

Freya AA1800

Freya Women's Idol Allure Underwire Plunge Bra Instruction Manual

Model: AA1800

1. PRODUCT OVERVIEW

The Freya Idol Allure Underwire Plunge Bra (Model AA1800) is designed for comfort and support, featuring a smooth fishnet mesh overlay and delicate scalloped lace trim. This bra offers a seamless appearance under clothing and includes adjustable straps for versatile wear.

Image 1.1: Front view of the Freya Idol Allure Underwire Plunge Bra. This image displays the bra's design, including the mesh cups, underwire, and the double strap detail at the front.

2. KEY FEATURES

- Based on the best-selling Idol frame AA1050 for proven fit and support.
- Completely smooth fishnet mesh overlay with delicate scalloped lace trim that lays flat for a seamless look.
- Smooth, seam-free cups with neck edge binding for enhanced comfort and invisibility under clothing.
- Double front strap design feature for aesthetic appeal.
- J-hook at back straps allows conversion to a racerback style for versatility and to hide straps under various necklines.

3. WEARING AND ADJUSTMENT

Proper fit is essential for comfort and support. Follow these steps to wear and adjust your Freya Idol Allure bra:

1. **Step 1: Position the Band.** Fasten the hook-and-eye closure at the back. The band should sit horizontally across your back, parallel to the floor, and feel firm but comfortable.
2. **Step 2: Adjust the Straps.** Adjust the shoulder straps so they are snug but do not dig into your shoulders. The straps should provide support without bearing the full weight of the bust.
3. **Step 3: Scoop and Swoop.** Lean forward slightly and gently scoop your breast tissue from under your arm and into the cups. Ensure all tissue is contained within the cups.

4. **Step 4: Check the Center Gore.** The center gore (the part between the cups) should lie flat against your sternum.
5. **Step 5: Racerback Conversion (Optional).** To convert to a racerback, unhook the J-hook on one strap, cross the straps at the back, and re-hook the J-hook to the loop on the opposite strap.

Image 3.1: Back view of the bra. This image illustrates the hook-and-eye closure and the adjustable shoulder straps in their standard configuration.

Image 3.2: Back view of the bra in racerback configuration. This image demonstrates how the J-hook allows the straps to be crossed for a racerback style.

4. CARE AND MAINTENANCE

To ensure the longevity and maintain the quality of your Freya Idol Allure bra, please follow these care instructions:

- **Hand Wash Only:** Always hand wash your bra in cool water with a mild detergent.
- **Avoid Bleach:** Do not use bleach or harsh chemicals, as these can damage the fabric and elastic.
- **Gentle Squeeze:** Gently squeeze out excess water. Do not wring or twist the bra.
- **Air Dry:** Lay flat or hang to air dry. Avoid direct sunlight or high heat, as this can degrade elastic. Do not tumble dry.
- **Storage:** Store bras flat or folded in a way that preserves their cup shape.

5. TROUBLESHOOTING COMMON FIT ISSUES

Issue	Possible Cause	Solution
Band rides up at the back	Band is too loose.	Try a smaller band size or fasten on a tighter hook.
Cups gape or wrinkle	Cups are too large.	Try a smaller cup size.
Breast tissue spills over cups	Cups are too small.	Try a larger cup size.
Underwire digs in or pokes	Underwire is sitting on breast tissue or cup is too small.	Ensure underwire sits flat against the rib cage. Try a larger cup size or a different style.
Straps dig into shoulders	Straps are too tight or band is not providing enough support.	Loosen straps. Ensure the band is snug and supportive. Most support should come from the band, not the straps.

If you continue to experience fit issues, consider consulting a professional bra fitter.

6. PRODUCT SPECIFICATIONS

- **Model Number:** AA1800
- **Brand:** Freya
- **Department:** Women's
- **Fabric Type:** 74% Nylon, 26% Elastane
- **Closure Type:** Hook & Eye
- **Care Instructions:** Hand Wash Only
- **Origin:** Imported
- **First Available:** December 28, 2016

Size Guide (US Regular)

Brand Size	US Size
B	B
C	C
D	D
DD	DD
E	DDD
F	G
FF	H
G	I
GG	J
H	K
HH	L
J	M
JJ	N
K	O

Note: Freya is a UK brand, and their sizing may differ from standard US sizing. Refer to this chart for conversion.

7. WARRANTY AND SUPPORT

For information regarding product warranty, returns, or additional support, please contact Freya customer service directly or refer to the retailer’s return policy where the product was purchased.

You can visit the official Freya website for contact details and further product information:
www.freyalingerie.com

