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kwmobile 39298_m000612

kwmobile Hot/Cold Gel Compression Wrap

Model: 39298_m000612 - Instruction Manual

1. Introduction

The kwmobile Hot/Cold Gel Compression Wrap is a versatile, reusable gel pack designed for targeted hot or cold therapy. It features elastic hook and loop fasteners for secure application to various body parts, including the back, knee, ankle, elbow, and wrist. This manual provides essential information for safe and effective use, maintenance, and care of your gel wrap.

2. Safety Information and Precautions

- **Application Duration:** Do not use the hot or cold compress for more than 15-20 minutes per application. Prolonged use can cause skin damage.
- **Direct Skin Contact:** Avoid direct contact with skin, especially when the pack is at its coldest or hottest. Always place a cloth or towel between the gel pack and your skin to prevent burns or frostbite.
- **Microwave Use:** Follow heating instructions carefully. Overheating can damage the product and cause burns. Do not exceed recommended heating times.
- **Inspection:** Before each use, inspect the gel pack for any signs of damage, leaks, or punctures. Discontinue use if damaged.
- **Children and Pets:** Keep out of reach of children and pets.

3. Setup and Preparation

3.1. For Cold Therapy

Place the gel compress in a refrigerator or freezer for at least 2 hours to achieve the desired cold temperature. Ensure the pack is laid flat to allow even cooling. For optimal flexibility, avoid freezing solid for extended periods if you need it to conform to body contours.

3.2. For Hot Therapy

Heat the gel compress safely in a microwave oven. Place the gel pack flat in the microwave. Heat in 10-15 second intervals, checking the temperature after each interval. Knead the pack gently to distribute heat evenly. Do not

overheat. The recommended maximum use time for the heated compress is 15-20 minutes.

4. Operating Instructions

Once the gel compress has reached the desired temperature (hot or cold), wrap it around the affected body part. Use the elastic hook and loop fasteners to secure the wrap firmly but comfortably. Ensure a protective barrier (e.g., a thin towel or cloth) is placed between the gel pack and your skin. The wrap is suitable for use on the foot, wrist, hand, neck, shoulder, ankle, lower back, hip, head, and other areas requiring targeted therapy.



Image: The kwmobile Hot/Cold Gel Compression Wrap shown applied to the lower back, elbow, ankle, and knee, demonstrating its versatility for different body areas.

5. Maintenance and Storage

- **Cleaning:** Wipe the surface of the gel pack with a damp cloth and mild soap if necessary. Do not submerge in water or machine wash. Allow to air dry completely before storing.

- **Storage:** Store the gel compress in a cool, dry place away from direct sunlight and sharp objects. It can be stored in the refrigerator or freezer for convenience.
- **Durability:** The gel compress is designed for durability. Handle with care to prolong its lifespan.

