

Homedics MCS-125H-THPB

Homedics Shiatsu Massage Cushion with Heat

INSTRUCTION MANUAL

1. Introduction

Thank you for choosing the Homedics Shiatsu Massage Cushion with Heat. This manual provides essential information for the safe and effective use of your new massage cushion. Please read all instructions carefully before operation and retain for future reference.

This massage cushion is designed to provide deep-kneading Shiatsu massage and soothing heat to your full, upper, or lower back, offering custom comfort and relaxation in your home or office.

2. Important Safety Information

WARNING: To reduce the risk of burns, fire, electric shock, or injury to persons:

- Always unplug the appliance from the electrical outlet immediately after using and before cleaning.
- Do not use while bathing or in a shower.
- Do not place or store appliance where it can fall or be pulled into a tub or sink.
- Do not place in or drop into water or other liquid.
- Never use pins or other metallic fasteners with this appliance.
- Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.

- Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by Homedics.
- Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water.
- Keep cord away from heated surfaces.
- Never use while sleeping or drowsy.
- Never drop or insert any object into any opening.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- Do not use on or near eyes or other highly sensitive areas.
- To disconnect, turn all controls to the “OFF” position, then remove plug from outlet.
- This appliance is designed for household use only.

Legal Disclaimer: *Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. Consult a healthcare professional if you have any pre-existing medical conditions.*

3. Package Contents

- 1 x HoMedics Thera-P Deep Kneading Back Massager with Heat
- 1 x Instruction Manual

4. Setup

The Homedics Shiatsu Massage Cushion is designed for versatile use, fitting most chairs for your convenience. Follow these steps to set up your massage cushion:

1. **Unpack:** Carefully remove the massage cushion from its packaging.
2. **Positioning:** Place the cushion on a sturdy chair, such as an office chair, recliner, or dining chair. Ensure the cushion is centered and stable.
3. **Secure with Straps:** Utilize the integrated strapping system located on the back of the cushion to secure it firmly to your chosen chair. Wrap the straps around the chair back and fasten them to prevent the cushion from shifting during use.
4. **Connect Power:** Plug the power adapter into a standard electrical outlet.



Image: The Homedics Shiatsu Massage Cushion ready for setup.

deep, soothing heat

Soothing heat penetrates deep to comfort tired, tense muscles



Image: The massage cushion securely placed on an office chair, demonstrating proper positioning.



**easy,
convenient
controls**

Effortlessly control your
massage with simple,
intuitive settings

Image: Close-up of the integrated strapping system on the back of the massage cushion, used to secure it to a chair.

5. Operating Instructions

Your massage cushion features an easy-to-use remote control to customize your massage experience. Familiarize yourself with the controls and functions below:

1. **Power On/Off:** Press the **POWER** button (green circle) to turn the unit on or off.
2. **Massage Modes:** Press the **MODE** button (blue circle) to cycle through different massage zones:
 - **Full Back:** Activates massage nodes across the entire back.
 - **Upper Back:** Focuses massage on the upper back and shoulders.
 - **Lower Back:** Concentrates massage on the lower back area.
3. **Soothing Heat:** Press the **HEAT** button (red circle) to activate or deactivate the soothing heat function. The heat will illuminate red lights on the massage nodes when active.
4. **Massage Type:** The cushion provides deep-kneading Shiatsu massage. The nodes travel up and down

your back, providing a comprehensive massage.



Image: The remote control with clearly labeled buttons for power, mode selection (full, upper, lower back), and heat function.



Image: The massage cushion with its internal nodes illuminated red, indicating the soothing heat function is active.



Image: A diagram illustrating the comprehensive shoulder and back comfort zones targeted by the massage cushion.

Homedics

We believe self-care is the purest form of health care. Our products are designed so that everybody can achieve their optimal state of well-being.

breathe better

sleep better

feel better

renew better

Image: A close-up view of the easy-to-access integrated controls on the side of the massage cushion.

Video Demonstration

Video: A demonstration of the Homedics Shiatsu Massage Cushion, showcasing its heat function and various massage settings. This video provides a visual guide to operating the device and understanding its features.

6. Maintenance

Proper maintenance ensures the longevity and optimal performance of your massage cushion.

- **Cleaning:** Always unplug the appliance before cleaning. Wipe the cushion with a soft, damp cloth. Never use abrasive cleaners, brushes, gasoline, kerosene, glass/furniture polish, or paint thinner to clean the massager.
- **Storage:** Store the appliance in a cool, dry place. Avoid contact with sharp edges or pointed objects which might cut or puncture the fabric surface.

7. Troubleshooting

If you experience issues with your massage cushion, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Unit does not turn on.	Not properly plugged in.	Ensure the power adapter is securely plugged into both the cushion and a working electrical outlet.

Problem	Possible Cause	Solution
No heat.	Heat function not activated.	Press the HEAT button on the remote control. Allow a few minutes for the heat to warm up.
Massage nodes are not moving.	Incorrect mode selected or unit is off.	Ensure the unit is powered on and a massage mode (Full, Upper, or Lower Back) is selected.

If the problem persists, please contact Homedics customer support.

8. Specifications

Feature	Detail
Model Number	MCS-125H-THPB
Product Dimensions	244.8 x 4.33 x 16.14 inches
Item Weight	0.01 Ounces
Power Source	Corded Electric
Color	Brown
Manufacturer	HoMedics
Country of Origin	China

9. Warranty & Support

For warranty information or technical support, please refer to the official Homedics website or the contact details provided in your product packaging. You can also find additional resources, including a downloadable PDF user manual, at the following link:

[Download User Manual
\(PDF\)](#)

