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› Gimars Ergonomic Mouse Pad and Keyboard Wrist Rest Instruction Manual

Gimars GM-116

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Model: GM-116

INTRODUCTION

Thank you for choosing the Gimars Ergonomic Mouse Pad and Keyboard Wrist Rest. This product is designed to provide comfortable support for your wrists during extended computer use, helping to reduce fatigue and prevent discomfort. Made with superfine fiber and memory foam, it offers a soft yet supportive surface for both your mouse and keyboard. This manual provides essential information on setting up, using, maintaining, and troubleshooting your new wrist rests.



Image: A woman comfortably using the Gimars ergonomic mouse pad and keyboard wrist rest while working at a computer.

SETUP

Setting up your Gimars ergonomic wrist rests is straightforward. Simply place them on your desk in front of your keyboard and mouse.

1. **Position the Keyboard Wrist Rest:** Place the longer wrist rest directly in front of your keyboard. Ensure it is centered with your primary typing area.
2. **Position the Mouse Pad with Wrist Support:** Place the mouse pad with integrated wrist support next to your keyboard, where you typically use your mouse.
3. **Ensure Stability:** Both the keyboard wrist rest and mouse pad feature a non-skid rubber base to prevent unwanted movement. Ensure they are placed on a clean, dry surface for optimal grip.



Image: A user arranging the Gimars keyboard wrist rest and mouse pad on a desk, demonstrating proper placement.

Enlarge Thicken Cushion

Supportive and Comfortable



Image: Diagram showing the dimensions of the Gimars mouse pad (10 x 8.6 x 1 inch) and keyboard wrist rest (17 x 3 x 1 inch).

Your browser does not support the video tag.

Video: An official product video demonstrating the setup and features of the Gimars 2-piece mouse pad and keyboard wrist support set.

OPERATING INSTRUCTIONS

For optimal ergonomic benefits, ensure your wrists are properly aligned and supported while using your computer.

- **Wrist Positioning:** Rest your wrists gently on the memory foam support while typing or using the mouse. Avoid bending your wrists upwards or downwards excessively. The goal is to maintain a neutral wrist posture.
- **Comfortable Material:** The superfine fiber surface allows for smooth mouse tracking and comfortable skin contact. The slow-rebound memory foam adapts to your wrist shape for personalized support.
- **Non-Skid Base:** The rubber base ensures the pads remain stable on your desk, even during active use.

Ergonomic Design

-Keeps hand straight
Reduce wrist fatigue and pain



Image: A visual guide illustrating the ergonomic design of the wrist rests, emphasizing how they help maintain a straight hand and wrist posture to reduce fatigue and pain.



Image: A close-up view highlighting the breathable and soft Lycra fabric surface and the slow-rebound memory foam of the Gimars wrist rest, designed for comfort and support.

Your browser does not support the video tag.

Video: An official product video showcasing the features and benefits of the Gimars mouse pad with wrist rest.

MAINTENANCE

To ensure the longevity and hygiene of your Gimars wrist rests, follow these simple maintenance guidelines:

- **Cleaning the Surface:** Gently wipe the superfine fiber surface with a damp cloth. For stubborn spots, a mild soap solution can be used, followed by wiping with a clean, damp cloth. Allow to air dry completely before reuse.
- **Cleaning the Base:** If the non-skid rubber base accumulates dust or debris and loses its grip, wipe it with a damp cloth. Avoid harsh chemicals that could damage the rubber.
- **Avoid Immersion:** Do not submerge the wrist rests in water, as this can damage the memory foam and adhesive layers.
- **Storage:** Store in a cool, dry place away from direct sunlight when not in use for extended periods.



Image: A detailed view of the natural rubber anti-slip backing, highlighting its flexible and non-slip properties, which should be kept clean for optimal performance.

TROUBLESHOOTING

If you encounter any issues with your Gimars wrist rests, consider the following solutions:

- **Wrist Rests Sliding:**

- Ensure the desk surface is clean and dry. Dust or moisture can reduce the effectiveness of the non-skid base.
- Wipe the rubber base with a damp cloth to remove any accumulated debris.

- **Mouse Tracking Issues:**

- Some optical or laser mice may have difficulty tracking on certain surfaces. If you experience inconsistent mouse movement, try cleaning the mouse sensor and the mouse pad surface.
- If issues persist, test your mouse on a different surface to confirm if the mouse pad is the cause. In rare cases, certain mouse sensors may not be fully compatible with the specific texture of the mouse pad.

- **Discomfort or Pain:**
 - Ensure your wrists are resting gently on the support and not pressing down too hard. The goal is support, not pressure.
 - Verify that your chair height and desk setup allow for a neutral wrist and arm position. Adjust your workstation ergonomics as needed.

SPECIFICATIONS

Feature	Detail
Model Number	GM-116
Size	2-piece set (keyboard rest + mouse pad with rest)
Material	Superfine Fibre, Memory Foam, Natural Rubber
Color	Black
Keyboard Wrist Rest Dimensions	17"L x 3"W x 1"H
Mouse Pad Dimensions	10"L x 8.6"W x 1"H
Item Weight	10.4 ounces
Special Features	Ergonomic, Non-skid Rubber Base, Slow Rebound Memory Foam
Compatible Devices	Keyboard, Mouse

WARRANTY INFORMATION

The Gimars Ergonomic Mouse Pad and Keyboard Wrist Rest comes with an **18-month warranty** from the date of purchase. This warranty covers manufacturing defects and issues arising from normal use. Please retain your proof of purchase for any warranty claims. The warranty does not cover damage caused by misuse, accidents, or unauthorized modifications.

CUSTOMER SUPPORT

If you have any questions, concerns, or require assistance with your Gimars product, please do not hesitate to contact our customer support team. We are committed to providing solutions within hours.
For more information and support, you can visit the official Gimars store on Amazon: [Gimars Amazon Store](#)

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question