inner seal is broken or missing.
- Ensure the lid is tightly closed after each use to maintain freshness and potency.

7. Safety Information and Warnings

Legal Disclaimer: Statements regarding dietary supplements have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

- Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition.
- Discontinue use two weeks prior to surgery.
- Do not exceed recommended dosage.
- This product is not intended for use by persons under the age of 18.

8. Specifications

Attribute	Detail

Attribute	Detail
Product Dimensions	1 x 1 x 1 inches
Item Weight	1.28 Pounds
Item Model Number	987622
Manufacturer	GNC
Country of Origin	USA
Unit Count	240.0 Count
Item Form	Solid (Softgel)
Flavor	Unflavored
Product Benefits	Muscle Therapy
Age Range (Description)	Adult

9. Frequently Asked Questions (FAQs)

Q: What are amino acids?

A: Amino acids are organic compounds that combine to form proteins. They are the building blocks of life and play a crucial role in various bodily functions, including muscle growth and repair.

Q: How many softgels should I take per day?

A: The recommended dosage is three softgels up to three times daily, depending on your activity level and individual needs. Always take with a full glass of water.

Q: Is this product suitable for vegetarians or vegans?

A: No, this product contains gelatin and milk, making it unsuitable for vegetarian or vegan diets.

Q: Is this product tested for banned substances?

A: Yes, GNC Pro Performance Amino 3000mg is certified Banned Substance Tested, ensuring its purity and safety for athletes.

10. Warranty and Support

For product support, inquiries, or information regarding returns and exchanges, please refer to the retailer's policy where the product was purchased. For general information about GNC products, visit the official GNC website or contact their customer service.

GNC is committed to providing high-quality nutritional supplements. For further assistance, please contact GNC customer support directly.

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Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question