6. Specifications

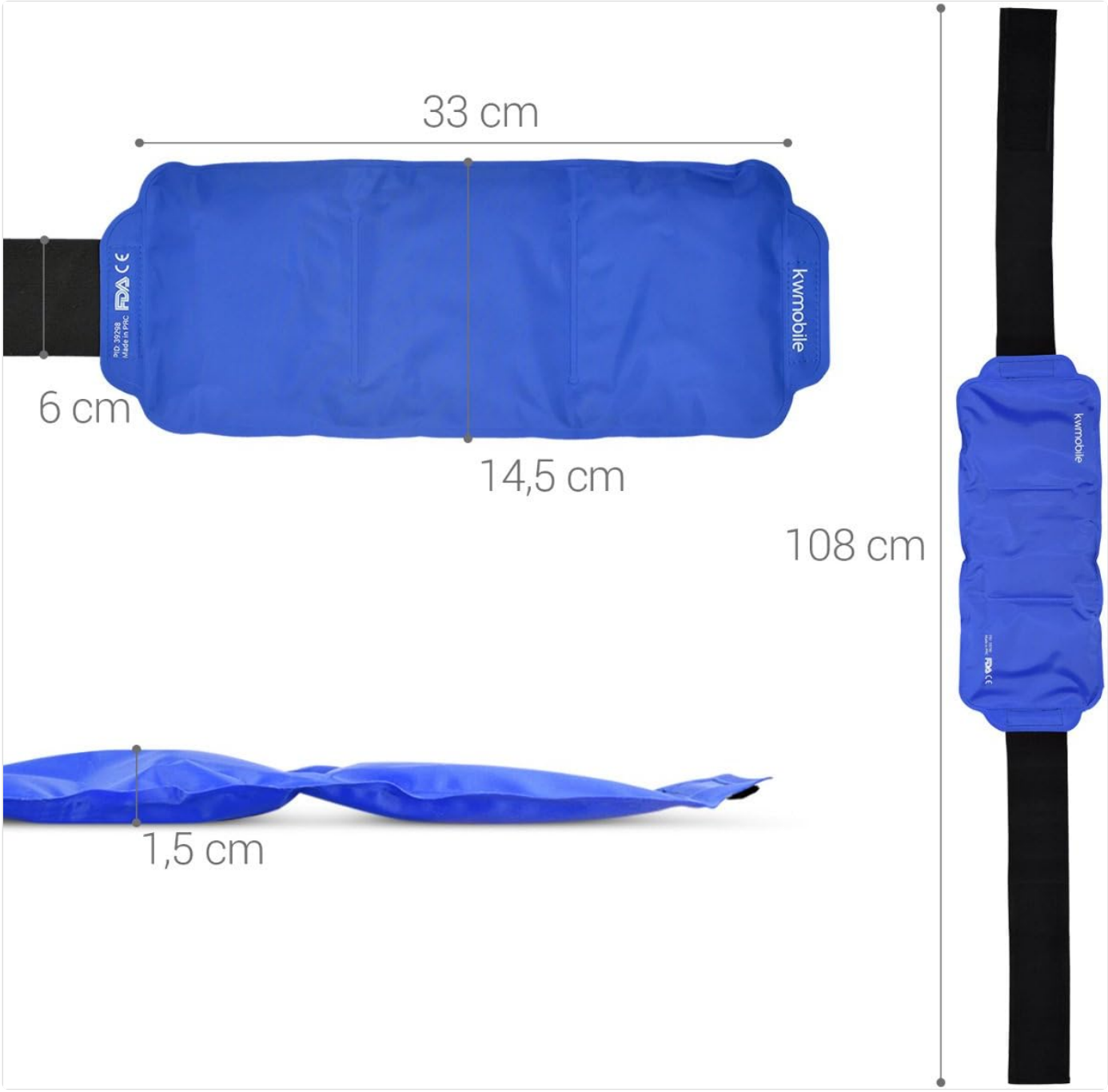


Image: A diagram illustrating the dimensions of the kwmobile Hot/Cold Gel Compression Wrap, showing its length, width, and thickness.

Feature	Detail
Model Number	39298_m000612
Material	100% Polyester (outer), Gel (filling)
Dimensions (Gel Pack)	Approximately 33 x 14.5 x 1.5 cm (13 x 5.7 x 0.6 inches)

Feature	Detail
Total Length (with straps)	Approximately 108 cm
Weight	Approximately 500 g
Color	Blue
Recommended Max Use Time	15-20 minutes per application
Microwave Safe	Yes
Freezer Safe	Yes

7. Troubleshooting

If the gel pack does not retain temperature as expected, ensure it has been adequately heated or cooled according to the instructions. If you notice any leaks or damage, discontinue use immediately. For any other issues or concerns, please contact kwmobile customer support.

8. Warranty and Support

For information regarding warranty, returns, or technical support, please refer to the purchase documentation or visit the official kwmobile website. Contact details for customer service are typically available on the product packaging or the seller's platform.

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